

SEVEN DAYS

FREE

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Daring dancers at
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Fightin' software at
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Giant pumpkins
at the Fair PAGE 24

VERMONT'S INDEPENDENT VOICE SEPTEMBER 10, 2002 VOL. 36 NO. 34 SEVENTEENDAY.COM



From his Vermont home, a *Washington Post* reporter keeps tabs on "Top Secret America"

BY KEVIN J. KELLEY, PAGE 26

EYES ON THE SPIES



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DIVERSITY ... EVENTUALLY

Just a thought, but does any one of the fools mentioned in "[The Diversity Test]" (August 25) have an inkling of smarts that might teach us of color just do not want to work in Vermont? What do people want — a dozen buses sent around the country picking up visiting, bickering and screaming minority teachers and bringing them back home to teach? Kind of makes one think about the slave ships of yore. Give it a rest, turkeys, Vermont will diversify in due time, but don't count out down there.

We have a president who does enough of that.

Ed Kuban,
DRELLIA

POOR PLATTSTURGH COVERAGE

Regarding Suzanne Podhoretz's "Rating Plattsburgh" (July 18) article in the current Adirondack issue, I suggest that a reporter actually do some research for a "guidebook" price such as this so that it can serve its audience more effectively. In her article, she notes that local recommended eatuar restaurants such as Snowville, Karma and My Greek Kitchen II, as well as Livingoods Restaurant and Archetype's Restaurant & Bistro.

She states that she "heard good things about" them or that they were "tautled." Why then didn't she actually go to any of them? Instead, she mentioned in a seemingly well-laid out piece from *place*, ultimately concluding that the Plattsburgh restaurant scene falls for short of short of bankruptcy. While some of my favorite restaurants are indeed located in Burlington (one elsewhere in Vermont), it is certainly possible for someone to get an equally good meal at a fair price on this side of the lake—but, unfortunately, you wouldn't know this from reading Ms. Podhoretz's article. Try also Jones Cafe & Wine Bar, Michael's Fine Dining, the Quakerette Copley. We have a Kaito Japanese Steak House & Sushi Bar, too.

Shawn Murphy & Elaine Ostry
PLATTSBURGH NY

BEER 101?

As the professor who teaches NPS 033, "What's Brewing in Food Science," I would like to make a few points [Guest Reviewer, August 15]. The course is open to all students at UVM. It is the goal of the course to get students to think about what goes into their food

PHILIPPE BOURGEOIS

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SEVEN DAYS



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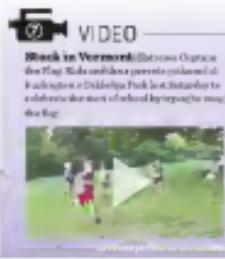
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MUST SEE, MUST DO THIS WEEK

COMPILED BY CAROLYN FOX

SATURDAY 4

Truth Be Told

External, inner shiny-clean series takes off at North End Studios this weekend, but when the investors believe all is not right, the critics believe all is not right. Who believes what they're paid off or paid up? Reading or review? Local comedian Jonson P. Lockett (pictured) hosts Saturday's clean-voiced forums on investments and saving. Make your mind if power goes, it's shiny or not.

SEE CALENDAR SPOTLIGHT
ON PAGE 40



SUNDAY 5

Instrumental Decision

The slow and steady shuffle may set the pace, but the music of longtime Chicago band **Tortoise** is anything but sluggish. The group's powerfully evocative and soul-boosting music spans the 90s for this year's *It's a Together Cool jazz, electronics and experimental sounds*. Get involved at the neighborhood Showbox Lounge this week.

SEE MUSIC SPOTLIGHT
ON PAGE 41



SUNDAY 5

Wonderful World

Give your heart a treat this weekend as *One World New World Festival* is chock full of folk dancing and Celtic and French Canadian music traditions. The multi-day celebration at Green River Pavilion State heritages includes performances by the No strings necessary company, Reading, storytelling, interactive activities and a lineup of theater, music, food and beyond.

SEE CALENDAR SPOTLIGHT
ON PAGE 40



SUNDAY 5

Comic Relief

Portfolio and juggling and cycling—oh my! The **Waterbury Comedy Festival** is a flurry of physical comedy performed by local comedy icon Tom Murphy (center), performers Fred Gapse, Tommie Klemick, Randy Justens and others—combined with lots of theater woven throughout the day. Striking entertainment and hands-on art projects may get the last laugh.

SEE CALENDAR & LISTINGS ON PAGE 44

6

WEDNESDAY 1-WEDNESDAY 8

All's Fair...

One more edition of the yearly *It's a Fair* season is here in full flavor. Kicking off this Friday at the **Vermont State Fair**, an annual tradition of farm animals, sheep shows, discounted trading entertainment, food court toppings and the **Champagne Valley Fair** continuing through September 8. You can catch *Water Lovers* this weekend... or play it (individually) safe with a de-milious dining

SEE CALENDAR & LISTINGS ON PAGE 44 AND 46

THURSDAY 2 & FRIDAY 3

Forward Movement

Steve, David and Dennis **Mollica** (pictured) have a moving performance in store... literally. In their new *It's a Show* **Stand**, danced impulsive movements throughout the building while audience members sit and freeze through the experimental show that's also a way to stretch your legs.

SEE IT'S A SHOW ON PAGE 48



4

WEDNESDAY 1-SUNDAY 5

Pop the Question

Samuel Beckett pencil and pen writes on paper, it's started but they'll never quite allow writer to fully answer. The evening's evening ingredients of history, memory and culture in a way to investigate our capacity for largess, or three men, is underscored. *It's a End* in his words statement. Catch the constructed stories in *No End* in 2010's sole *It's a* gallery through Sunday.

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Dead. Mouse Ensemble, <i>Brat and the Wolf</i> , film & live soundtrack	10/23
The Wipers and Red Metal American rockabilly trio	10/28
Julian Lage and Taylor Eigsti, guitar and piano jazz	11/12
Creditkortstall, progressive blues	11/13
Red Priest, honky-tonk	11/25
Colin Currie and Amer Hodan, percussionists	12/1
The Karamatic	1/17
Castello, Austin music from house to worldland	1/18

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FAIR GAME | Open season on Vermont politics BY ANDY RICHARD

Don't Shoot the Messenger

Le Gov. **BRAD DOUGLAS**, the GOP's candidate for governor, has been touring Vermont for the past few months, collecting "stories" from struggling business owners and ordinary workers for what would become his big plan.

Enter a throng of reporters and VIPs. Dubie, the Gov. has finally unveiled his long-awaited blueprint for jump-starting Vermont's stuck economy. But by stage, Dubie chose the Burlington manufacturing center at Northern Power Systems, a homegrown company in town that makes industrial wind turbines that end up all over the world.

The setting was a pointed reminder of Dubie's support for wind power — a position that sets him apart from the anti-renewable energy policies of Gov. **GOB BAKER**, the man Dubie hopes to replace.

The differences pretty much ended there.

Dubie's economic vision — his first major policy proposal since entering the race last fall — sounded less like an innovative plan for 21st century Vermont and more like the one I helped him fine-tune last year and has government regulation. He even threw in a bit for the welfare of Vermonters, while he proposed holding government spending at levels certain to give the poor and their advocates stomach ulcers.

The crux of Dubie's "Plan Vermont" plan is this: He'll use the state budget to 2 percent inflationary growth after fiscal year 2012, as compared to the year's 3.5 percent increase.

Based on projected tax revenue for the next five years, 2 percent growth would save taxpayers \$440 million, which Dubie wants to give back to Vermonters as the form of income tax cuts, corporate tax cuts and lower property taxes.

Dubie wants to drop income tax rates for all Vermonters — and slash the tax rate from 9 percent to 6 or 7 percent for the wealthiest residents — after fiscal year 2012. He also calls for "streamlining" permitting and regulation — a laudable goal, but one that eluded Douglas over the past eight years despite his best efforts.

Dubie blamed the Democratic-controlled legislature for most of the bills he identified, and managed to evade

questions from reporters about whether Douglas deserves blame for unemployment and a stagnating state economy.

If Dubie's plan sounds a little like "Vermont Reloaded," don't blame the lieutenant governor. He's part the most angry, he says, delivering the worries and fears of hundreds of Vermonters he met on his job tour.

Take the cheese maker in Bennington who told him, "If my taxes were lower, I could hire more employees. I could buy more Vermont milk from Vermont farmers. And I could make more cheese — and people would buy it."

**BRIAN DUBIE, WITH
ALL DUE RESPECT, HAS
NO EXPERIENCE
WRITING A BUDGET.**

GOV HOWARD GEAR

Or the Burlington restaurant owner who shared with Dubie, "In this economy, my business revenue is where they were five years ago, but my property taxes have tripled. With that kind of burden, I can't think about expanding and hiring. I only think about surviving."

"This is my vision drawn from your wisdom," Dubie told the crowd at the dinner.

Hours after the release, three of Dubie's would-be Democratic challengers seized that vision: **PETER SHARLOV**, **DEBORAH CHAMBERS** and **REBECCA RUMBLE** Monday to take a whack at Dubie's first major policy proposal.

The Democratic socialists Dubie expects to beat.

It shouldn't surprise us that after Brian flew across the lake to have dinner with **CHARLES H. BAKER**, he comes out with an economic plan that's very similar to the plan that bankrupted America: deficit spending deficits, tax cuts for the wealthy Vermonters and budget deficit that "balances" and *shuts down*, the *Death* commission, referring to Dubie's recent test with the former president in New York.

Rumple, who lost to Shands by 367 votes and has initiated a recount that

will likely drag the primary out another two weeks, laid into Dubie, too.

"This is make believe, the numbers don't add up, and it shows a real lack of understanding of how state government operates," Rumple said.

Beat the Press

Dubie's plan was nine months in the making, but he gave reporters just 12 minutes to question him about it on Monday.

The press corps was just starting to focus on Dubie's long-awaited blueprint when he was whisked away to another campaign event.

It didn't make a good impression.

"Straighten a good thing to remember is in the future, when you lock off some thing as important as your job [plan], that you spend more than 12 minutes with the press," one veteran reporter advised Dubie. "Twelve minutes doesn't convey the importance to the press of what this means for Vermonters."

"We've been waiting all summer for that," another reporter reminded the live guy.

Dubie deferred to his spokesman, **MARSHALL**, herself a former reporter for WCAX, telling her, "You're the boss in this regard."

"The 'boss' decided Dubie couldn't spend the extra time, and minutes later Dubie's handiwork drove his crew into a silver minivan. His campaign manager, **CHRIS RICE**, promised to make Dubie available for further questioning, but left without confirming a date.

Was Dubie dodging the press? Maybe not, but he was getting bad-letting questions from reporters hungry for specifics.

What job or service would he cut to achieve only 2 percent growth in state government? What kind of income tax would the middle classes? Will Medicaid and state employee benefits get slashed? Douglas couldn't get specific either does — are you advertising he was a cheater?

Dubie wouldn't get specific.

"Working with the General Assembly, we'll establish priorities, making sure that constituents are listened to, the most vulnerable are protected in our streets, and we'll just have to do what working families are doing," Dubie said. "Pensions are [lasting] bonds, small businesses are growing — government can do it."

Bullock's schedules apparently forgot the first rule of campaign media relations: Read the beat. Leave the press corps hungry for more and they get grumpy fast — and start digging through your garbage.

Who knows what they'll find in there?

Dubois = Dead?

While talking up his job plan, Bullock repeatedly avoided the name of one Vermont governor who held a firm line on state spending — proving that it can be done.

Was it Ben Douglas? **OUR TURN!** No and no.

TRANSFORMER Brian, a Democrat, Bullock said, but Dean pushed through three more successful budgets than the 1990s.

"Governor Dean proposed something much more difficult" than I am, Bullock told reporters Monday. "I'm proposing to grow state government, but at a slower, more measured rate."

How does Dean feel about becoming a poster boy for Bullock's budget cutting crusade? "Her [Gone] caught up with us," he says, referring to his phone to check on his governor by phone to ask him.

"Ben [Dean], with all due respect, has no experience writing a budget and never cut a budget," Dean said. "We went through a very difficult time. We did balance the budget 10 times, but we had enormous experience writing budgets on our own. We had previous checks of staff of former governors."

The Final Runaround

When Doug Starnes announced that he would seek a second or last would-Democratic gubernatorial primary, it came with some good news for any Bennefers. The待ing, Starnes told reporters, could take as little as one week to complete.

No, make that two weeks. No, make it three.

Secretary of State Dale Mackoway, the state's chief elections official, chose this week that the election will start — and finish — much later than Kurniss had first thought.

County clerks will get sealed ballot bags this Friday, and **Judge Jeffrey Gauthier** has scheduled a hearing for 10 a.m. that morning in Washington County Superior Court. But with government offices closed Monday for Labor Day, the process isn't likely to begin until near Tuesday, September 2, and finish by September 15 before the Bennefer election can claim undisputed victory.

Vermont's most sensible recent — the 2008 auditor's race between **AMY BICKER** and **TOM SAWYER**, which resulted in an overtime result — took six weeks.

But that's because it was a general election, not a primary, with more votes in count, and everyone had to be recruited by hand. A state-level legislative election involves the work of retabulating.

That's good news for towns that are voting machine. But Vermont's hand-count rules — which account for about a third of votes cast on August 26 — use different ballots that aren't sortable, so they'll have to be recounted by hand.

Recently done everything he can to speed the process along. He submitted his formal request for ballot before the vote was even certified, and waited a mandatory five-day waiting period to let the counting start sooner. But there's not much more to do than wait.

Could be an opportunity to reconsider the benefits of instant runoff voting. Or not.

Bernie Has a Cow

How do you make a Vermont senator mad?

Complain Social Security is a "walk over with 10 million tax."

That's what **CHARLES SPENCER**, chairman of President Barack Obama's National Commission on Fiscal Responsibility and Reform, wrote in a recent email to the director of the Older Women's League. Rep. **MIKE SABIN** is fuming about the insult and last week wrote Obama a long calling for Simpson's head.

"No, I've made some plenty smart remarks about people on Social Security who work in the last degree," Simpson, a former senator from Wyoming, wrote in the email. "It's the same with my opinion is America. We've reached a point now where it's like a walk over with 10 million tax."

Sanders and US Rep. **PAUL COOK** (D-Oregon) fired off a letter to Obama last week calling Simpson's "the" comment "really quite beyond comprehension."

"It's fine and denigrating to say that these people, the vast majority of whom worked their entire lives and contributed onto the Social Security system, are somehow 'milking' the system," Sanders and Cook wrote.

Just how many more gigs does Vermont have? Sorry you should ask. An state office DPLA reader pointed out that, according to the 2007 Census of Agriculture, there were 10,879 milk cows in Vermont. At four trips per cow, that would put us at 58,600.

Stack on that, Chairman Simpson!

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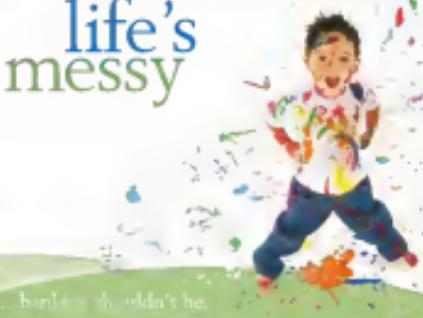
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What Happens to All Those Extra Primary Ballots?

BY LAUREN OBER

When Vermonters went to the polls on Tuesday, August 24, they received one ballot but three bulletins — one for each of the state's major political parties. The instructions were clear: Fill out one ballot and discard the remaining two.

What happens to all the extra ballots? And how much does Vermont's primary process cost the state, which can't afford to waste any money right now?

Vermont has an "open" state primary system, which means voters can select from among candidates put forth by any one of three major parties. They don't have to declare a party affiliation or register in advance. Primary laws prevent election officials from asking which ballot they'd like, so each voter gets all three. Only presidential primaries require Vermont voters to publicly choose a party — and a ballot.

For every election, the Vermont

Secretary of State's office prints ballots for 50 percent of the state's voter rolls. At present, about 480,000 Vermonters are registered to vote. This means 220,000 ballots are printed for each of the major parties, for a total of 660,000 ballots.

Each of those ballots costs 20 to 25 cents to print, says Kathy DeWolfe, the state's director of elections and campaign finance. Assuming each ballot cost 20 cents, the total charge for the primary ballots rings in around \$132,000.

This year, voter turnout was better than expected for a nonpresidential primary. About 23 percent of the state's electorate, or about 100,000 people, came out to vote, largely due to a lively caucused, five-way Democratic gubernatorial race.

But of the tens of ballots printed for the occasion, about 500,000 weren't filled out, costing the state \$132,000 in wasted paper, ink and printing. Many voters

ELECTION 2010



are concerned about the environmental impact of the waste, according to Carol Davies, Barre's city clerk and treasurer. This past Primary Day, numerous voters asked her why two-thirds of the ballots are thrown out.

Disposal doesn't happen right away. State law requires that ballots — even the

blank ones — be stored in official ballot bags for 22 months. After that, they can be discarded in whatever manner the town clerk sees fit, DeWolfe says.

Most town officials recycle the ballots, and some shred the loose, blank ones to

EXTRA PRIMARY BALLOTS BY PETE

Court Rules Vermont Rec Trail Must Undergo Act 250 Review

BY KEN PICARD

Hikes, bikes, snowmobiling, and cross-country skiers won't be hitting the Lunatic Valley Rail Trail (LVRT) anymore soon. An environmental court judge has ruled that the proposed rail-trail project, a year-round recreational corridor that would extend from Stowe to St. Johnsbury, must first undergo an Act 250 review before any construction can begin.

In response to that ruling, which came several weeks ago, the board of directors of the Vermont Association of State Trailers (VAST), the trail's lead sponsor, voted unanimously last week to pursue an Act 250 permit. The environmental advocacy group had been locked in a legal tangle over the trail's future since late last year, when two of the three Act 250 coordinators on the project reversed an earlier decision that stated the trail didn't扰扰 the elaborate and costly environmental review.

Lored MacDowell, who chairs VAST's Lunatic Valley Rail Trail

Committee, said his organization was disappointed by the judge's ruling that the project is too important to abandon.

The 49-mile-wide corridor, which the state already owns, crosses through three counties and 30 municipalities and intersects several existing recreation paths, including the Mississippian Valley Rail Trail. Once it's built, the LVRT would become New England's longest four-season trail, serving as the backbone of a statewide network.

Advocates for the project say the cross-state trail would be a powerful economic driver for towns and communities along its route, attracting tourism dollars for new and existing businesses such as gear shops, restaurants, grocery stores and B&Bs.

Jimmy Fidal is an attorney with the Vermont Natural Resources Council representing the 11 landowners who originally signed off the Act 250 review. He says the environmental court ruling ensures that small group of landowners will have a chance to air their grievances.



ENVIRONMENT

"Our organization supports the development of the trail, and we're representing landowners who also don't object to the trail being built," Fidal emphasizes. "But they really have some issues due to their proximity to the trail."

Fidal explains that most of these concerns are related to the use of motorized vehicles on the trail, such as ATVs and snowmobiles from snowmobilers, speed limits, and curfew violations.

Several landowners whose homes are closer than 50 feet to the trail have requested a minor route to mitigate those problems.

The federal funding doesn't appear to be in jeopardy. In 2008, Barron Sanders got a \$4.84 million federal earmark to convert the old railroad into a four-season, off-hill recreational corridor. VAST committed to pitching in

VAST TRAILER

Fringe Friday

DENNIS STEELE
 Dennis Steele Says Vermont Must
 Secede from the U.S.—or Else
 BY ANDY BROMAGE

Every Friday on our staff blog, *Blurt*, Seven Days is profiling a "fringe" candidate seeking statewide office. Vermont has a strong tradition of putting its dependent and third-party candidates—and their radical ideas—in the ballot. The reality is, those candidates seldom win more than 1 percent of the vote and remain as the fringe of our state's political spectrum. The Q&A below is excerpted from last week's interview with independent candidate for governor Dennis Steele of Kirby. Read the [entire interview](#) on *Blurt* at news7days.com.



Candidate: Dennis Steele



Office sought: Governor

Age: 42

Hometown: Kirby

Education: Undergrad: Cornell Univ. U.S. Army '84-'87 in 2000. Studied a first year degree in math and general science from Cornell. Gave up on law degree. Call: He followed up at California Polytechnic State Univ writing where he earned a bachelor's from Massachusetts with a minor in entrepreneurship in 2003.

Occupation: "With permission"

Founder/owner of the players website (PlayMan.com) Vermont, creative Internet radio station Radio Free Vermont (FreeVermontRadio.org)

Family: Born and raised in Kirby on the same small acre where his parents live. His father was a carpenter and his mother worked in a local general store. Isla is his 16-month-old son. Isla is his. Marries Isla soon, and he has been researching his genealogy to connect with his new wife. His wife, Andrea, is a stay-at-home mother, and the couple has two dogs, Angelie & Axel. Lori 3.

How hot's hot: Dennis first feels like he's won his race when he's got to go to the very heart of the stage and just completely get sentimental about music and just goes for it. The other things come from teaching the game and doing a lot of growth in San Luis Obispo. It's a gift of giving back and making contributions in areas where they get out of the way.

Platform: Dennis is a libertarian and member of the Second Vermont Republic movement, which publishes *Rebel Vermont* (RebelVermont.com).

SEVEN DAYS: Why secede?

Dennis Steele: The U.S. government has had its moral authority. It's been controlled and operated by corporatism. America. Wall Street and the Koch brothers. It's almost impossible for the people anymore to what they do for love. Most people are in debt. The song they can't sing is to never give up and make them understand that. Vermont is the only state in the U.S. that doesn't have a department budget with 90 percent of the budget that's used to Vermont's state right-of-way.

SD: What do you think the U.S. government's reached a "voiced"?

DS: At this point I think the United States is going to implode. But the fact that most of our companies are overseas. What would it mean with the Vermont, anyway? We don't have any voting voice whatsoever. Are they going to come in and turn our sugar houses and tell us this is over? We really have nothing.

SD: How would trade policy work in an independent Vermont republic?

DS: Hell, I don't know. I've never had any experience with that. But we are our own country.

SD: A lot of people think secession is a crazy idea. Why do you and the folks in your movement think that you're right, and all those people are wrong?

DS: People are in denial about what is really happening. America is becoming a very bad place. For 75 years the people who have access from Britain. Other people think it's a crazy idea. But it happened.

SD: What are a few of your favorite Vermont bands?

DS: Boston band from Lyndonville. Burlington New Wave band. They sing songs like "Secession." Pulse. Reheats. There's a lot of art songs music out there in Vermont. It's

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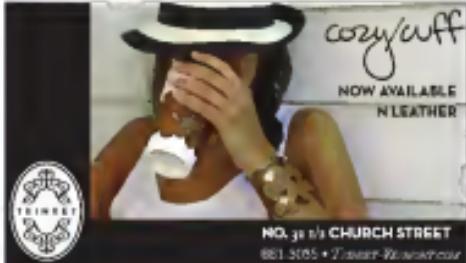
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and to have a connection with their food. Many of the students who have a batch of home brew talk about the camaraderie, community building and learning experience that go with the process. These same students talk about respecting the end product and truly enjoying the product for its flavor, colors, bitterness and history. There are guest lectures, including a local accredited beer judge, and an expert on beer styles, and in the past these have been speakers from the UVM Center for Health and Wellness program. As a point of clarification, the class does not teach quantum, beer pong and flip cup. We do offer extra credit to the class but it is not for performing, log events. Students may earn extra credit for donating blood or performing a minimum of five hours of community service throughout the semester.

• **Todd Prichard**
COLCHESTER

you have done on the commercial exploitation of adolescence seriously.

As former small business owners, we are well aware of the difficult circumstances involved in keeping a business afloat. But surely you could support a local advertiser that an alternative photo is used, instead of one that perpetuates the most degrading aspects of our popular culture.

Rick Westfall & Andrea Renata
ADAMANT

BUY GLOBAL

Judith Lewis' critique of Isolation was on the right track ("Put Out," August 16). It's interesting to compare Isolation to right wing Republicans, beginning with their fear of science. In general, science has guidance about using science to save children's lives (cancer, perhaps, it involves vaccines), but both directly or indirectly prevent others from doing likewise. Republicans oppose science education. Localists oppose technology to increase crop yields, while buying non-nutritious waste products into suburban fields.

They share pragmatic asertions. Republicans argue a slowdown every year was a wise choice. Localists argue a slow time when everyone was a small scale farmer with 21st century values. Actually, it was small farmers who destroyed Vermont's forests — trees only started after farming became unprofitable. The traditional lumber mills before weren't any better. Americans had learned those aspects to extinction, and like we did, everybody else we settled. Clearly, the past is nowhere to look for sustainability.

Today we in the rich world glorify patrimonial power and subsistence farming. Regardless, billions have streamlined into cities to make money to feed their children — and if you wonder why they work so hard, take a look at their farms. And while the CSA farms in Jersey and Vermont may be bringing healthy greens to their shareholders, actually the only way to feed everyone is through corporate technology. And the only way for people to earn enough money to start caring about environmental protection and sustainability is through trade. So, if you care about the environment and other humans, buy global.

Chris Ryan
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BASEBALL BUSINESS

Ray Price is a successful businessman. Why would we use the offices of city government to prop up a failing business? PCs: Readings Steve Contineni Field and the Lake Monsters' July 28P if raising ticket and concession prices won't bring in enough to build or maintain the field, let Mr. Price choose to either leave the money himself or let his business fail.

The time and talents of our city government have no business in private business. We would be stronger if this were a discussion about saving a shoe store or a community's office at any other privately owned business.

Any thought of using public resources to "serve" the community is outrageous. Stop wasting city government and spending our tax dollars and your time and talents this a long about nonsense. Stop business and start thinking about the business of the people who live here.

Chris Ryan
PURLINGTON

"APPAREL" OFFENSIVE

It's true that a picture is worth a thousand words, then the brutally offensive ad by American Apparel in your last issue [August 4] severely undermines the consistently excellent reporting

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Peter Da Sylva
CHARLOTTE

LOCALmatters

Extra Primary Ballots

make sure they don't cause confusion. Duties simply stamp the packages of ballots as the official voter registration lists.

Some cities find more creative uses for the extra ballots. Kathy Stanion of W. U. Interiors says she'll give the unopened packages to school classes to use for art projects or science lessons.

In Westford, all unused envelopes will be picked up and shredded by Rivers North — the North American distributor for Land Paper parts, which is based in the town. The shredded ballots then become packing material for the company's car parts.

"In a cause they're being recycled," says Westford town clerk Maureen Rogers. "You see, they're used to ship parts all over the world."

There's no question Vermont's paperless system and its desire to protect voter privacy result in a lot of waste. But Dutres' own materials are obtainable for a fraction of the cost of, say, Dole. She estimates that the number of registered voters in Bennington — 48,007 — is "a blizzard of paper."

Last August, Dutres challenged more than 1,500 of those names based on

residence, but it takes two general election cycles — with an extra year off as the part of the "cycle" — before the extra "page" shows. Those particular names won't be removed from the list until after the 2012 presidential election.

**OF THE REAMS OF
BALLOTS PRINTED FOR
THE OCCASION, ABOUT 560,000
WEREN'T FILLED OUT —
\$112,000 IN WASTED
PAPER, INK AND PRINTING.**

Until then, the state will continue to send Burlington City for more ballots than it needs. This year, the city received a total of 18,500 ballots — \$500 for each party, only 1,000 people voted.

"So I've got a lot of boxes," Dutres says. "I'm looking forward to getting the list purged, so we don't have to kill as many trees." □

VT Rec Trail

\$750,000 toward the final cost of improving the former rail-road line.

For a time, VAST found that the folks might exercise a "clawback" option that allows the government to take back the money that has been allocated but not yet used. However, Sen. Sanders' staff has since told the group that the claw-

project, Share the idea was first conceived more than a decade ago, the group has spent at least \$160,000 on legal fees and other administrative costs.

How much more time and money are needed will likely depend on the nature of the Act 250 review, according to MacDowell. Since the project has already been vetted in numerous public meetings in communities along the route, MacDowell says, it may only require a "minor" Act 250 review, which he estimates would cost between \$20,000 and \$30,000 and take three to six months to complete. However, a "major" review could run as much as \$60,000 and require a year or more.

This is one area concerning this project. As MacDowell points out, even if all the necessary permits are granted and the project gets built, it will still be considered an "intrinsic use" of the transportation corridor, and could revert back to its original use for a railroad.

So, if some bikers come along and says, "I want to get this train running again," we'd have to give it up," he says. "That's the basis for all rail trail projects around the country." □

back option only applies to transportation projects that are 10 years or older.

At this, VAST has already invested considerable time and money in this



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STATE of THE arts

An Interactive Dance-Video-Music Thing Takes Over River Arts

BY MEGAN JAMES

Choreographer POLLY MOLLEY's Critical State isn't the kind of performance you're supposed to watch from beginning to end. In fact, Molley says, it might be best to take in the three-hour "intermedia event" this weekend at Morenz's **RIVER ARTS** in small doses.

"The ideal situation is to come and go," she says. "People can walk out the door and across the street to the **SAUCER KITCHEN**. They can get a cup of coffee or a whiskey, talk about it and come back in."

There will certainly be a lot to take in. Over the course of the evening, dancers will move throughout the building, while computer-driven **WHA** interact with ever-changing soundtrack, video artist **MARK DAVIS** mixes and projects live footage of the dances, and lighting designer **SHAWN JACKSON** keeps up with it all.

Molley is a critically acclaimed choreographer and dancer living in Stowe, think of the work as an installation rather than a performance.

"It's not dance science; it's not a music concert; it's not a video installation," Molley says. "All the arts have pretty well the same

are interrelated."

She and her partner, Devin, have been exploring this kind of mind-meld collaboration for years. In an earlier work called *Drawing From the Body*, Molley has on a table in a gallery, her naked body partially covered in a sheet. She subtly moves her body while a pair of cameras zoom in on her movements, which are then projected on a gallery wall. Molley is interested in dredging details of the body's shifting, she says, giving her audience a glimpse into what it might feel like to be dancing the dances.

Critical State, which is funded by the **VERMONT COMMUNITY FOUNDATION**, the **VERMONT ARTS COUNCIL** and the **National Endowment for the Arts**, reaches a whole new level of collaboration. For starters, Molley created the dances from diverse technical backgrounds to work with her on the project, each one bringing his or her own smile and dash to the incorporated in the work. Joyce Lin, from Malaysia, brings her knowledge of traditional Japanese Noh theater. Diane Almada, from Argentina, and Cori Orlinghouse — who specia-

lized in "regarding" a competitive dance style involving runway models — bring their experience with the *Trifla* (from *Blowup* Company). Joyce also draws on her education in physics to create movement.

"We're trained dancers, that's very clear, but our aesthetic is much more along the lines of performance art," says Molley. She explains that Orlinghouse' portion of the performance will involve building and tearing up chalky surfaces. "None of this is for a seated audience."

In many ways, audience members, who will move freely through the three rooms at River Arts, are encouraged to participate. Digital cameras will be available for snapping photos and posting along. Viewers



"ticking to beat their own moves can check in at an iPod station, pick out a song and a performer, and dance. Or they can stop at a computer station and offer some feedback or upload their photos."

Molley avoids overhyped explanations of the work. When it comes to this collaboration, she says, what you see is what you get.

"We're working on a puzzle, trying to find the most elegant solution," she says. "Composing is really the name of the game here. How much time do these physical processes usually need? How long might they hold our attention? How long might they hold our attention? And that's what we really don't know yet."

Working with all these artists has been exhilarating, Molley says, if overwhelming at times.

"We laugh a lot, because it's just like the impossible things we're trying to do, in some ways," she says. "We want the audience to just chill and enjoy themselves, because we don't always know what the hell we're doing, so they shouldn't worry if they don't understand."

In many ways, audience members, who will move freely through the three rooms at River Arts, are encouraged to participate. Digital cameras will be available for snapping photos and posting along. Viewers

Offical State Directed by Polly Molley at River Arts in Morenz. September 26-27, 5:30-8:30 pm. \$25 or donation only. 802.860.9999. www.riverarts.org

ATTENTION, MUGGLES!

The profs have hit turn-of-the-century wizardry and no one's handling eat-wands to the students yet. **CHAMPION-VERSE**, good 'em whole. *Harry Potter* thus comes with a nationally touring exhibit called *Harry Potter's World: Renaissance Science, Magic and Medicine*.*

Set up in the library, the exhibit includes such artifacts as a caped owl, a display of the J.K. Rowling series and other relevant items, some on subjects from alchemy to astrology. While this part will be open to the Potter-loving public, the program areas around the exhibit is, sadly, for Chambrian prep only and may be guarded by broomsticks. It kicks off September 8 with keynotes speaker **LEIGHEN HEDDERICK**, a former EE student who now a game developer at the college's **CHAMPION-VERSE**. The EE-dear remarks based on the fantasy world of her childhood and teenage years.

Other activities, working with "Hedwig" — aka Harry's personal owl and the presentation showcases a regular falcon, hawk and owl, a talk with warrens based modern-day wizard **IAN HEDDERICK**, HP movies and readings, workshops in hermology, astrology, improv comedy and mystery, theater and, of course, a quidditch match.

If all this doesn't sound very academic, librarian **MARY KENNEDY** suggests otherwise. "The reason the exhibit captured our attention is that we know Harry Potter resonates with young people and continues to generate interest and

entertainment," she says. "The second reason" (she adds) "is that there is a perfect marriage between the exhibit and our Core 200 course, called Scientific Revolutions, where students learn to appreciate the development of scientific thought, and the impact of natural philosophy on the scientific revolution."

(OK, children raised on Harry Potter books are now in college. Raise your hand if that makes you feel as old as Dumbledore.)

Anyways, Kennedy notes that she and fellow librarian **PAULINE SULAN** submitted a proposal to the organizations behind the exhibit, the American Library Association and the National Library of Medicine, to be selected as one of its academic library hosts. The school put together its own programming. EE student **CHAMPION-VERSE** designed the accompanying website.

Reads up-on Tuesday morning, September 1. Thus when Harry will "get in the spirit" and dress as his favorite HP character. Wonder if anyone will choose Lord Voldemort — er, He Who Must Not Be Named?

PAMELA POLSTON

HARRY POTTER'S WORLD: RENAISSANCE SCIENCE, MAGIC AND MEDICINE
September 8-16 October 16 In the Chambrian College Library. For more info and updates visit <http://www.champion-verse.library/pages/exhibits/harrypotter/index.html>

A New Play Explores the Secret, Imperfect Lives of Couples

BY MEGAN JAMES

Maurya Campbell's *Another Bed Room*

There may be five weddings on *Maurya Campbell's* new play, *Flower Dust*, but this is not a story that commemorates marriage. From the moment the play begins, a husband and wife are fighting — over a work of peace — and, like most fights in a couple's kitchen, this one's about a whole lot more than paper.

"It's about the way couples fight, when it can actually solve problems and when people use their words as weapons," says the Burlington playwright. The play opens at the FlynnArtsCenter next week and stars Andrew Rannells, Rita Arias, Natalie Shultz and Jordan Goldstein.

Pepper is definitely the least of this couple's problems. They're in an open marriage with plenty of rules, at least one of which the wife has broken by sleeping with someone in their social circle. Meanwhile, the man she's cheating with is in a long-term marriage, and his 4-year-old daughter may have a neurological disorder.

One marriage survives the infidelity, the other falls apart.

Campbell says she's been thinking about writing this play for at least 15 years. As a young married woman, she was devastated by what couples she observed — marriages that looked as good from the outside — blew up in the face of infidelity. And then to see others somehow keep it together.

"These two couples look *wonderful*," she says of her characters. "But the play begins, and the disintegration begins."

The play's title refers to the flower dust from the open Anthony LaIle Dallas,

which the two wives are preparing to sing at a friend's wedding. **ROB MICHAEL** (HALLELUH) directs a cast, which also includes the women in some scenes, and will also play open soliloquies throughout the play.

When Campbell wrote her own plays, she did with *Flower Dust*, she usually ignores the stage directions she writes. So this time she left those out of the script from the start. While she was at it, she didn't bother with parentheticals, either, which she says made the rehearsal process easier and quicker.

"The language became much more naturalistic, where you interrupt your self and correct yourself," she says.

It also lightens the mood of writing, Campbell says, which is already pretty intense in some scenes. The odd case isn't just a play on the characters' fights but also to some of their sex. One scene takes place in a bathtub, where a couple is snipping phalloscopes and snaking love.

"It isn't a sex show, but there are some sexual situations and naked parts," Campbell says. "It's about the infinite love of these couples."

And, as with all couples, their love — and marriage — are a lot more complicated than they seem. ☺

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1. **Photo booth**, written and directed by Steven Castle Theater Company in the FlynnArtsCenter in Burlington, September 10 at 8 p.m. through September 11 at 8 p.m. through September 12 at 8 p.m. through September 13 at 8 p.m. 10th-11th. www.flynnartscenter.org

STATEofTHEarts

ON THE SAME PAGE

He just published a 296-page novel that mocks literary minimalism. She's celebrated for her succinct short stories — a couple are just a sentence long. Rick Moody and Amy Hempel have a lot in common, though. They'll both be at the **BURLINGTON BOOK FESTIVAL** later this month. They're even sharing a Saturday time slot.

Actually, that's not where the commonalities end. Both writers are award winners with mere recognition outside the literary crowd. (Moody wrote *The Ice Storm*, adapted to film by Ang Lee. Hempel has earned the admiration of cult writer Chitra Pashthikar, who recommends her to his legions of fans.) Moody wrote the introduction to Hempel's 2006 *Pic Collected Stories* in which he declared that, for her, "it all about the sentence."

It's also all about memoirs — Hempel, who's trained saving eye dogs for the blind, still uses one as an companion to her stories about people. (One of her collections is called *The Dog of the Marriage*.) Moody, for his part, shows an affection for pop-culture in his new (fictional) doorstop of a novel. Last year he wrote a memoir story on Twitter.

While she's less of a sentence crafter, perhaps a BIFF guest who's sure to inspire is Gloria J. Ito, former president and CEO of Planned Parenthood, who blogs and pens poems about women and leadership. Her latest book, which comes with gushing blurbs from Jane Fonda, Gloria Steinem, and actress Rosario Dawson, has the wacky title *We're All Equal: 9 Moths Women Can Change How We Think About Power*.



Rick Moody

More fun stuff this one for the kids. Local celebrity cartoonist: musicians and dad **ANDREW HARRIS** is his off-Saturday with a 10 p.m. concert just for young folks at the Film House.
Kooshka pupa up again in a Sunday series of comic readings for the older set called "The Fanny Pages." Also on board for that event, at the Blackbox Inc. **RANDI CANTRELL** (author of the darkly funny novel *From Away*) about a bumbling outsider tracking a murder mystery in the shrubbery of the Vermont Statehouse. And Ethem Gildan, a Boston-based journalist who writes in a comic memoir about his experiences with Fentanyl, Heroin, and Barreling decks.



Amy Hempel

Fans of sophisticated "funny pages" should look out for **ANDREW HARRIS** (Kooshka) director **JAMES URKIN**, whose latest graphic novel is the detailed historical tale *Market Day*. And typography geek show the short film **WRITER** (Indiependent Alphabets Project), an display starting Friday at the **PUTTERER FREE LIBRARY**. The Champlain College prof's simplices of Everything Languages, carved in Vermont maple, drew coverage in the *Boston Globe* last weekend.

MARGOT HARRISON

BURLINGTON BOOK FESTIVAL

September 24-26, various locations in Burlington with most readings at Main Street Landing Performing Arts Center. Moody and Hempel appear on Saturday, September 25, 4-5 p.m. in the Film House and the Blackbox, respectively. For complete schedule, see burlingtonbookfestival.com.

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SEVEN DAYS

Dear Cecil:
I've heard it often said, and experienced it myself, on various continents (including Asia): You enjoy a terrific Chinese, or Thai or Malay dinner, only to feel hungry again a short while later. Is that our imagination playing a trick on us, apprentices of Chinese cuisine? Or is it a Western counterpart to the fact that many Asians don't tolerate milk?

—Klaus Kates, Germany

We had a helluva time with this one, Klaus. The problem wasn't just coming up with an answer; it was figuring out the question, which we've gotten in different forms over all these years. Possibilities:
1. Why, after eating Chinese food, do you soon feel hungry again?
2. Do you, on fast, after eating Chinese food, soon feel hungry again?
3. People used to think that after eating Chinese food one soon feels hungry again. Now they don't. What changed?

All we were able to establish initially was that, long ago (at least), people did, in fact, eat the Big餐, but it referred to it, and that this wasn't some mass-hallucination. My assistant Una found the following fragment from a obscure page published in the literary magazine *Golden Book* in 1924:

JULIUS (in a flat tone): You, but



the trouble with that Chinese food is, no matter how much you eat you feel hungry so long later. Who ever invented that?

—HAIM (the Germanophile) 105 the reen

The easily satisfied will say, "Yes, there you have it—it's the *re*!" and move on. Those of us older, less will inquire more closely: This *huh*—why is she speaking in a flat tone? Has she been drugged? Has Haim, the Chinese, put something in her *mai*? I have no idea, and if we waste any more time on such flights of fancy we'll soon run out of *calories*. However, having eaten considerable quantities of the unprepared stuff without subsequently experiencing pre-meal hunger again, I feel confident in saying, *It's not just the rice*.

What, then, is it? I'm working on that. Some preliminary observations:

• I don't personally feel hungry soon after eating Chinese food, nor do I hear the Big餐 much these days. I therefore (within the scope that while the Big餐 may have been true pre-1949, it is true now)

• Different foods are digested at different rates. One measure of digestion speed is the glycemic index (GI), which measures how quickly and how high your blood sugar levels rise after eating. This has led some to wonder if there's a connection between GI and subjective feelings of satiety, or fullness, after a meal. Answer: The GI correlates with satiety for some foods but not others, and correlation varies depending on how the food was processed and the fat and protein levels of the meal overall.

Taking a different tack, other researchers (Cleit et al., 1995) have developed a satiety index, or SI. Testing satiety typically involves eating a specified volume (amount) of various foods and rating how you feel over the next two hours on a scale from "extremely hungry" to "extremely full." The ratings are then converted to a number between 0 and 100, with 100 (no food at all) being the highest. From this we learn that two major components of Chinese cuisine—white rice and white protein needles—have much lower SI values (38 and 10, respectively) than the starch that was once a mainstay of American food. I would call it *country* food, namely the potato. The humble tuber has an SI of 323, by the highest of any food tested.

How we gleefully an explore this. I can't speak in German about trends, but prior to 1949

or so, potatoes in various forms (mostly mashed, but also boiled, fried, scalloped, au gratin and so on) were a standard feature of the American dinner menu. Since then, in my casual observation, they've become less prevalent, and potato sales bear this out.

So, when people and the *Sunday* 10 years ago, they may simply have been comparing Chinese food to the standard potato fare to which they were accustomed. In other words, it's not that Chinese food left you feeling hungry when it was the standard American diet, but that standard American diet left you feeling correspondingly full. As Americans eating became less potato-dependent, the difference in satiety potential between Chinese and U.S. food likely diminished.

Other factors may also have

been at work. For example, eating a salad before the main course—common in Western-style restaurants but less so in Chinese places—increases a diner's feeling of fullness, whereas high-fat soups, such as the old school egg drop soup and hot and sour varieties, have only minimal impact on satiety. Another factor in the decline of the *Sunday* may be the increased popularity of spicy Chinese and Szechuan cuisine compared to the bland Chinese morsels—the capsicum in hot peppers is known to reduce hunger.

We haven't yet tested any of the above—shame!—but most of us eat with alcohol expanders. Una and Ierra are on a diet. For now, however, I don't blame the rice, I blame the spuds.

BLISS BY HARRY BLISS



Is there something you really get straight? Cecil answers can always be found at [The Straight Dope](http://www.straightdope.com) on [ew.com](http://www.ew.com). Write Cecil Adams at The Chicago Reader, P.O. Box 100, Chicago, IL 60641 or [e-mail](mailto:cecil@ew.com) him.

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WHISKEY TANGO FOXTROT

We just had to ask.

Why don't people swim in Shelburne Pond?

BY KEN PICARD

A gentle breeze ripples the surface of Shelburne Pond as a lone osprey perches itself by the water's edge. Right across from the bird is the approach of a swimming logboat, getting ready to launch. Except for the bubble of hot paddles as it breaks the surface, the only sound that disturbs the hush of August air is the lapping of insects.

Just a dozen miles down the Burlington-Shelburne Pond and its undeveloped shores comes hush from the landscape of an earlier time, before McMansions sprang like mushrooms. For decades, the 1,046 acres of pond, woods, wetlands and limestone bluffs have served as a serene getaway for anglers, paddlers, hikers and wildlife enthusiasts — the area is home to 180 bird species alone, fully a third of those found in Vermont. Come winter, skiers often swap themselves a muskrat mat for grinning their short and pouty faces.

Yet, as we find the Shelburne reaction observed recently, these same recreational



activity strangely absent from these water-stirring shores, pulled apart the occasional black lab or border collie dog paddling after a tennis ball near the fishing access. But some law of hunting, or hazard of nature, appears to keep the local populace from lapping on for a dip when the mercury rises. Is it a fear of water snakes? Stepping further? Leashed? Some other unseen danger lurking in these muddy waters? Who?

Actually, there's nothing verboten about swimming in Shelburne Pond, according to Emily Boedecker of the Nature Conservancy of Vermont. Thirty years ago, Boedecker, a hydrologist, researcher of the Vermont chapter and a longtime honorary professor at the University of Vermont, helped get the pond and its extensive wet area for conservation purposes. According to Boedecker, Vagabonds once found a 400-year-old digger cormorant in the pond that had apparently found its way to the surface.

Today, UVM and the Nature Conservancy manage the pond and the adjacent H. Lawrence Achilles Natural

Area to ensure they remain open to nearly all forms of recreation.

"Absolutely, you can swim there," Boedecker says. "But you probably wouldn't want to right now."

Why not? Two reasons. Boedecker explains. First, the pond is pretty shallow — 25 feet at its deepest point — and the water warms significantly at the time of the year. As a result, one set of "hazardous" to swimmers, besides the occasional last-ditch look and lunge, are algae blooms. Though the toxic blue kind are rare, swimmers are more likely to encounter the shiny green algae that's difficult to wash off and leaves a funky stink on your car seats as the drive home.

The second reason you don't see more people doing the boozehole through these waters is that the fishing access and boat ramp are managed by the Vermont Fish & Wildlife Department, which, though it doesn't officially ban swimming, restricts parking to boaters and anglers. Since the pond currently isn't managed by logs and wetlands, the boat ramp is its easiest point of entry.

"Our point isn't to keep people from swimming in the pond," explains Mike Wetherwold, an FWD administrator. "It's to keep people from monopolizing the use of our access area."

Wetherwold says that boaters and paddlers can help in fair a way, if they so choose, and shouldn't worry about encroaching. He explains that Shelburne Pond is considered a "eutrope" body of water, which means its high nutrient levels reduce the water quality and make it an unlikely habitat for the wiggly gills that...

What about snakes?

"Oh, I'm sure there are a lot of water snakes in a pond like this," Wetherwold says. In fact, a sign on the bank beside the boat ramp cautions visitors: "Please don't kill the snakes." Another flyer, from the Vermont Reptile and Amphibian Atlas Project, asks visitors who spot a photograph an eastern ribbon snake or common garter snake to contact the researchers.

But none of these water snakes pose a threat to scaly-clad swimmers, Wetherwold says, since Vermont isn't home to any venomous aquatic vertebrates. The only venomous snake indigenous to the state is the timber rattler, he notes, and that had been extirpated in 1984 found near the northern tip of Lake Champlain.

"They're pretty rare," Wetherwold adds. "You'd consider yourself lucky if you found one!"

Shelburne Pond is one of hundreds of Vermont natural areas that are the result of a citizen-driven non-profit. Since its formation in 1961, the Nature Conservancy has partnerships with more than 300 organizations, 2000 individuals, and, when it says, 1000 volunteers. For more information, contact the Nature Conservancy's office at 200 State Street, Suite 100, Montpelier, or call 802-864-6423.



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The Strong Lady

Powerlifter Ginger Vieira helps take the weight off diabetics' shoulders

BY SARAH TUFF

Ginger Vieira, 41, of South Burlington can deadlift 208 pounds, squat 365 and bench-press 180. She's broken 16 national powerlifting records and holds the Vermont title for the women's bench press. And she has type 1 diabetes.

This summer, some good news surfaced for people with type 1 diabetes. A study presented at the American Diabetes Association's annual meeting revealed that fewer than ever are dying of type 1 diabetes, a disease in which the pancreas doesn't make enough insulin to control blood-sugar levels.

But Vieira doesn't need research to tell her people can successfully manage her condition. In 1999, the New Hampshire native suspected she might have diabetes after she counted a school classmate's urine project. Weight loss, fatigue, frequent urination and blurry vision — Vieira had all the symptoms at age 13.

Now 24 and a Champlain College graduate, Vieira is one of the area's best powerlifters. She blogs for several sites, including [Vivian's PartyingFistfuls.com](http://Vivian'sPartyingFistfuls.com), practices yoga, and coaches 15 clients as cognitive health and chronic illness through her own business, Living in Progress Health and Chronic Illness Life Coaching.

On Monday, September 6, Vieira will teach a class at Healthy Living in South Burlington called "Building a Healthy Relationship with Food." In January, she plans to self-publish her book titled *How Diabetes & Exercise Experiment*. We didn't have to strong-arm Vieira into an interview about powerlifting and diabetes.

SEVEN DAYS: What was that like to realize suddenly you might have diabetes by looking at a science project, at age 13?

GINGER VIEIRA: I was standing in front of my friend's house, and I asked him, "Can you die from that?" And he said, "Well, yeah." He didn't know I went home to my mom and said, "I think I have diabetes." I just curled up in a chair and started crying. Then we went to the doctor, and then to the hospital for three days. My blood sugar was at 600, and my body was full of



Photo: Tim Gannon

these ketones, and it takes a while to flush them out.

SD: Did you have any interest in science yourself?

GV: No, and that's the funny thing. I've always been a writer — and a creative writer. But in 2007 I met with Andrew Barry, a trainer at the Sports & Fitness Edge. Andrew didn't even look at me as a diabetic.... Throughout my entire time training with him, he talked about the

science. It applied so much to my everyday life, not just [my] exercise.

SD: What sparked your interest in powerlifting?

GV: I grew up in a house of boys — I have three brothers — and I was always watching Arnold Schwarzenegger and Sylvester Stallone. I just really thought muscle was cool; that's what it looks like to be strong. It was always my intention to keep up with the boys, so I

always valued strength. I was just doing basic weight lifting with Andrew, and he progressed me into a more advanced program as he saw that I really loved it. After about a year of being on that program, a powerlifter saw me bench pressing and set me up with her boyfriend, who taught me the rules of powerlifting and guidelines for training.

SD: What does it feel like for you during powerlifting? Is it anxiety?

GV: Every time, you're always attempting something that may or may not be possible, and the coolest thing is to talk yourself through it and actually achieve it. I had a dream today say, "Well, it's your innate ability to not be scared of things." I've scared of things all the time — I just know how to talk myself through it. Before every single competition, I say to myself, "Deep breath, you can do this, just do your best."

SD: Still, it must have felt pretty good, your first win?

GV: It was amazing. I really hadn't researched what the average competitive drug-tested lifter could do. The month leading up to the competition, I was really quite nervous, and I had a thought in my head — How cool would it be to call up my parents and like, "Grown what, I won the whole show thing?" And I got to do that. I set never records that day, but that was never my goal. I was just doing it because I really just enjoyed lifting the weights.

SD: How many other powerlifters do you know with diabetes?

GV: I've encountered a couple on lifting forums, but they do it as a hobby, it's not a huge passion. There's some guy in the Ukraine, but the encounter was not in a language I could understand.

SD: So how do you manage your diabetes for powerlifting?

GV: It's not just about avoiding sugar. I have to lower every gram of carbohydrate that I'm eating, and also [eat] high quantities of protein. Then you add an excess and stress, and you don't always know how much insulin to take. When I began powerlifting, I became extremely aware that if my blood sugar was high after my workout,

FITNESS



I wasn't going to recover. My muscles weren't going to recover the way a confidence would recover, and if my blood sugar was high before a work out, or low, I wasn't going to be able to perform very well.

SD Are there any sports you won't do because you're managing the diabetes so well?

GW There are sports I wouldn't do because I'm a powerlifter. I'm not going to go for a long run, because that burns up muscle, and it impacts my muscle's ability to recover from the training that I wanted to. I know how to plan my blood sugar for that. I have four different insulin-to-carb ratios depending on the time of day.

SD And this ties into your books?

GW The more I learned about all the different physiological processes that happen in the body, the more I realized that there needs to be a link on this. This is so much less frustrating because I have an understanding of every single type of blood sugar. People with diabetes often feel so mad at themselves, or guilty as just angry because things seem to happen to their blood sugar that they can't explain, they can't control. It's really

empowering to look at it and not blame yourself and say, "I understand why that happens."

SD What is your next goal?

GW Well, I just won that bench press thing — I really didn't mean to compete. I've had some pitching on my shoulders, and I have some posture issues, so I am trying to re-build and develop strength in weak areas. I was worried about taking all this time off, but that bench press competition鼓勵ed me, it will still be there. I would love to be able to bench press 200 pounds someday.

SD Have you seen your body change a lot?

GW Oh, yeah — I gained 15 pounds of muscle, my shoulders are wider, everything's bigger, I have fat. It was never my initial goal to do that. My butt got bigger from doing squats, and I was, like, "Oh, no, I can't do up my jeans because my pants are getting bigger." It's a weird thing to accept as a female that you are getting larger, but because of a really cool thing. I just feel good. I feel proud of what my body can do. It makes you more confident. "Well, yesterday I picked up a 50 pounds off the floor like, 10 times, what did you do?" ☺

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EYES ON THE SPIES

From his Vermont home, a *Washington Post* reporter keeps tabs on "Top Secret America"

BY KEVIN J. KELLEY

It's a long way, physically and figuratively, from South Pomfret, Vt., to "Liberty Crossing," the nickname of the suburban Washington, D.C., headquarters of two federal agencies engaged in espionage and counterterrorism. It's a distance that *Washington Post* reporter William Arkin traverses regularly, and not without danger.

Arkin, 55, lives across a sleepy street from the Taiga General Store, a 100-year-old house once owned by Harry Bernstein, an eccentric of the era and the founder of *Barcode Six*. Arkin has built and wood-paneled his office. Arkin has a fine view of the agency's modern site. The sleek town of Woodlawn, a source of pride for the federal, building journalists, lies less than five miles away on a rolling road that draws more visitors than drivers on a sunny summer day.

How unlike Liberty Crossing:

TOP SECRET AMERICA IS SO WASTEFUL AND LUMBERING THAT IT SHORT-CIRCUITS ITS OWN TENDENCIES TOWARD TOTALITARIANISM, ARKIN IMPLIES.

Although it houses nearly 2000 full and employees and private contractors, "Liberty Crossing tries hard to hide from view," Arkin and co-reporter Dana Priest write in their recent Post notes on the exponential expansion of the national security complex. "But in the winter, leafless trees can't conceal a mountain of concrete and windows the size of five Wal-Mart stores stacked on top of one another, reaching to a gassy hem. One step inside without the right badge, and even in black pants out of nowhere, gains you the ready."

Arkin spent the past two years sifting along the disconnected worlds of rural Vermont and covert installations like Liberty Crossing, the latter of which form what the Post reporters describe as "a totalitarian geography of the United States." Working much of the time as a 2001-connected computer in a home without telephone service, Arkin helped trace the contours of "Top Secret America," as the Post's two-part exposé is titled.

Here are some of the series' key findings:

- 173 government organizations and 1911 private companies are now engaged in counterterrorism, homeland security and intelligence work in about 30,000 locations around the United States, none of them in Vermont.
- A publicly disclosed portion of the U.S. intelligence budget has increased 222 percent since the 9/11 terrorist attacks. Its \$1.6 billion marks 10 times the size of the Vermont state budget.
- An estimated 104,000 federal workers and private contractors now hold in place security clearances. That's 200,000 more people than live in Vermont.
- The National Security Agency intercepts 17 billion emails, phone calls and other types of communications a day.
- General Dynamics, with a factory and offices in Burlington, has profited enormously from the growth of the national security state. Annual revenues from its work on top secret projects have quadrupled in the past decade, rising to \$10 billion, while its defense business has doubled to nearly 90,000 employees — more than twice the population of Burlington.

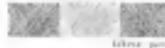
Aided in a recent interview whether all this adds up to a potential police state, Arkin says, "I could have said 'quality.' The vast last largely invisible network constructed since September 11, 2001, 'should be shamed,'" he acknowledges, noting, "There are always outliers, there are always special projects, there are always bad actors."

But he doesn't believe the US will ever actually devolve into the kind of despotism of the sort imagined in George Orwell's 1984. Top Secret America is so wasteful and lumbering that it short-circuits its own tendencies toward totalitarianism, Arkin implies. Referring to the 17 billion non-massive intercept data he notes that "when 1.6 billion are interpreted correctly and only a tiny fraction ever get analyzed by an agency whose reach for metadata, group licenses, government newsletters, and their corporate helpers 'are so limited on our adventures that they hardly have time for the rest of us,'" Arkin assures.

He also emphasizes on shaking focus on the power of the press in enabling citizens to defend their democracy. Reporting the excesses and unaccountability of Top Secret

Arkin says from a wool organization?

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Eyes on the Spies

America will help prevent it from violating the very freedoms it is supposed to be protecting, Arkin suggests. "The only way to control them," he says of the hundreds of thousands of spooks and security operatives, "is not through self-regulation but through expansive self-regulation because such is the school system or the post office, so it's certainly not going to work with it."

Stephen Spiegel, a professor of national-security law who knows Arkin personally and professionally, describes him as "a real apostle to a religion of participatory democracy." According to Spiegel, who teaches at Vermont Law School, Arkin believes that "the truth, as painful as it may be, might help us stay free. Arkin's a mystic; that's what he kind of the world that did this."

Sure enough, Arkin says in the interview, "With the 10th anniversary of 9/11 coming up next year, it's my hope that the American people can finally close the door on this chapter of American history."

In keeping with his ever-tended outlook, Arkin frames his investigative work as a patriotic endeavor. His aim, he says, is "to make our country safer and make our government more accountable and to use my particular skills to be a good citizen."

Arkin argues that, by operating in the shadows without public oversight, even terrorist and snooping agencies best their own effectiveness. "They have an intransigency that is self-defeating," he says. Aiming a spotlight into these dark recesses may actually improve the quality of intelligence products — or at least prod the producers into maintaining a morally healthy perspective. Arkin offers this analogy: "Everybody has a friend who spends too much time in the basement playing video games. You can scratch that person through their aversion from society becoming more and more out of touch and even paranoid."

Such paranoid behavior is particularly worrisome in the case of government agencies, because it insults the checks the efficiency they were established to serve. "They intentionally say anything that isn't part of their system is a virus to be removed," Arkin says.

Arkin's assault of good intentions hasn't shielded him from accusations from the conservative right. Peter Hassay, a contributor to *The New York Post* and *Real News* and several similar outlets, accused Arkin and Press, a two-time Pulitzer Prize winner of giving "your enemies a road map of our security infrastructure." Writing on a website associated with race-baiting Sen. John McCain and his son, John, Hassay called the Post's revelations to "residing Japan and West Germany details of our war effort."

Some mainstream commentary has also implied that the Post service has a treasonous bent. "Press and Arkin have spent two years trying to expose all manner

of classified government activities," Thomas Middendorf, a former high-ranking Pentagon official, writes in a blog on the Foreign Policy magazine website. "Arkin has in fact made a career of it." According to Middendorf, the journalists "have made it easier for America's enemies to defeat U.S. efforts to ferret out their secrets and have thereby made it more difficult than hopefully that the United States will be surprised by a future adversary."

Indeed, to the Tea Party Arkin also contributed in the 1980s to the German Green Party's efforts to rid Europe of scores of nuclear reactors. He identified U.S. atomic weapons sites throughout West Germany and used that "information to design a map used as a 'Don't Nuclear' poster — which Arkin proudly posted on the wall of his South Bend, Indiana office.

In the late '90s he infiltrated and led Greenpeace International's "Nuclear Free

underground a part of our government that doesn't want to be understood."

So when he says, Arkin cannot be accused of filial insanity — even though he professed his love for his mother by declaring, "I'm not one of those egomaniac journalists." Arkin does have a son, however, for proclaiming, "My contributions and value [to the *Washington Post*] transcend the issue of what someone might say about me."

In addition to all the left-leaning entries on his résumé, there are plenty of non-leftist entries, beginning with four years of service in a U.S. Army intelligence analysis unit in West Berlin in the '70s. Arkin has taught at the Johns Hopkins School of Advanced International Studies, Stanford University School of Government, and the U.S. Air War College.

Braving it being called an activist — "I'm a values-laden term," he objects — Arkin says his problem to be seen as "an extremely well-informed and active citizen who thinks locally but acts globally."

Part of defining himself as a "military expert" who happens to work in the journalistic world, Arkin argues that his past work as an advocate poses no impediment to the job he has held since 1998 as a Blogger and reporter for the *Washington Post*. "When I work for the paper, I have to comply with the conventions of the paper," he says. "What I write a report for the government, I have to comply with the conventions of the government."

The conventions of mainstream journalism no longer seem obtainable or stable, however. The emerging importance of non-journalist websites such as WikiLeaks challenges received notions of how news should be gathered and packaged. Arkin is eager to defend WikiLeaks against the charges of irresponsibility levied by the journalistic right-wing group Reporters Without Borders. "Give me a fucking hand!" he says with a grin. "The notion that the First Amendment only applies to certain people and that only certain voices deserve to be heard is one I completely reject."

New forms of reporting and new types of news organizations do justify hopefulness about the future of journalism, Arkin says. He points to ProPublica, a nonprofit, fact-based investigation journalism outfit that won a Pulitzer Prize for its examination of conditions in one New Orleans hospital in the aftermath of Hurricane Katrina. "There's finally a recognition on the part of the plutocratic community that their value in journalism

But there are also clear limits to what the new media can achieve in comparison with old-media outlets such as the Post, he adds. "I can't imagine the *Washington Post* or anything like that leaving even one journalist — let alone two or three — and starting and produce something like 'Top Secret America.'"

Despite its financial woes and



I HOPE I CAN HAVE SOME IMPACT ON THE WORLD, BUT I REALLY JUST WISH TO USE MY PRODIGIOUS RESEARCH TALENTS TO HELP OUR COUNTRY BETTER UNDERSTAND A PART OF OUR GOVERNMENT THAT DOESN'T WANT TO BE UNDERSTOOD.

WILLIAM ARKIN

Arkin makes a particularly interesting target for conservative polemicists because of his background in a progressive sector. His parents influenced him to be a major of the country's leading peace advocacy, human-rights and green groups.

In the 1980s, Arkin coauthored the time-volume of the Nuclear Weapons Database for the National Resources Defense Council, an environmental lobby and think tank. He subsequently worked for the Center for Defense Information, the Institute for Policy Studies, Human Rights Watch and Greenpeace — none of which would be

seen" campaign, which documented frequent U.S. violations of many countries' laws on port visits by ships carrying nuclear weapons. These disclosures helped prevent the administration of the first President Bush to impose nuclear warship weapons from U.S. ships and submarines.

In his work with Greenpeace, Arkin recalls, "I used to tell young idealists: If you feel bad you're going to change the world, you're going to go home every night thinking you're failed." I hope I can have some impact on the world," Arkin continues. "But I really just want to use my prodigious research talents to help our country better

understand a part of our government that doesn't want to be understood."

So when he says, Arkin cannot be accused of filial insanity — even though he professed his love for his mother by declaring, "I'm not one of those egomaniac journalists." Arkin does have a son, however, for proclaiming, "My contributions and value [to the *Washington Post*] transcend the issue of what someone might say about me."

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Braving it being called an activist —

consequent cutbacks in newspaper circulation, the Post "never wavered" in its commitment to the service. Arkin says. In fact, the paper's editor-in-chief assigned more than 20 employees to work on various aspects of "Top Secret America." And for a media dossier, the Post did manage to distinguish itself in its digital presentation of what Priest and Arkin uncovered. Online elements were built into the service "from birth," Arkin notes.

Which is not to say the Post's journalism would necessarily be seen as conforming to the strictures of independent, cross-checking journalism. As the paper's editors indicate in a preliminary note to the source, "no government official will see our website, and we'd like to tell [it] of any specific concerns." The obfuscation was lodged, although "the government kindly objected to certain data points on the site and explained why we removed those items," the editors say. "We made other public safety judgments about how much information to share on the website."

Even though engaged in what some might see as prepublication self-censorship, the Post acted apposite to its documentation, Arkin believes. David Moulach, editor of the St. Michael's College journalism department, agrees. "When they do hard-hitting work like this," Moulach says of "Top Secret America," "journalists often have to make some sort of compromise to get sensitive information out there." What the Post's editors did in this instance "wasn't necessarily a bad compromise," Moulach adds.

Both the methods and content of the Post's reporting are emblem of the Post's reporting as defined by Middlebury College professor Allissa Stanger, author of a recent book detailing the growing extent and dangers of the US government's dependence on private contractors. "This is one of the Post's finest achievements since *Watergate*," Stanger says, referring to the paper's casting of national behavior on the part of top-level Nixon administration officials, including the *Washington Post* itself. "It's difficult to see [Top Secret America] as an unquestioning national security," Stanger says. "It's not a huge public service."

Stanger is quick to the Post's service as warning that the cost of contractors in war zones poses special dangers because it blurs the line between illegitimate and legitimate uses of force. And private individuals under contract to the government have become as ubiquitous as well as well-made as our own Priest and Arkin estimate that, of the 85,000 people with top-secret clearances, almost one-third are private contractors. The numbers are difficult to project, however — even the Secretary of Defense Robert Gates. "This is a testable conclusion," Gates told Arkin and Priest. "I can't get a number on how

many contractors work for the Office of the Secretary of Defense."

Indeed, the Vermont-based operator of national security law, mostly leads Priest and Arkin for their efforts during the past decade to "disseminate the intelligence part of our government." At the same time, the reporters have been "as mindlessly careful" to avoid disclosing information as classified as national security — "as opposed to embarrassing people it punishes," Dryer adds.

To separate on the issue workings of institutions deeply embedded in the military, Arkin says he finds it helpful to live far away from it. "I don't live in D.C. I live here," he declares with a sense of the area meant to encompass the institution outside his window, the village of well-endowed dignified human and, probably, the political culture of Vermont. "It's important to get together the elite of D.C., to get beyond the hullabaloo of the 'vill' looking in certain cases of D.C.," he says with the smile of someone who's as close as he can get to a smile.

Arkin thinks a lot about the Internet but mainly via email or with who-can-speak-by phone when he reports from Vermont or via email with national security or US contractors. At the same time, he does find it essential to travel to Washington once a month — when work is a series like "Top Secret America" doesn't demand his presence there for extended periods. "I'd have to rebuild my personal capital every time in a while," he explains. "If I don't have to be with a team of people, it's hard to get them to be sources."

Arkin's wife of 18 years, Arkin moved to Vermont in 1990 for the same reasons as many other urban expatriates. She and his then-wife, who has relatives in Vermont, wanted a hunting-quality of life as well as a safe, nurturing place to raise a family. (Arkin's two daughters, ages 18 and 16, now live mostly with their mother in Massachusetts.)

She says he loves small-town life and still enjoys being in the big city. It's the culture that Arkin can't handle. "I've never lived there and never will. I've never committed to work," he says. "In D.C., I wanted to work every day for 16 years, and I tried to work every day now, too, mostly in my slippers and pajamas."

When choosing where to settle, Arkin found the "Shire Woods" about appealing because it includes "waterlooing, a desert library and a little airport." So why South Portland rather than, say, Bedford, NH? "Um, I didn't want to live on the other side of the river," Arkin replies. "I definitely find an affinity for what goes on in Vermont."

Missing in what life future as a Vermonter might bring, Arkin suggests half-jokingly that he could establish a tank tank. "Let's see, I could call it the 'Secret Institute of Security Studies.' That'd be a good acronym, right?" \square

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Tech Terrorism

At Norwich, students learn how to attack and defend using software, not bullets

BY LAUREN OBER

On a cyber weapons range, no bullets fly — the noise noise is rapid typewriting keyboards. It looks more like a standard American office than a war zone. But experts at Norwich University say that's the future of war.

If recent experience in Iraq and Afghanistan has taught us anything, it's that modern warfare is an ever-changing beast. Gone are the days of trench combat and footsie fighting. Today's battles are waged not only on the ground, but from behind computer screens. Ideally, in the future, the scales of war will tip more toward virtual combat, with lots and bytes replacing bombs and bullets, says Dr. Peter Stephenson, chief information security officer at Norwich.

Stephenson, a Navy veteran and internationally renowned expert on computer security, heads the university's newest tech endeavor — the Norwich University Advanced Computing Center (NUACC). It houses the Cyber Weapons Range (War Room), a virtual practice range for computer warfare. After many years in development, the center will go live this summer.

While Norwich is already a National Security Agency Center of Academic Excellence — one of the smallest colleges to achieve that designation — the advent of NUACC and the Cyber Weapons Range raises the school's profile within the burgeoning computer security field. Last year, Norwich president Dr. Richard Schneider officially chartered NUACC. The center is currently moving into its new home in the basement of Dewey Hall, a decidedly low tech-looking brick building in the center of the school's Northfield campus.

Of the numerous programs at NUACC, which Stephenson considers rivals any computing center at MIT or Stanford, the one you're least likely to see on any other college campus is the Cyber Weapons Range Room. The physical room is what amounts to the world's coldest walk-in closet, with four stacks of computer servers humongous along with the air conditioning. In a manuscript computer lab adjacent to the war room, the fauna of Starcraft will be taught to tomorrow's scientists and computer alike. (Last year

was a pilot program, this is the first real year of teaching.)

Stephenson, a naval storyteller dressed in his Narwhal-themed Nuttient Calorix uniform, explains the difference between kinetic or physical, and cyber warfare. In a kinetic war, there is some aggressive action perpetrated by a known entity. A kinetic war typically has rules of engagement. By contrast, cyber war is often carried out by an anonymous entity that follows no rules.

"It's hard to know where the attack is coming from," Stephenson says. "It's far harder to attribute cyber warfare than physical warfare."

Stephenson has seen firsthand the damage cyber attackers can do — and his experiences led to NUACC's creation. About five years ago, the former nuclear scientist at Norwich University Applied Research Institute (NUARI) was asked by a friend to help investigate a security breach at Ohio University. Thousands of personal and student files had been compromised by data thieves mining the school's system for

Social Security numbers and other sensitive information.

When Stephenson returned to Norwich, he presented the information he gleaned from the incident to the university's president. "I said, 'If this ever happens at Norwich, we'll be out of business,'" Stephenson says. "We need to protect our infrastructure."

Since then, Stephenson has appointed chief information security officer of the university. His marching orders were to keep the perimeter of the school's network "locked solid," so that no one could get in from outside. But Norwich still needed a computer system students and professors could access for research.

With the help of his son, Mike, and funding from NUARI — a wholly owned subsidiary of the college focused on national security systems development — Stephenson began building a secure system that could be used outside the university's network.

The system Stephenson created brings us virtualization. In layman's terms, the two physical servers that host his 16 virtual computers inside them. So,

instead of 60 different computers doing 60 different things, you could have two computers doing 60 different things. What space and money are considerations, virtual computers make a lot of sense.

The initial cluster has been joined by another virtual system, thanks to students who have Stephenson's system仿制. With nearly \$15 million in donated equipment, Stephenson had enough computing horsepower to run a small city. In addition to the two server clusters — one for the Cyber Weapons Range and one for the school's virtual laboratories — the center features a huge supercomputer. It's smaller than the size of the University of Vermont, but it can grow if you feed it money, Stephenson says.

With the development of NUACC, the university now has hundreds of virtual computers outside the campus firewall that can be accessed anywhere with an Internet connection. Parts of this system are open to anyone at the university in need of remote computing services — from English to engineering professors, says Stephenson.



Dr. Peter Stephenson is chief information security officer at Norwich University.

For all of this conversion demands protection. In a world full of potential threats of cyber war, people like Stephenson must stay four or five steps ahead of potential technology. Accordingly, the job market for information assurance and security experts is vast. The federal government estimates that in five to 10 years, it will need to hire 10,000 people with experience in cyber attack and defense. While "the notion of an aggressive, deep-penetrating kind of war is something we have had to deal with," Stephenson says, we are still learning how to conduct cyber attacks.

To that end, Stephenson and his colleagues have developed a proving-ground exercise in the Cyber Weapons Range that

allows students to mount real attacks and defend real systems. Students in the rigorous sounding Cyber Exercise Lab will split into teams of three. One will attack a system, one will defend it, and one will monitor the successes and failures of the campaign.

The defensive team starts by building a system comprised of one used at any major corporation. Then the offensive team tries to break in.

Stephenson is quick to point out that terrorism vs. computer is just as much of a threat as kinetic terrorism. Cyber weaponry is dangerous, he cautions. If a student steals one of the programs used in the lab, he or she could crack into financial markets, health care systems or government operations. But NEACC

is so secure, Stephenson assures, it is impossible for theft to occur.

Stephenson insists he's teaching students to become hackers. Rather, he argues, if you're going to prevent hackers from breaking into systems, you have to know how they do it. Being able to reverse engineer rootkits, logic bombs and Trojan horses — all types of malware — in a controlled environment is essential.

That knowledge is exactly where needed in today's high-security industry, says Mike Yaffe, whose Boston-based company, Core Security Technologies, provides NEACC with its major cyber weapons program. Core Security's products allow government, corporations, financial organizations and other entities to test their networks by breaking into them. This "blue team vs. defense" method is essential to rooting out problems before systems can be compromised.

Last August, during the reality of cyber threats, both Yaffe and Stephenson say network systems are attacked all the time. One system can

be attacked a thousand times a day by bots (automated software programs) and experienced cyber aggressors.

Mark Beach, systems administrator of NEACC, likes Stephenson's Cyber Weapons Range as a sandbox where you can build and destroy things without threatening structures around it. "It gives you some place you can put an infected system in with a non-affected system and see how it interacts," Beach says. "It's a safe place where you can put something like that and let it wreak its havoc."

Stephenson is nearly giddy when he talks about the program, which is the only one of its kind outside the military. "After the students at the virtual camp are range," he says, "Norwich students will be able to simulate the very computer systems we hear attack in 'live' fire exercises. And when they graduate, there will be an advantage of jobs waiting for them."

"It's very exciting for us," Stephenson says. ☐

NEACC 

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Cut and Paste 101?

Professors face new plagiarism challenges from the digital generation

BY KEH PICARD

As thousands of college freshmen arrive on campuses across the state, they bring with them not only the requisite hardware of 21st-century communication — laptops, smartphones, loads of apps — but also unprecedented amounts of digital darkness. Since never before have college students had so much data literally at their fingertips.

Yet this seemingly limitless universe of information that presents students with tantalizing opportunities to pass off other people's words and ideas as their own. And for some, the temptation to hand in writing assignments that were lifted from the Internet is too powerful to resist.

Plagiarism is by no means a new phenomenon, and no one has suggested that the current crop of students is more ethically challenged than previous ones. However, a 2009 survey of 464 Middlebury College students revealed troubling figures. Of the seniors who took the survey, 44 percent admitted to some form of academic dishonesty, and one-third of those students engaged in such behavior at least once per semester.

Those numbers are consistent with national averages. Many commentators suggest that, for young people growing up in the age of Wikipedia, digital file swapping, illegal downloads and music sampling, the concepts of copyright, authorship and intellectual property can get fuzzy.

Some academics now say that teaching today's students what plagiarism is — and why they should avoid it — has never been a bigger challenge. In fact, Oliver Geistdorfer, a professor at the Vermont Law School who specializes in intellectual property rights and applications of renewables in law, suggests that students' sense of moral ambiguity when it comes to digital "overstepping" may have something to do with how their brains work. Simply put, when students edit and paste passages from the Internet, they may be less inclined to think it's wrong because their brains aren't hardwired that way.

Let's be clear: There are no intent lines showing academic dishonesty on the rise in Vermont's colleges and universities. While some schools reported higher numbers of honor-code violations last year than the year before, officials at others say

the numbers vacillate wildly from one year to another.

Moreover, administrators and faculty who track such figures point out that a spike in the number of academic dishonesty cases doesn't necessarily mean more cheating occurred; only that more students got caught — another task made easier in the digital age.

Joseph Byrne is associate vice president of academic affairs at Norwich University. He also chairs the faculty's academic

standards committee. Byrne says that a number of academic dishonesty cases were reported in 2009, but one got a six-month "suspension," or suspension.

Byrne says he's observed a rise in plagiarism since he arrived at Norwich 37 years ago, and he thinks that has a lot to do with the Internet. "These days, it's very easy to plagiarize, and it's not much work," he says.

But David Kaplan, assistant director of the Center for Student Ethics and

reported to her office each year, ranging from plagiarism in calculus to outright fabrication and falsification of data.

Like Norwich, UVM takes such cases seriously. Kaplan says that between July 1, 2009, and June 30, 2010, 64 students were referred to his office. The overwhelming majority were undergrads. Of those, 79 were found "responsible," or guilty of wrongdoing, and 43 received an "F" or "failing grade based on academic dishonesty." In several instances, usually those of repeat offenders, students were expelled.

The reasons for these sanctions run the gamut from technical violations — a student didn't understand proper citation techniques — to laziness or deliberate wrongdoing.

"When I meet with students, and we have the conversation about how this happened, often it's 'I was overextended,' 'it was in my head,' or 'I had bad stuff going on with my family and I made a poor choice,'" Kaplan explains.

That said, Kaplan suggests that, with digital age, students may have a difficult time recognizing how plagiarism affects their classroom instruction and society at large.

"It's a little more abstract," she says. "It can be difficult to see writing an idea or words in the same context as stealing files or shoplifting."

Jeff Trumbauer, dean of St. Michael's College, agrees. He doesn't believe this generation of students is less honest than earlier ones.

"What is different," he says, "is the variety of technologies and sources of information that students don't know they need to properly cite or give credit to other people's work."

According to Trumbauer, the "old paradigm" of using and citing printed sources has shifted to a point where "even the concept of authorship has gone out the door," and students don't always know to whom they should give credit when credit is due.

Like many Vermont schools, St. Mike's tries to be proactive in addressing the issue. Trumbauer says that all incoming students take a first-year seminar that includes a unit on plagiarism, fair use and proper citations. The school's library staff is particularly helpful in this regard, he adds.



integrity committee. Byrne says that in the 2009-10 school year, faculty reported 16 cases of academic dishonesty among Norwich's undergraduates, most of which were plagiarism. That's higher than the average of 12 cases initially he says.

What were the consequences? Byrne doesn't know how the undergraduate cases were handled because, at Norwich, honor-code violations are addressed by a student honor committee. However, in the same period, 10 of Norwich's graduate

standards at the University of Vermont, doesn't necessarily agree that the problem is worse today than it was years ago.

"I wouldn't say it's becoming a bigger problem," Kaplan says. "Obviously, students have access to more information than they have in the past. But I also think that students are coming in with a pretty clear sense of what's OK and what's really crossing the line."

According to Kaplan, a wide range of "academic integrity" violations are



Prodigious Produce

Each year at the Champlain Valley Fair, there's an Invasion of the Giant Veggies.

BY LAUREN COHEN

100



Survey of European Union Juris

The king of the state's giant-vegetable-growing community wasn't worried about taking home the blue ribbon. When he sized up the other entrants in the recent Champaign Valley Fair giant pumpkin weigh-off, he knew he had the competition licked.

Indeed, there were a couple of challengers to his throne - an ungainly thretonnne pugnacious that caused the facile weighing it to wobble, a crooked, mottled mass of orange that hung in at just under four litres. But no serious threats here. None of the other 200 Atlantic Giants, grown solely for their weight, were as big as the king's bullock, a shaggy offering, whom even year the size of a busker's fist.

In giant vegetables, as in other aspects of life, size matters. *Kern's Companion*, Vermont's giant pumpkin royalty knows this. It's not about being the nearly biggest or almost largest, it's about being the biggest.



To evaluate how radiology is used in personal violence and youth victimization, we conducted a systematic review of the literature.

Compton, who has boyish, bright eyes and a thin crop of salt-and-pepper hair, has been the giant vegetable expert to *Leisure* in scores of tests. Last year

WHY GROW A REGULAR PUMPKIN WHEN YOU CAN GROW A BIG PUMPKIN?

JENN TRUMP

GIANT-VEGETABLE WORLD RECORDS

October, his personal best could very well be history.

"I still have two left in the garden," he says, clearly confident in the plant's capacity to pack on pounds between now and then.

Competition isn't the only Venetian growing garnishment product. In the nine years of FIGVALO existence, gourd vegetable growing has been picking up momentum in the state. The club boasts more than 50 members, and each year their weigh-offs attract more and more hobby growers. This year fine weight oil-flavored eight-gauge pumpkin entries — the most the club has ever had there.

Other gourd vegetable growers don't stop at pumpkins. Other specialties at the



11 SIDE dishes

BY SUZANNE PODHIZER & ALICE LEWITT

Mexican Madness

MICHAEL SPANIER

BURLINGTON, MASSACHUSETTS Reflected food isn't just for lunch and dinner anymore. On August 11, the downtown eatery introduced friedby brocoli, nachos with chipotle Bloody Mary and steak and eggs with kimchi salsa over country hash. Its version of eggs Benedict comes with grilled Vermont ham and spicy hollandaise. "We did a little soft opening two Sundays ago ... It's really catching on very quickly," says co-owner **MICHAEL SPANIER**.

The eatery, which isn't the only new thing at the restaurant, Johnson & Wales culinary grad **SARAH LAWRENCE** — it's run by

Burlingtonian and former Albuquerque resident who works with owner **MICHAEL SPANIER**, is the kitchen — is bringing flair to the fare. Recent dish specials include "a beautiful soufflé with **Vera Cruz**," says Andrew Breslow, as well as pork carnitas with kimchi and ever-changing empanadas.

With fall just around the corner, Breslow says to expect plenty of traditional Mexican dishes with winter squash, which will — like squash at Miguel's — make use of Vermont produce.

Chief Lawrence and the restaurant's new GM, **AMY MARX** — a one-time resident of New Mexico and former restaurant owner — will both be involved in creating a line of specialty products for Breslow's hope to introduce around the holidays.

The goods will consist of several soups, hot sauces, chips and two flavors of

Miguel's house-made dressings — avocado vinaigrette and chipotle Caesar. Stocking up there, anyone? — **S.P.**

Cracker Jack!

WERNER COMPANY HITS THE ROAD

WHEN WHETTER LAST started WERNER'S CRACKERS IN 2005, she took her hand-cracked croutons to the Loudoun County Farmers Market and promptly sold out. That early success was a harbinger of a good sign. Now, a little more than two years later, the soft-spoken Vermonter's crack to a nation has expanded dramatically.

As of July, Whetter's line has have been sold at the North Carolina-based Fresh Market chain of specialty grocery stores. "They were looking for a cracker and a healthy bread issue," Whetter says. She's already got shelf space at Whole Foods' locations in New England and, around the holidays, the company's mid-Atlantic stores will carry the crackers, too.

The big game isn't Whetter's only important customer. She sells plenty to local mom-and-pop stores and to co-ops, she says, and to "all the little cheese shops in Brooklyn."

Last winter, as her customers began to eat, Whetter decided it was time to invent some new flavors. Her approach? "As an artist, I'm always thinking outside," she says.

She's already had the grainy-looking Windham Wheat, the seated Lentil Eye and the glazed Molasses Maple. Lucy decided to add something with a little more color. "That's when I thought of

Essex Excitement

RESORT & SPA GETS A CULINARY FACELIFT

THOSE OF BURGESS RESTAURANT & SPA IN THE Essex YARDINER'S CULINARY RETREAT & SPA, may have noticed a recent change of the guard. Two weeks ago, **SHARON CALLEY** — for nearly chef at HARRIS-CARIBOU in Jeffersonville and most recently executive sous-chef at The Essex — took on the role of executive chef. According to Calley, previous chef **MARK COOPER** left to pursue other interests. Calley may join an existing food business, says Calley, "or possibly [do] something on his own."

Calley's chef tenure has already brought big changes. The tavern will have a new dinner menu beginning September 5, then presenter updated its breakfast and lunch choices the next day. The Essex's famous Sunday brunch is now a thing of the past. Calley says that, without the extra hands of **MARK COOPER**, students, the line spread was nearly impossible to produce. Instead, he's switching to high-quality, creative à la carte options, including lobster Benedict and deviled eggs and omelets with home-made pesto and smoky local bacon lardons.

Calley's form-to-table focus will get even sharper in upcoming weeks, when the tavern and the more upscale dining room have one separate kitchen each again. (They were joined after MRCI and The Essex parted ways in 2009.)

The new entry, to open by the end of September, will be led by **MARK HARRIS**, the chef who left the inn two years ago. At The Farm, Calley plans to announce five or six daily appetizers and the same number of entrees on a blackboard.

What can diners expect? Calley says he's already purchased every hard saddle and "medium" chuck. **BLACK ANTLER PORK** could offer him.

Bread and beverage director **THOM HEDGES** says that, in keeping with the new eatery's name, his goal is to grow as much as possible in an in-house garden and supplement with produce from the inn's farm. "We're focusing on 'making the resort self-sustaining,'" he says. Likewise, the restaurant's focus will rely heavily on items from its own bakery.

Calley is giving himself time to get comfortable in keeping the inn's menu of "truly nice wings and great burgers" with the more creative ones still to come at The Essex's Farm. Once he has his footing, he says, he plans to slowly introduce more hand-rolled pastries, a wide variety of charcuterie and smoked meat. "Basically, I have to do the walk before I can start running," Calley says. — **A.L.**

pumpkin," she says. Throw in some dried cranberries, a bit of thyme and a hint of spiced, and you've got a Putney Pumpkin crostino.

Lucy's other new creation, **Roasted Rosemary**, features creamy cornmeal

studded with herbs and sea salt crystals.

For all three bakes, Castleton Crackers have something in common: "They're all designed to pair wonderfully with Vermont cheeses," Lucy says. — **S.P.**



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Growing Business

Local restaurants that plant their own gardens are reaping the profits

BY SUZANNE PODRAZIK



Tom and Lori Deluca's garden

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In the center of Tom and Lori Deluca's Charlotte garden, Rossana, their plants climb a pyramid of wooden stakes, broad pads dangling toward the earth and tendrils looping out on all sides like Medusa's serpentine locks. Visitors who wander farther will see huge heads of purple endives and sunny squash blossoms strung in finger-sized marion da fava. March of the produce will end up on the tables at Trattoria Deluca, the Deluca's cozy Italian restaurant that's a favorite in downtown Burlington.

Supplying a restaurant with produce from its own garden isn't a new idea. Mary's Restaurant at the foot of Baldwin Creek and Shallowford Farms are two decades old establishments where summer diners can take a stroll and see where the farm-to-table fare comes from. But these days, the number of local eateries engaging in agriculture is swelling. While some restaurants simply grow a few pots of herbs for garnishes, and others, like the Deluca's, produce sprawling vines they can't get elsewhere, still others strive to generate nearly all the seasonal vegetables they need.

Whatever the scale of the agricultural endeavor, the benefits are clear: "I love that you can pick something during the day and incorporate it into a special that night," says Tom Deluca.

The Deluca's started their garden 10 years ago to cultivate heirloom varieties from the Old World. On regular trips to visit Tom's Italian relatives, the couple tried crisp, sweet cucumbers as plump as baseballs, antelope-green and a particularly pungent Striklii arugula. None of these could be snared in the Green Mountains.

In 2008, the Deluca's decided to expand their gardens to grow under a quarter acre, with the goal of supplying the Trattoria as well as their home kitchens. For the

Trattoria Deluca 112 St. Paul St.,

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past few years, they've hired an intern from the University of Vermont's ag program to help with the woodcutting and harvesting. The Italian will keep much of the produce for their restaurant from Diggard's Mirth Collective, the Internals, Peab Hall and Black River Produce, but they work their ingredients into the menu when they can.

At the Tratt, for example, they skewer sirved broccolini leafy greens with pickled fiddleheads and the like, papaya wild arugula that speaks to many of the garden's weeds and greens. A variety of freshly plucked herbs end up in Tom's bruschetta, house ketchup, pesto, too.

And the Delish customers discern know it. A look on the back of the restaurant's menu announces the prevalence of ingredients, and servers are trained to talk to customers about vegetables with which they may be unfamiliar, such as escarole and cardoons. Often, Tom says,

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Sandy Lincoln's green thumb

customers are surprised to learn one can grow such edibles in a home garden.

Sourcing produce directly from the garden requires a certain effort to make a few adjustments. For one thing, they need to get accustomed to using items that don't always look picture perfect, no matter how good they taste. Tom Delis

says when he recalls that, early on, he caught hisself refusing the opportunity to trade to make a family meal for the staff, because they didn't think it looked good enough to serve customers. Now, he says, they eat most everything.

And what doesn't go on the table — about 20 gallons of scraps per week — lands on the Delish compost pile. With help from Champlain Valley Compost Co. in Charlotte, says Tom, they've enriched that backlog's hearty clay soil with nutrients.

Backyard gardening was a natural business expansion for Sandy Lincoln, owner of Sandy's Books & Bakery in Rochester. Her 30-year-old store sells used and overstocked volumes on topics relating to "sustainable agriculture and rural ingenuity," she says. For the past five years, she's also been raising organic fruits on her small adjoining plot.

An abandoned field on the back of the store property gave Lincoln a chance to practice what her store preaches — by making it another look on the food system chain. The field became an 80-by-120-foot garden with nothing under an arbor covered with morning glories.

"Our first year we just did potatoes," Lincoln says. Now she grows and serves heirloom tomatoes, Bloody Mary beans, purple sage, beans, black beans and edible flowers. She pairs them with meat and fruit from approximately 40 local purveyors, from full fledged farms to foragers who show up at the back door peddling mushrooms or larvae.

Lincoln notes that gardening is a nice change of pace from running a business. "My life has been so busy and to be out in the garden, playing in the dirt and planting things, is so good for the soul," she says.

It also seems to be good for business. "We cater to people who are very particular about their food," says Lincoln, and adds that Sandy's has had great reviews on review sites. "I would say there's a growing populace that wants to appreciate or grow [local]," she says. And diners who like her local fare and trusted colleague sandwiches can always park up a hook on food policy or homelessness to go.

While plenty of Vermont estates maintain backyard gardens, a few have gone whole hog into food production — sometimes literally. Take Supergrass, a 6-year-old internet and catering company with locations on Elmwood Avenue in Burlington and at Technology Park in South Burlington. In season, as much as 20 percent of the produce comes from the company's own three fertile acres in the Internals.



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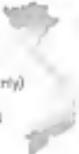
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food

Growing Business in 802

From manager Jen Miller uses about a third of the space for "sustainable veggie production," says Bergman, founder and co-owner Abby Dale. Another acre is dedicated to perennial herbs, shrubs and fruit trees, including pear, cherry, currants, gooseberries and gooseberries. Seven pigs spend their days helping sunset days on the fluid farm, which will be rotated into vegetable production next year.

Thanks to the business' new South Burlington location, with its extra storage space and walk-in freezers, Bergman can now preserve some of that bounty for colder months, says Dale. "We're making pickles and jams," she says. "We're filling the fridges with pickled local red onions, onions."

A flurry of food preservation is also happening right now at the Federal in St. Albans, where chef-owner Marcus Hamblatt is up to his ears in dilly beans and other pickled and preserved vegetables. He's turned 75 pounds of fresh kohlrabi into pickles — enough to supply the restaurant for a year. In fact, until the harvest shows, Hamblatt's ambitious garden will provide nearly all the produce for the 250-seat restaurant he owns with his wife, Birks.

How did the former New England Culinary Institute chef transition and up his farm-to-table eatery? Hamblatt explains that he has a dairy-farming background and the inclination to prove it — a parcel of land in Holland, WI, back in the 1960s era, his parents participated in the government-subsidized "whole-hedger" program. Since then, their land — reserved for agricultural purposes by conservation easements — has been fallow. Last year, Hamblatt quietly farmed an acre of eggplant as a trial run to see if growing produce for the restaurant was worth his while.

When that went well, he quadrupled the acre. This year he's got four acres in eggplant production with the help of a full-time gardener, plus another acre

cultivated by a St. Albans couple. A 10-foot greenhouse grows Hamblatt's early strawberries on the season.

All the earth makes a logo perfect for lettuce, eggplants, radishes and cherry tomatoes. The leek and cauliflower crops weren't what Hamblatt had hoped for, but when he talks about the Bolands' supply of tomatoes — many of which end up in French fries — he's confident enough to describe it in rather shrill terms. "We've got about three cases of pickles we're harvesting right now."

Where do you put that many tomatoes? The Federal is root cellar, Hamblatt explains cheerfully. "But I go through 1000 pounds per week, so we're using them as fast as I'm digging them up." Most of One Red's 2000 pumpkins and other winter squashes are still in the vine.

Hamblatt invested about \$5000 in farm equipment this season, but, nevertheless, he guesses that this year his DIY approach will end up saving the Federal between \$5000 and \$8000. Next year, without the equipment costs, the savings should be even greater.

The fact that his customers are asking for his carrots and radishes hasn't hurt, either. "It's made us知名 because people like the fresh food," Hamblatt speculates. He says a surprising number of diners have noticed that the eatery's signature "dillies" — dry-dried pickles — taste even better now that they're made with home-made dills.

Hamblatt will probably plant a little less next year, he says, sure that this year's crop exceeded the restaurant's needs, but he won't be less busy harvesting. He has plenty of ambitious schemes in the works, including opening a brewery that will use hops from 75 plants already growing in his garden.

Hopefully all that work is paying dividends, both financially and personally. His parents, Hamblatt says, are astute that he's using the land again. "I



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Clinical Case Manager - One full-time position available for a person responsible for providing individual and group counseling, rehabilitative and social work services to persons with serious and persistent mental illness in a recovery based & trauma sensitive environment. Position is responsible for coordination of services with community mental health providers, psychiatric providers and other community agencies. Masters degree in social work, psychology or counseling with a minimum of three years experience working with individuals with serious and persistent mental illness.

Vocational / OT Coordinator - One full-time position open for an energetic, recovery-oriented individual to provide vocational assessment, training and development in coordination with clinical and direct care staff. Candidate should have excellent communication and computer skills and the ability to work as a team player. This position requires a masters degree and two years experience. bachelors degree and three years experience, a combination of education and relevant experience and/or an Occupational Therapist degree may be considered.

Recovery Staff - One full-time opening for a nightshift shift, as well as several part-time openings for recovery staff to provide direct care to consumers in our community recovery setting that would generally receive services in a hospital environment. Duties include (but are not limited to): providing supportive counseling, caring and recording resident activities and behaviors, taking vital signs and assisting residents in meeting basic daily needs. The full-time position is earned with benefits, and is scheduled as three 12-hour overnight shifts and one four hour shift.

Housekeeping / Cleaning - Duties include providing housekeeping services including, but not limited to: laundry, floors, dusting, windows etc. as well as assisting our residents to learn similar skills as they transition to independent living. This position is part time hourly up to 20 hours per week.

Valid driver's license, excellent driving record and safe. Insured vehicle also required. All positions offer competitive wages - benefits eligible positions offer a flexible benefits and time off package.

Applications or resumes may be submitted (no phone calls, please) to:

Lori Schober
Second Spring
118 Clark Rd., Williamstown, VT 05879

Or via email at loris@cscorp.org.
EOE

EXTERIOR PAINTER

- Must have:
- 2+ years experience
- Good Work ethic
- Ability to work 40 hours/Week.

Lafayette
PAINTING

Lafayette Painting • over 30 Years in Business • Bar-Reliability
Company • Location is High-End, Professional Work • Commercial/
Residential Work • Call Paul, 802-862-3291.

BURLINGTON
COLLEGE

DIRECTOR OF STUDENT LIFE

Burlington College is in the mode of an exciting transition, anticipating our move to a larger campus and projecting significant enrollment growth during the coming year. In support of these vision, we are seeking an experienced Director of Student Life. Reporting to the President, the Director for Student Affairs, the individual in this position will hold overall responsibility for student support services, housing and residential life, student activities, and community partnerships.

The successful candidate will have experience in student life administration, career services and community partnerships, and a familiarity with ADA and access measures. We seek an engaged and energetic individual with a demonstrated commitment to make both student access.

Requirements include a master's degree in a related field, and excellent oral and written communications skills. Burlington College is an equal opportunity employer.

*Under-Dominic Paskett, Vice President of Administration and Finance,
Burlington College, 95 North Ave., Burlington, VT 05401
Email: Upsilon@burlingtonvt.edu. No phone calls, please.*

MAJDE

The State of Vermont

For the people... the place... the possibilities

MENTAL HEALTH ACUTE CARE MANAGER

State of Vermont Department of Mental Health

The Department of Mental Health is recruiting a permanent full-time acute care manager to join the Adult team in Winooski. Duties include the clinical review of severely mentally ill adults admitted to acute mental health inpatient settings, including consultation and coordination with general hospitals, designated agency emergency services and treatment teams, and inpatient service providers. We are looking for someone with a master's degree in a human services related field, with a current license or who can be licensed within one month of hire, at least four years of clinical experience working with adults with serious mental illness and knowledge of treatment options including inpatient psychiatric treatment for adults. If you're interested, contact Michelle Lovelace at 802-241-4012 or email Michelle.Lovelace@dhhs.state.vt.us. Please reference job posting #40033. Application deadline is open until filled.



**Development
Director, Vermont
Principals' Association,
Montpelier, VT**

Part-time position to spearhead our fundraising and marketing efforts. Go to school spring break, call # 470710 for specific details and to apply.
Inquiries welcome
lpgrave@vpanet.org

Information Technologies/ Systems Operations Generalist

Sabretooth Digital Inc., the Northeast leader in digital content development and delivery, is seeking an Information Technologies Generalist to grow with our company. Duties include managing information technology services, software processes and procedures to increase the efficiency of operations. This position also involves coordinating with ownership regarding the selection, design, development and security of data systems and storage; managing the overall operation and maintenance of data systems including the development, maintenance and implementation of hardware, software, user applications and peripheral equipment.

Send cover letter, resume and salary requirements to
Jobs@dvmeasures.net.

40 University Dr., Concord, VT 05447
(802) 352-0965
www.dvmeasures.net



**RICH
FROG**
Skipper/Warehouse
Worker (Part Time)
Rich Frog Industries

Local toy and gift company is seeking a warehouse worker. Job duties include packing, shipping inventory, stocking product inventory and loading/unloading freight. Experience in warehouse environments with some shipping experience preferred. This position is currently part time but could grow to full time in the future. Experienced

Rich Frog Industries
1750 St. St.
Winooski VT 05401
recruiting@richfrog.com

**Burlington
Police
Department**
Full-time temp
clerical support
for operations
staff. Includes
data entry,
cheduling, mailing office in
Dodge St.

www.burlingtonpolice.org

Please fax resume, letter of intent, personal history information and any applicable reference to: Recruiters, 10 North Ave., Burlington, VT 05403.



HEAD CHEF / KITCHEN MANAGER

Two Brothers Tavern, a Middlebury, Vt. landmark, is seeking a positive professional to lead the daily kitchen operations of our high volume, 45 seat restaurant and bar.

At least five years of executive-chef level experience required. Ideal candidate will also have strong management, culinary, communication, time management and computer skills. Job should be promotable, enjoy a collaborative creative process and be committed to creating unique, homemade menu from fresh local ingredients. Competitive pay, benefits and performance incentives.

Send resume and references to:

TWO BROTHERS TAVERN
PO Box 491, Middlebury, VT 05452
info@twobrothersvt.com



PhotoGarden
Cameras. Digital Solutions

PHOTOGRAPHY SALES ASSOCIATE

PhotoGarden has a part-time position available for an applicant with an excellent knowledge of photography who enjoys extensive customer interaction. Our ideal candidate enjoys sharing his/her photographic knowledge. Experience in photo editing, manipulation and graphic design a plus.

Email resume to photonet@sovernet.org or mail to
PhotoGarden, 10 Dorset St., S. Burlington, VT 05403.
(No phone calls, please.)



340 Benét St.
St. Albans
863-3233

The Women's Source For Sports is looking for women who enjoy active lifestyles to join our sales staff!

Part-time Sales Associate

Position includes some weekend hours.
Start hours: M-F, 10-6; Sat, 10-5; Sun, 12-5
Apply Within.

HowardCenter

Developmental Services

SPECIALIZED COMMUNITY SUPPORT WORKER

25-year-old men who enjoy independent living, hiking and moves needs 25 hours of morning support. In the Milton and Burlington areas. Knowledge of ASL or willingness to learn required. Shift must be comfortable around houses and enjoy being active. Monday through Friday mornings. Benefits available.

CAREER ADVISOR—SUCCEED

Program Career Advisors help college students with developmental disabilities identify a meaningful career path through securing part-time employment and an internship placement. They work closely with students on job-related skills such as interview coaching, and workplace communication as well as support students to build employment portfolios. Candidates with a background in business and experience with the population is preferred. This is an exciting opportunity to work in a cutting edge post-secondary education program. Inclusive and dynamic Burlington, VT. Fulltime with unique benefit package.

TRAINING SPECIALIST

Charming 65 year old woman who enjoys walking, visiting parks and can ride needs 20 hours of weekday support. Ideal candidate for this benefit eligible position is a woman willing to train new associates who can offer gentle encouragement and support. Hours are flexible.

RESIDENTIAL INSTRUCTOR

This busy New North End home offers the right consequences, detail, and train-in-tended individual the chance to work with an energetic team providing needed support and training to six developmentally disabled adults. Focus of the work is basic living, vocational skill development, and taking part in many social and community activities. Hours for every day while growing professionally and personally. Total personal care and household duties required: 17 hrs. work working Tuesday, Saturday and every other Wednesday.

Mental Health and Substance Abuse

EMPLOYMENT COUNSELOR

Part-time position (10-hour) working in an evidence-based supported employment program assisting individuals recover from mental illness with their employment and education goals. Responsibilities include community based assessment, skill assessment, lead developing a network of jobs in the community and to facilitate to work in a multidisciplinary team. Two years human services work experience, valid Vermont driver's license, registered vehicle and knowledge of community resources required. Knowledge of the Burlington business community preferred.



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ISLE COUNTIES

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CRISIS SUPPORT STAFF

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www.nwcti.org

For previous details, application links, additional hours and to learn more about NWCTI, visit our www.nwcti.org Opportunities for Employment.

"Creating a stronger community,
one person at a time."

NWCTI Inc., 107 Folger Pond Rd.,
St. Albans, VT 05478 nwcti.org

Town of St. Albans, VT - EMPLOYMENT OPPORTUNITY

TOWN PLANNING ADMINISTRATOR

The Town of St. Albans, VT is resuming its search for a Planning Administrator. This is currently designated as a part-time (24 hours/week) position; however, it is anticipated that July 1, 2011, this will become a full-time position. Benefits are available and salary is negotiable. This position performs technical administrative and regulatory work related to the Town's planning process. The successful applicant will possess a high degree of research, analytical and communication skills, a positive attitude, and the ability to work as part of a team.

For a complete job description, please go to www.townofstalbansvt.com and click on the link for the Planning Administrator job on the home page, or contact Jennifer Long of personnel at personnel@stalbansvt.com or at (802) 521-0348.

To apply, please send a cover letter and resume to personnel@stalbansvt.com by September 30, 2010. The Town of St. Albans is an equal opportunity employer.

Washington School District

Invitation to Bid Re-Roofing/Insulation Project 2010

The Washington School District is accepting sealed bids for a Re-Roofing/Insulation Project for the fall of 2010. All bids must have "Re-Roofing/Insulation Project" clearly marked on the outside of the envelope and must be received at the Orange North Supervisory Union office by Friday, September 3, 2010.

The Re-Roofing/Insulation project will include re-roofing and insulation installation of a section of the Washington Village School.

All bids must include not-to-exceed contract price, proof of insurance (per spec), three current references and all additional requirements listed in the bid specifications.

BID AWARD: Bids must be received at the Orange North Supervisory Union Office by September 3, 2010, until 4 p.m. local time. Bids will be opened shortly thereafter. Bid awards will be made at the September 14, 2010, School Board meeting. Phone and fax bids will not be accepted.

SITE VISITING: All interested bidders are strongly encouraged to attend a site visit on Monday, August 30, 2010, at 4 p.m. This visit will enable bidders to review the area to be worked on, obtain general information about the project, and have questions answered.

BID SPECIFICATIONS: Bid specifications and prints must be obtained from the Washington North Supervisory Union.

Please contact:

Chris Locarno, Business Manager

Orange North Supervisory Union

1118 Brush Hill Road

Washington, Vermont 05679

802-433-5818

Monday through Friday, between the hours of 7:30 a.m. and 5 p.m.

The Washington School District reserves the right to reject any and all bids, or to negotiate individually with any contractor to serve the best interests of the school district.



Financial Assistant – Payroll

This is a full-time position in the Clerk/Treasurer's Office that is responsible for performing technical and administrative accounting work including payroll and human resource administration, departmental and unit reporting. High school diploma with three (3) years of direct payroll-related experience required. Associate's or bachelor's degree in accounting preferred.

For a complete description or City of Burlington Application, visit our website at www.kpds.org.ci/burlington.vt.us or contact Human Resources at 802-863-7145. If interested, send resume, cover letter and City of Burlington Application by September 10, 2010 to: HR Dept., 151 Church St., Burlington, VT 05401.

EOE

WOMEN, MINORITIES AND PERSONS WITH DISABILITIES ARE HIGHLY ENCOURAGED TO APPLY

MORTGAGE ORIGINATOR Burlington

Responsibilities include the review of mortgage loan documents, preliminary approvals, and establishing the terms and conditions of the loan with the member. Evaluating loans for sale on secondary market, and selling and cross selling additional products and services. The position is based in our Burlington branch location. Six months to two years of similar or related experience and a high school diploma required. Salary is paid on a base-pay + commission basis. Competitive benefits package provided.

Vermont Federal Credit Union is a financial cooperative that operates six branches, in six counties serving over 28,000 members. We offer competitive pay and great benefits.

Send resume to:

Anthology.org or
FAX (800) 656-9827 or
Vermont Federal Credit Union
Human Resources Department
PO Box 407
Burlington, VT 05402.

We are an equal opportunity employer

**VERMONT FEDERAL
CREDIT UNION**

Public Policy Manager

Vermont Businesses for Social Responsibility seeks a Public Policy Manager to develop and implement public policy strategies, outreach and education programs for over 1,300 member business organizations.

The position is full-time, salaried. For full job description go to www.VERIFY.org. Applications deadline is Sept. 16, 2010. Please send resume and any other materials to hr@VERIFY.org.

New hiring experienced

PART-TIME SERVER

for n.e. and s.w. shifts.
Apply in person to:
Interior Restaurant/
Holiday Inn, 1066 Williston Rd.,
S. Burlington, VT 05408
or email to:
jobwishes@vtdel.com

Handicap accessible



Handicap accessible

Franklin County
United Way seeks

PT/TMP CHAMPION ASSOCIATE
Salary immediately and
on 1/1/11. Candidates must be
highly organized & have excellent
interpersonal skills. Bachelor's
degree and some volunteer &
paid experience
knowledge of community orgs
or visit to: www.unitedwayvt.org
PO Box 342, St Albans, VT 05478

TOWN OF WILLISTON Public Works Dept.

The Public Works Dept. is seeking qualified applicants for a full-time position within the Water & Sewer Division. This position carries a full-benefit package including health, dental and vacation. The ideal candidate should be experienced in the operation and maintenance of public water and sewer systems.

Applications are available at Williston Public Works Office 7875 Williston Rd. Williston, VT, 05495 or online at <http://Town.williston.vt.us/>. Application deadline is September 12, 2010, at 4pm filed. EOE



VERMONT TECHNICAL COLLEGE

TECHNOLOGY DRIVEN - RESULTS FOCUSED

Vermont Technical College is seeking two part-time **Public Safety Officers** for the Williston campus. Both weekend and evening shifts. Duties to include protection of people and property on the college campus and to assist in the handling of emergency situations. Patrol of campus buildings and grounds to prevent and/or handle any incidents of theft, vandalism, fires or fire hazards; orderly conduct, direct security or other issues. Ensure that buildings are locked and unlocked as appropriate; check physical plant at night. Report any security incidents and unusual or hazardous conditions as appropriate. Respond to calls involving modest emergencies.

Qualifications: High school plus 2-3 years of relevant experience including one year of directly related security or law enforcement/training experience. Excellent customer service and communications skills, basic working knowledge of Microsoft Office software. A valid Vermont drivers license is required. A fingerprints supported criminal background check is required for these positions. Continued employment is contingent upon the results of this check.

A post-offer pre-employment physical is also required.

To apply: Please submit a Vermont Tech employment application with resume and cover letter to: Office of Human Resources, Vermont Technical College, PO Box 600, Randolph Center, VT 05061

Employment application is available on the Vermont Tech website www.vtc.edu

Vermont Tech is an equal opportunity employer

PARALEGAL

Our law practice seeks energetic and bright paralegal for full time employment. This team involves handling many aspects of real estate transactions (title searches, examining closings, etc.) and some litigation support. The right candidate will be well organized and self-motivated. Excellent writing and quick thinking skills are required. Employer is willing to train the right candidate.

Competitive salary (based upon experience) and excellent benefits. Enjoyable workplace environment.

Send cover letter and resume to:

Hiring Attorney
Mailbox 312
90 Cedar Street
Montpelier, VT 05750

Warehouse Manager

Experienced warehouse manager for a growing company in the Burlington area. Requirements include experience managing staff, receiving and shipping product, inventory control, computer literacy, particularly warehouse software, inventory control, barcoding, document processing, etc. Salary with benefits DOE. Send resume to whsrecruit@btconnect.com

Kwiniaska

Kwiniaska Grill Club
is now accepting applications
for full-time position.

Openings exist in our
SNACK BAR.

The position involves food
preparation, beverage service
and cash register use.
Flexible schedule, must be
available for night shifts.

Visit our website
www.kwiniaskagrill.com,
download a job application and
mailto:hr@kwiniaskagrill.com.

Concrete Curb Formworker

Seeking experienced
personnel to work on our
concrete curb crew. Must be
able to lift 100+ lbs and place heavy
concrete forms on a continual
basis and be willing to work
long hours and weekends.
O.T. pay!

Apply to:
50 Island, an Equal
Opportunity Employer.
PO Box 2206,
5, Burlington, VT 05407
Cell #802-654-8281.

Story Time

Story Time
Family Child Care
series

smart,
energetic,
nature-loving,
organic
food-eating
individual

to help children learn and grow through their early years. Individually or with a bachelors degree in early education/child development, and the ability to work the night shift if qualified in the construction field. Experience working with young children is necessary. An interest in developing nature-based preschool curriculum is a plus. We honor and maintain a connection with the Earth, including a love of Mother Nature, desire to increase awareness of the earth's ability to play a part in other instrumentality to be active, live a healthy life. We want individuals to feel free, independent and feel direction, guidance and lots of learning and teaching. Evenings working with children ages 2-5. Flexible hours available, including night shifts, part-time, full-time and sick days. If interested send resume or letter describing yourself to kathy@portholeart.com.
You can also call 802-765-1923.
Thank you!



NORWICH
UNIVERSITY¹⁸⁰⁹

ASSISTANT DIRECTOR OF CLASS RELATIONS

Work with the Director of Class Relations to manage class activities and student giving programs. Responsible for student relations including events and the Student Alumni Association. Serve as the liaison for the first through the 10th reunion classes, including coordinating the 5th and 20th reunions to maximize attendance and participation in the class gift. Responsible for the Norwich presence and interaction on social networking sites.

ADMINISTRATIVE ASSISTANT OFFICE OF ACADEMIC RESEARCH

Administrative work supporting the Associate VP for Research and the Academic Dean's Office Manager. Duties include coordinating daily office operations and workflow, working with a wide range of university constituents and faculty, arranging funding opportunities, processing award approvals, purchases and expense and deposit transactions and maintaining records of program activities. In addition, coordinates with other staff in support of major academic events including the Colby-McMurry Writers Symposium.

Please visit our website www.norwich.edu/jobs for further details and information on how to apply for these and other great jobs.

Norwich University is an Equal Opportunity Employer offering a comprehensive benefit package that includes medical dental, group life and long-term disability insurance, flexible spending accounts for health and dependent care, retirement savings plan, and tuition scholarship for eligible employees and their family members.

Gallery Coordinator and Curatorial Assistant

Nonprofit Contemporary Art Gallery Burlington Vermont

The Firehouse Gallery, Vermont's leading contemporary art venue, is seeking a Gallery Coordinator/Curatorial Assistant. Candidates must be experienced in gallery/museum management, well organized, detail oriented, able to work independently, and have excellent writing and oral communication skills. He or she should be outgoing, friendly and work well with the public.

The gallery coordinator is responsible for all day-to-day aspects of running the gallery including shipping and receiving artwork, sales, correspondence with artists and clients, paying bills, bookkeeping, and supervising volunteers. He/She will manage events, assist in the operation of year-round art-residence programs, and work with the curator in exhibition installation including light construction.

Candidates should have extensive knowledge of the contemporary art world and experience using Windows OS including Microsoft Word, Excel and database systems. Candidates must be available to work evenings, weekends and holidays as required. Bachelor's degree in art history or related field required. Full-time, excellent benefits including health.

For a complete description or City of Burlington Application visit our website at www.jobs.of.burlington.vt.us or contact Human Resources at 802-865-7145. If interested, send resume, cover letter, and City of Burlington Application to:

HR Dept.,
131 Church St.,
Burlington, VT 05401. EOE.

BCA

Women, minorities and persons with
disabilities are highly encouraged to apply. EOE



UnionStreet Media is a web development company located in Burlington, VT.

We have openings for the following positions:

Marketing Manager

For more information visit our website www.unionstreetmedia.com/jobs

To apply, please email your resume, cover letter and LinkedIn profile to jobs@unionstreetmedia.com.

Phone calls, please.

**DIRECTOR OF PHYSICAL PLANT**

Burlington College is in the midst of an exciting transition, anticipating our move to a larger campus and preparing to expand enrollment, nearly double the current count. In this offsite office, you are seeking an experienced Director of Physical Plant. Responsibilities include managing maintenance and facilities, including the physical plant and facilities available for a number of the college's extracurricular and residential. Responsibilities include building maintenance and repair, grounds maintenance, supervision of custodial staff, maintenance project bids, and working with outside vendors.

The successful candidate will have knowledge of the building trades, experience in facilities, as well as experience in project management, and appreciation of a responsible security position, project management experience and supervisory experience. Must be able to lift up to 75 pounds and hold a valid driver's license. Strong communication and organizational skills desired. Burlington College is an equal opportunity employer.

Contact: Charles Pleskot, Vice President of Administration and Finance, Burlington College, 95 North Street, Burlington, VT 05401
Email: Cpleskot@burlingtonvt.edu. No phone calls please.
Deadline for application: September 10, 2010 AA/EOE

**Staff Accountant**

We are seeking a full-time professional to join the Business Office team. This person will be involved with a variety of accounting operations including accounts receivable, grants, payroll and general ledger. Bachelor's degree in accounting plus two to four years relevant experience is required. Knowledge of student accounts, grants administration or payroll, as well as experience in higher education or nonprofit organizations is preferred.

Please visit www.ccvvt.org for the full position requirements and application instructions.

CCV offers a competitive salary with a generous benefits package including medical, dental, insurance, plus 401(k), 12% retirement contribution and tuition waiver.

CCV strongly encourages applications from members of ethnic minority groups and other under-represented backgrounds. CCV is an Equal Opportunity Employer in compliance with ADA requirements.

We have openings for the following positions:

Marketing Manager

For more information visit our website www.unionstreetmedia.com/jobs

To apply, please email your resume, cover letter and LinkedIn profile to jobs@unionstreetmedia.com.

Phone calls, please.

**Full-time writer/producer**

WCAX-TV is looking for a full-time writer/producer for our award-winning Creative Services Department.

If you're spending most of your time and great writing skills, can fit the ground running and fast-paced environment, send your resume and a three-second writing samples to jobs@wcax.com or Creative Services, WCAX-TV, PO Box 6488, Burlington, VT 05404. No phone calls.

**Customer Service**

A Customer Service Representative will professionally respond and interface directly with customers. A qualified candidate will be able to handle requests by telephone to customer orders, perform data entry, generate standardized reports and perform all other duties as assigned.

Qualifications include a high School Diploma or equivalent and a minimum of six months experience working with customers via phone and/or in person along with data entry skills are required. A CCRS must possess strong interpersonal and problem solving skills, be detail oriented, and be a team player.

Application Deadline: 09/15/10

Apply by phone or web: (877) 573-7447 or www.RFShares.com

Equal Opportunity Employer M/F/V/H/D. EOE

AA/ EEO, M/F/V/H/D
Drug Free Workplace

ORTHODONTIC ASSISTANT

DRS. FISCHER, ZIEGLER & LUNDBERG, Burlington

Seeking a full-time assistant for our busy orthodontic practice to provide dental patient care. Knowledgeable and well-referenced clinical experience and previous orthodontic certification. Other candidates will be considered. Candidates must be current and dependent on their practice. Excellent service skills along with the ability to work in a team environment are essential.

Please send resume to Diane Scott, **Timberlane Dental Group**, 10 Timber Lane, St. Burlington, VT 05403, or email Adolesg@timberlanedental.com.

**TIMBERLANE
DENTAL
GROUP**

CARING PEOPLE WANTED**As we are personal...**

Home Instead Senior Care, a provider of non-medical companion, shopping and home care services, is seeking in-home caregivers, including friendly, cheerful and dependable people. CAREGIVERS must possess strong communication, light housekeeping, meal prep, personal care, in mind, and more. Part-time flexible scheduling, including daytime, evening, week-end and overnight shifts currently available. No agency fees.

Please call 862-800-8205

Two positions available
Immediately in early childhood
center

Infant Caregiver

9 a.m. to 5:30 p.m., Monday through Friday

Preschool Assistant

1 p.m. to 8:30 a.m., Monday through Friday

Education and experience preferred. For both positions:

Call Crystal at
**The Care Center of
Essex**,
802-434-3421, for more
information

Howard Center

Howard Center offers services for the well, formerly ill, disabled, elderly, disabled and disabled.

Stay Careers at the Howard Center

What do fishing, swimming, crafting, Zumba, movies, shopping, hiking and people watching all have in common?

These are activities that may be enjoyed while caring for a person with developmental disabilities in your home or client. Enjoy every season of the year with the benefit of a home-based career — while making a meaningful difference!

Experience and support, ongoing training, generous benefits and living expenses provided.

Chittenden County only

Please call Maria Hamilton (802) 466-6271

Visit www.howardcenter.org for more details
and a complete list of employment opportunities



Howard Center is an equal opportunity employer. Howard Center is a non-profit organization that provides services to individuals with developmental disabilities.

Professional residential elder care dedicated to improving the joy of living is available in our bright spacious home.

Call Kathy at
844-469-

Sullivan Powers and Company is a CPA firm that has offered quality accounting, auditing and tax services to its clients for over 25 years.

SENIOR and/or STAFF ACCOUNTANT

We are currently accepting resumes for a senior and/or staff accountant to join our firm. The ideal candidate will have a working understanding of governmental and non-profit accounting. Auditing experience a plus, but we can train. The candidate needs to possess a degree in accounting and be eligible for certification or be certified. Competitive salary and benefits package will be offered to the right candidates.

Send letter of interest and resume to:

Richard Brighten, CPA

Sullivan Powers and Company
P.O. Box 547, Montpelier, VT 05650.
rbrighten@bellsouth.net

EXECUTIVE SECRETARY

The Clerk/Treasurer's Office is seeking to fill a full-time position responsible for coordinating administrative support for the office. Completion of bachelor's degree and two years experience; or an associate's degree and three years experience, or a high school diploma or equivalent and five years experience in an office environment required.

For a complete description or City of Burlington Application, visit our website at www.vtjobs.state.vt.us or contact Human Resources at 802-865-7145. If interested, send resume, cover letter and City of Burlington Application by September 13, 2010 to:

HR Dept., 131 Church St., Burlington, VT 05401. EOE.



WOMEN MINORITIES A PERSONS WITH DISABILITIES ARE HIGHLY ENCOURAGED TO APPLY

GROUNDSMAN/KEEPER/CUSTODIAN

Champlain Valley Union High School is seeking a full-time Groundskeeper/Custodian. Applications can be picked up at CVU in the main office or call 802-482-7112 for further information.

Birchtree Library

Two School Year/September - June full-time
Groundskeeper/Custodian

Applications can be picked up at CVU in the main office or call 802-482-7112 for further information.

Questions? Call 802-879-3738.



Afterschool Professionals Wanted

The Burlington Kids afterschool program seeks creative, enthusiastic individuals to work in after school programs at 11 Thym Elementary school, and at the Sustainability Academy at Langley. Barnes Elementary school. We seek skilled educators and childcare professionals with a passion for creating engaging learning experiences for students of all interests and abilities.

There are part time positions working with students Monday Friday for approximately 15-20 hours each week.

To apply please send a cover letter, a current resume and reference list to:

Jeffrey J. Poirier
Director of Education Learning
Opportunities
Burlington School District
jpoirier@bchs.org
phone 802.540.2895
cell 802.316.0402
fax 802.864.6482



CHAMPLAIN VALLEY HEAD START



FAMILY SERVICES COORDINATOR (Burlington)

Family management team position. Responsible for developing management and tracking of family partnership systems including family goal setting, and support and follow up related community services and resources, partnerships with community and state agencies providing services relevant to Head Start or VPA program participants, including services for English Language Learners, child abuse and neglect prevention, child human and reporting systems, volunteer and community system, parent involvement in programs, and community functions and services and parent education and family literacy initiatives. Participation in regional and state based committee work. Qualifications: Bachelor's degree in social work, human services or related field; and 3 to 5 years of relevant work experience (40 hours/week full year). Competitive salary, health plan and excellent benefits. Please send resume and cover letter with these work references by email to plharrin@vtaco.org

PRESCHOOL TEACHER and EARLY CARE ADVOCATE POSITION

Provide developmentally appropriate environment and experiences for preschool children (ages 3-5) in center, and monthly home visits for families. Assess families in assessing medical and dental care for preschool children.

Teacher - Fulltime 40 hours/week; 40 weeks/year
Starting wage \$15.61-16.94/hour

BCA - Burlington 40 hours/week; 32 weeks/year
Starting wage \$12.67-14.36/hour

Both positions include health plan and excellent benefits and require/lead for degree in Early Childhood Education or related education field. VPA educator: a human resources experience and experience in instructional planning and implementation, child outcome assessment, and working with children with special needs. Teacher position requires home with understanding in early childhood education or early childhood special education. Please specify position and location, and send resume and cover letter with these work references by email to plharrin@vtaco.org

For all positions: Successful applicants must have excellent verbal and written communication skills, attention to detail, and record keeping proficiency in Microsoft Word, email and Internet, exceptional organizational skills and attention to detail. Must be energetic, positive, creative, professional, diplomatic, motivated, and have a can do attitude and attitude. A desire to treat social justice and to work with families with limited financial resources is necessary. Clean driving record and access to reliable transportation required. Must demonstrate physical ability to carry out required tasks. People of color and from diverse cultural groups especially encouraged to apply.

EOE. No phone calls, please.

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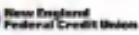
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Thursday, Sept 16, 6-8 p.m.
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Continued from before the classified section. Page 34

for included sunflowers the size of serving platters. Hubbard squash research led to growing his real tomatoes on the vine off the eggplants. As John Young, a veracruz giant vegetable grower from Jersey, will tell you, the hobby is so addictive that some enthusiasts risk needing rehab.

"Why grow a regular pumpkin when you can grow a big pumpkin?" he says.

Growing giant produce, and in particular giant pumpkins, takes a lot differently more effort than cultivating conventional vegetables. Back Squares, an experienced gardener who from Jersey, discovered that this year when he tried his hand at the biggys.



John Young right, displaying a giant pumpkin.

In April, using seeds donated by Young, Squares cultivated six plants inside a greenhouse. Once the fruit had the circumference of a football, he then fanned the plants onto the ground and protected them with heated tents. In June, once the frost worries had passed, he removed the tents and picked the three best plants to continue growing.

From then on, Squares spent hours weeding and tending the plants and burying the vines so the leaves stood upright and absorbed maximum nutrients from the soil. As the pumpkins grew larger—giant can peak in a pound a day—Squares shifted them onto porous fiber mulch to a window screen and surrounded them with plastic. The fabric is meant to keep out worms and rats, which bite the fruit, while the mesh helps the pumpkin slide smoothly along the fibers as it continues. An individual crop test protects each pumpkin from the sun.

Recently, as evening temperatures have dropped with autumn's approach,

Squares has needed to swaddle each of his giant pumpkin with quilts. He guesses that this summer he has already spent hundreds of hours helping his gaints.

His wife, Amy, also an avid gardener, can't quite understand the obsession, but she thinks she knows the reason for it.

"It's the Y chromosome. There's what they say about a trait with important men," Young says.

"That could be true," Young says. "It's like, do you want a tractor, or do you want a bigger tractor?"

Squares says silent. He's been buying the growth charts his doctor put in pencil on a yellow legal pad. "If he's anything like Young, giant pumpkins are just as gauranteed to grow even bigger produce. There are limits of possiblity for giant cultivation."

Young's compact suburban back yard is like the Willy Wonka chocolate factory of garden plots. Everything is overabundant. His sunflowers are 15 feet tall. His beans are two feet long. All the other fruits and vegetables—melons, squashes, onions, carrots—look like ones you'd buy in the grocery store if the grocery store had produced a world of their own. These vegetables aren't for eating, they're for showing off.

Young and many other giant vegetable growers use products such as Miracle Gro to achieve explosive results. But, with the right nutrient-rich soil and a stroke of good-weather luck, says, you can grow 900-pound pumpkins without chemicals.

Since he began growing giant vegetables 14 years ago, Young has achieved just one thousand pounds, a feat equaled by only a handful of people in VVGA. He says he doesn't expect to achieve another heavyweight this year, as he hasn't had a good season for him self. Still, Young will let his gaint grow until just before the Vermont Giant Pumpkin Regatta on October 12, when he'll assess whether any are large enough to serve as vessels in the race.

Regardless of whether any of the year's pumpkins pass muster for the regatta, they're ultimately destined for the compost heap. Though, the seeds will be scraped out and collected for future plantings. Seeds from champion growers such as Comptonites are sought after, and many of the entries in the fair may off from his personal project.

Compton says he can get in touch as \$500 to \$600 for proven seeds from pumpkins weighing more than 1000 pounds, but, like other giant vegetable growers, he's beginning to wonder if the money it's about the thrill of going bigger.

"It's worth it," Compton says. "That's what we do." ☺

Are you a smoker?



You may be able to participate in a research program at the University of Vermont!

STUDY #02: For ages 16-65

- You will learn strategies to decrease your anxiety and panic attacks
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This study involves 2 visits, a total of approximately 4 hours. If eligible you may be asked to spent 10 hours. Participants in the study may be paid \$100 in cash.

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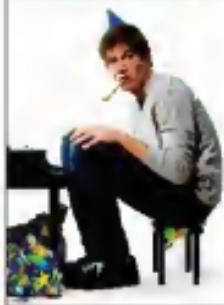
Teresa at 856-3835

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LABOR DAY COMEDY SHOW

Monday Sept. 6th
doors open 7pm, show 8pm
UVM Patrick Gym

\$10 for public, \$5 for students
tickets available at wwwvtickets.com



How Was It for You?

Seven Days is turning 15 next month, and we'd like to hear from readers about your relationship with us.

Some examples

- Did you read a story that moved you to laughter, tears or action?
- Did you meet the love of your life through 7D personals?
- What's the first thing you turn to when the paper comes out on Wednesdays? Other must-reads?

You get the 7D phone call to comment on any of the stories or anything else in this paper [or online]. Deadline last from print.

Well, just a sampling of your responses in our letters to the editor. September 4, 2003. All anonymous names will be entered in a drawing for a gift certificate for the 7D gift shop.

SEVEN DAYS
sevendaysvt.com

Send your comments to
pamelal@sevendaysvt.com
Friday September 3, at noon. And thanks!

15

Branching Out

35 | MUSIC

Hundreds of folks will be picking in the fields this weekend, but no crops will be harvested. The North Branch Bluegrass Festival encourages bluegrass fans to form "field-picking" jam sessions between on-stage acts. Our goal is for people to get together and spend time together in a wholesome way," explains festival cofounder Heather Kennedy. "We've got some really talented people that come to this thing. It's really been a nice surprise." These amateur musicians can also hone their skills in the Show & Tell Songwriters' Contest — a "horseshow version of American Idol," the festival website notes. Over the course of three days, a variety of regional bands take the open-air stage, including Vermont's Big Spike, Massachusetts' Blackstone Valley Bluegrass (pictured) and New Hampshire's Caledonian Mountain Tradition. Music workshops, field games and marshmallows toasted over the campfire round out the jamboree.

NORTH BRANCH BLUEGRASS FESTIVAL

Friday September 18 through Sunday September 20, 10 a.m.-dusk, at North Branch Bluegrass Festival Grounds in Brattleboro. Entry and camping available \$55-80 per day. \$20-80 weekend pass. Free for children under 8. Info: 872-5042. www.nbbf2015.com



6 | THEATER

A Whole New World

Twelve hours, six stages, nearly 100 performers. Randolph's New World Festival is a headlining success for fans of traditional music and dance. The 10th annual blowout tips its hat to Vermont's Celtic and French Canadian heritage by drawing acts from all over northern New England, Canada and the British Isles.

New musical meet-ups. The French Gang's energetic Irish tunes, Skellig's (picnic) Celtic rock, Quebecois fiddling by Claude Martel, and the young musicians' showcase. Meanwhile, the Midnite Caper rock Morris dance moves and double-timed jumps in the street, and calypso Niki Foufou and Adaku Gondor lead organized steps in the dance tent. Throw traditional crafts and international food into the mix, and half a day will fly by fast.

NEW WORLD FESTIVAL

Sunday September 5 noon-midnight, at Chittenden Mall, 111 Chittenden Place, Hinesburg. Street fair, 10 a.m.-5 p.m. \$10 adult, tickets available after 6 p.m., discounted for seniors. Info: 703-6464. www.newworldfestival.com

Laugh Track

"Before YouTube, I was just a skinny white kid that thought he was funnier and cooler than he actually was," sings Jo Bonham in "Welcome to YouTube." "And now, well, not much has changed, but I have a shitload of money." Watch the 26-year-old comedian's not-so-funny YouTube channel, which is filled with musical comedy — performed to his own piano or guitar accompaniment — made here in a New England basement, and his sister starred in a "Comedy Central Presents" special, toured internationally, and released an eponymous CD and DVD. With songs-in-the-charts about his idea of the perfect woman, white supremacy and more, "the 'self' he sings about is as politically incorrect as it isn't funny," says the Boston Globe. "Except it is." Get in on the funny business at UVM this week.

SO BURNHAM

Monday, September 6, 8:30 p.m., \$12-\$15; Friday, 8 p.m., \$15-\$18; Saturday, 8 p.m., \$18-\$20; www.uvm.edu/sofburnham



Craft Happy

The annual Mad River Valley Craft Fair has always been a place to gawk upon some of the best handmade art around. With functional and decorative items from more than 100 juried artisans from Vermont and beyond, it is still. But now visitors can get in touch with their own inner artist at the fair. Under the direction of Warren painter Mary Hill, folks can draw large banners with markers and images prizing the community. It'll celebrate our 40th anniversary as a really big way," says craft fair manager Laura Amerson. You'll also find live jazz by Green Mountain Swing and Jeremy Reed and such creative expressions as externally wired cedar chandeliers and heirloom photo frames.

MAD RIVER VALLEY CRAFT FAIR

Saturday, September 4, 10 a.m.-4 p.m., and Sunday, September 5, 10 a.m.-4 p.m. at the Vermont State Fairgrounds, 33 Fair St., Montpelier, Vt. 05602. 479-81607; www.mrvvalleycraftfair.com

calendar

SEPTEMBER 01-08, 2010

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info:

WILDFLOWER WALKERS. Kent Jenkins interprets at least one wildflower species. Bumbers Hole Museum, Library, Glastonbury, Vt. 8 a.m.-4 p.m. Free. Info: 802-779-7538.

UNHAPPY-THURSDAY COUNTY PHILATELIC CLUB. Stamp collectors of all breeds of animal and insect performers repeat their squares and show them off. 65, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 170, 175, 180, 185, 190, 195, 200, 205, 210, 215, 220, 225, 230, 235, 240, 245, 250, 255, 260, 265, 270, 275, 280, 285, 290, 295, 300, 305, 310, 315, 320, 325, 330, 335, 340, 345, 350, 355, 360, 365, 370, 375, 380, 385, 390, 395, 400, 405, 410, 415, 420, 425, 430, 435, 440, 445, 450, 455, 460, 465, 470, 475, 480, 485, 490, 495, 500, 505, 510, 515, 520, 525, 530, 535, 540, 545, 550, 555, 560, 565, 570, 575, 580, 585, 590, 595, 600, 605, 610, 615, 620, 625, 630, 635, 640, 645, 650, 655, 660, 665, 670, 675, 680, 685, 690, 695, 700, 705, 710, 715, 720, 725, 730, 735, 740, 745, 750, 755, 760, 765, 770, 775, 780, 785, 790, 795, 800, 805, 810, 815, 820, 825, 830, 835, 840, 845, 850, 855, 860, 865, 870, 875, 880, 885, 890, 895, 900, 905, 910, 915, 920, 925, 930, 935, 940, 945, 950, 955, 960, 965, 970, 975, 980, 985, 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9295, 9300, 9305, 9310, 9315, 9320, 9325, 9330, 9335, 9340, 9345, 9350, 9355, 9360, 9365, 9370, 9375, 9380, 9385, 9390, 9395, 9400, 9405, 9410, 9415, 9420, 9425, 9430, 9435, 9440, 9445, 9450, 9455, 9460, 9465, 9470, 9475, 9480, 9485, 9490, 9495, 9500, 9505, 9510, 9515, 9520, 9525, 9530, 9535, 9540, 9545, 9550, 9555, 9560, 9565, 9570, 9575, 95

SATURDAY

JULY 26, 2014

ARTISAN CHEESE. Ben Branton Guy Hall Park, 8:30 a.m.-5 p.m. Info: 802-323-0232, www.benbrantoncheese.comCAPITAL CITY FARMERS MARKET. From produce gardens to bottlings, home-baked breads and homemade candleliciousness throughout the process. 80 State St. 301-4877. capitalcityfarmersmarket.comCHICKEN & PEA SOUP. Neighbors gather for a hearty meal. Tickets: \$10. Showtimes: 8 p.m. 8/30, 9/6, 9/13, 9/20. Union Church, South End. 219 p.m. 9/26. Info: 802-291-8104, chickenandpeasoup.comBERRY FARMERS MARKET. Chemical-free preserves, baked goods and more are up for grabs. 8 a.m.-4 p.m. Info: 802-291-8104, berryfarmersmarket.comDERRY FARMERS MARKET. Chemical-free preserves, baked goods and more are up for grabs. 8 a.m.-4 p.m. Info: 802-291-8104, derryfarmersmarket.com

GRANGE HALL FARMERS MARKET. 10 a.m.-4 p.m. Grange Halls. A wide selection of healthy, delicious, homegrown fruits, veggies, breads, jams, jellies, preserves, baked goods, etc. Info: 802-860-8892.

BROTON OWNERS MARKET. From art to fine furniture, it's a gathering of area artisans, running the gamut from goat cheese to pretzels to truffles. Vermont Mineral of the Month, Broton. 8 a.m.-4 p.m. Info: 802-388-0388 or 802-388-0380, www.brotonownersmarket.com

HIGHLIGHT FARMERS MARKET. See NEDCO. 8 a.m.-4 p.m. Info: 802-323-0232

HILTON FARMERS MARKET. Honey, jams, pickled items, soaps, soaps, products, crafts and maple products. Hilton Garage. 10:30 a.m.-1 p.m. Info: 802-363-7048.

HUMPTIE TOWN FARMERS MARKET. Healthy fare, including a garden fresh veggie, potato, herb, and spices set up shop for the morning. Westport Woods, 10 a.m.-4 p.m. Info: 802-863-8833.

NEDCO FARMERS MARKET. 3:30 p.m. up to four seasonal produce/garden plants, canned goods and preserves. 10 a.m.-4 p.m. Info: 802-860-8892, www.nedco.orgBURLINVILLE FARMERS MARKET. Open air, static, fresh crops and fruits from the soil prepared. 8 a.m.-4 p.m. Info: 802-860-8892, www.burlinvillefarmersmarket.com

BUTLAND COUNTY FARMERS MARKET. Vermonters from all walks of life cut flowers, baked goods, and delicious, home-made items. 8 a.m.-4 p.m. Info: 802-363-0220.

GATESVILLE FARMERS MARKET. Vermonters from all walks of life cut flowers, baked goods, and delicious, home-made items. 8 a.m.-4 p.m. Info: 802-363-0220.

HORNETS FARMERS MARKET. Hornet's nest and peach artisan cheeses and local soaps. Green's out door. 8 a.m.-4 p.m. Info: 802-363-0220.

WATKINSVILLE FARMERS MARKET. Local farms, artisan cheeses and local soaps. Green's out door. 8 a.m.-4 p.m. Info: 802-363-0220.

berries, cheeses and eggs. 10 a.m.-4 p.m. Info: 802-363-0220.

WILLISTON FARMERS MARKET. Stupendous produce, jams and soaps, and an acknowledgement of a meeting open-to-all. Town Square, Williston. 10 a.m.-4 p.m. Info: 802-363-0220, willistonfarmersmarket.com

THURSDAY

KEITH LURKIN. The Grammy winner and his acoustic country band play the Vermont Folk Festival. 7 p.m. 7/26. Champlain Valley Exposition, Essex Junction. 7 p.m. 549-9812. Includes free gate admission to the Champlain Valley Folk Festival purchased in advance. Info: 802-863-3888.

NEDCO FRUIT & FLORAL FESTIVAL. See 8/10, 11, 12, 13, 14, 15, 16, 17, 18.

PLYMOUTH FOOL & FOOLIES CONCERT. Rock and blues band perform a two, day, day-rocker tour. 8 p.m. 8/14. Acme's Concerts and Singing. 802-248-5111. Includes free gate each day. President Calvin Coolidge State Historic Site, Plymouth. 8/14 p.m. Info: 802-248-5111, foolandfoolies.com

MONTPELIER COMMUNITY COFFEEHOUSE. Singer-songwriter Steve Sipos performs the stage after an open mic segment. Relihan Community Center. 8/15 p.m. Info: 802-241-0800.

THE KING'S ROAD. English folk band in pure acoustic style. 8 p.m. 8/16. Info: 802-863-2000, thekingsroad.com. The King's Road, Shelburne. 8/16 p.m. Info: 802-863-2000.

friday

PAUL FERRY. Cynical folkie distance between the dragon and the dragonfly. Includes an "what used to be a medieval" bonus to Local History. 8 p.m. 8/18. Info: 802-863-2000, paulferry.com. The King's Road, Shelburne. 8/18 p.m. Info: 802-863-2000.

CRIM HAZE. See 8/10, 11, 12, 13, 14, 15, 16, 17, 18.

THE GREAT VERNY CONCERT. See 8/10, 11, 12, 13, 14, 15, 16, 17, 18.

saturday

PAUL AMERICAN. The most chillin' the chillin' the chillin' American session. 8 p.m. 8/19. Info: 802-248-5111. paulamerican.com. Relihan Community Center, Montpelier. 8/19 p.m. Info: 802-248-5111, paulamerican.com. The King's Road, Shelburne. 8/19 p.m. Info: 802-863-2000.

DEATH OF A SALESMAN. See Will O' the Wisp. 8/19 p.m.

THE GRINGER POPO. See THU 02, 2 p.m., & Fri 8 p.m. THE SOUND OF MUSIC. See 8/10, 11, 12, 13, 14, 15, 16, 17, 18.

sunday

MAGNOLIA FEST. *Contemporary* Jason P. Lerner's emotional story starts when plastic girls open his box. 3:30 p.m. 8/20. Info: 802-248-5111. magnoliastory.com. 8/20 p.m. 802-248-5111, magnoliastory.com. *Great Gatsby*

SUN.05

8/6

THE CHIEF. Table-top western抖擞抖擞 at the heat of plains of all ages and its 100+lings. 8:30 p.m. 8/6. Champlain Valley Exposition, Williston. 10:30 p.m. Info: 802-863-3888.

TEA & TEARS. We're not tea, we're the pictal major landmarks of the tea service's history. Relihan Community Center. 2 p.m. 8/7. teatears.com. 8/7 p.m. Info: 802-248-5111, teatears.com.

TRADITIONAL CRAFT EXTRAVAGANZA. See SAT 04. 10 a.m.-5 p.m.

faire & festivals

BRUNSWICK 100 MUSIC FESTIVAL. See SAT 04. 8/8. Info: 802-248-5111.

CHAMPLAIN VALLEY FAIR. See WED 04.

8 a.m.-midnight.

MAD RIVER VALLEY CRAFT FAIR. See SAT 04. 8/10. Info: 802-248-5111.

NEW WORLD FESTIVAL. Performers ancestral and New World Canadian made in houses, buildings and other instruments at an 18th annual community sing-a-long-dance gathering at Champlain Music Hall and stage in St. Albans. 8/10 p.m. Info: 802-248-5111, newworldfestival.com.

SOUTHERN VERMONT BAPUJI & HERR FESTIVAL. 8/11-12 10 a.m.-3 p.m. Info: 802-248-5111.

WERNARD FESTIVAL OF THE ARTS. See WED 01. 8 a.m.-10 p.m.

VERMONT STATE FAIR. See FRI 03. 9 a.m.-8 p.m.

WINTERFEST CEMETERY FESTIVAL. An annual gathering that's Murphy Holiday-themed celebration of pre-columbian history and culture. 8 a.m.-4 p.m. 8/13. Info: 802-248-5111, winterfest.com.YOGA IN THE PARK. See 8/10, 11, 12, 13, 14, 15, 16, 17, 18. Info: 802-248-5111, yogainthepark.com.

YOGA IN THE PARK. See 8/10, 11, 12, 13, 14, 15, 16, 17, 18.

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YOGA IN THE PARK. See 8/10, 11, 12, 13, 14, 15, 16, 17, 18.

kits and truffles. 8:30 a.m.-4 p.m. Info: 802-248-5111.

SOUTH RUTLAND FARMERS MARKET. Farmers and producers present the fruits of their labor to those looking to buy local. Healthy Living, 8 a.m.-noon.

10 a.m.-2 p.m. Info: 802-248-5111.

STORKE FARMERS MARKET. Fresh produce and other products at 8 a.m. 10 a.m. Info: 802-248-5111, storkefarmersmarket.com.

Vermont Farmers Market. Fresh produce and other products at 8 a.m. 10 a.m. Info: 802-248-5111.

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876

KING RUMIN Rumkin roters try to outrun a ferocious fire. Steven Calvert, Carter, Johnson. 8 p.m. Free. Trill 2-82-3201

DAKE CHOPPER DRAGS NATIONAL TRACTOR & TRUCK PULL The truck racers pull together around the track in this exhilarating motor sport. Campion Valley Expo Center, 1001 1st St. 10 a.m. 863-3868

WORLD PEPPERS WORLD EXHIBIT OPENING DAY Muggins give a glimpse of their breeding pen through a display featuring the popular J.K. Rowling series. Exhibit continues through October 2. 10 a.m.-4 p.m. 863-3868

TRADITIONAL CRAFT SATURDAYS See SAT 84-10 a.m. 8-9 p.m.

faire & festivale

CAMPION VALLEY FAIR See WEB 80-10 a.m.-8 p.m.

CHIEFTAIN FESTIVAL SAT For the 50th year, townfolk celebrate the community with parades, food booths, live music, dancing, performances and more. Venetian Inn, 1001 1st St. 8 a.m.-4 p.m. Details accepted. Info 863-4870 www.chieftainfest.com

VERMONT FESTIVAL OF THE ARTS See WEB 80-10 a.m.-8 p.m.

VERMONT STATE FAIR See FRI 83-9 10 a.m.-5 p.m.

food & drink

CICKEN RAMBODDE The Underbelly, Ancho 1001 1st St. 5-7 p.m. \$15. Up to 1000 free. 863-3868. www.underbellyvt.com **Verde** Special price benefit anything with Freshwater Aquatic Herpetology. 10 a.m.-2 p.m. 56-50-9-23. Info 863-4992

health & fitness

YOGA HEALING CLASSIC People receive private 1-on-1 and group classes that focus on personal energy fields. Golden Sun Healing Center, 500 Main St. 10 a.m. 863-1880

ROCK CLIMBING See WEB 80-10 30-11 10 a.m.-6 p.m.

Bridge

FALL INK STORIES Printmakers learn about printmaking through the fall. 10 a.m.-11 a.m. 1000 Main St. 10 a.m.-11 a.m. 863-3868

ROCK CLIMBING See WEB 80-10 30-11 10 a.m.-6 p.m.

rescue

FOODLOR CERTIFIED String of instruments create special melodies. 25+ musicians in a variety of performances. From a solo violin to a full band. Details accepted. Info 863-4870 www.foodlor.com

KNIGHT RAMPAGE AND THE FARMER RAMPAGE Soulful concert with a family tree. 10 a.m.-11 a.m. 863-942-40. Info 795-9868

chess

KING PARRY See SAT 84 10 a.m.-6 p.m.

CORN HOLE See WEB 80-10 8 a.m.-7 p.m.

THE GREAT VERMONT CORN HOLE See WEB 80-10 a.m.-9 p.m.

raffle

VISITING ARTIST & WRITER SERIES The Vermont Studio Center hosts 10-14 days of shows and performances by local and visiting artists. Info 863-3700. www.vsc.org

theater

ROB BURSHIER The 20-year-old quipster tackles subjects in laugh-filled, head-banging comedy. See calendar spotlight. 9:30 p.m. www.vsc.org 10 a.m.-11 p.m. 863-3700

seminars

WILLIAMS EASY MEMORIAL WRITER'S GROUP Guiding writers to improve their craft. Details accepted. Info 863-4870 www.williams.org **Writing** Baby Public Library, Middlebury 10 a.m.-noon. Free. Info 863-2828 www.williams.org

TUE. 07

book group

POINTER HOLLOW DISCUSSIONS 3 SERIES A local group of 15-20 small business owners research the issues in "Rising Your Voice." www.vsc.org Burlington 7:30-9 p.m. Free. Info 863-4792

COLUMBIA HILL

RAVEN SCHOOL PLANNING MEETINGS Community members discuss improving the health and welfare of school children through community involvement. 10-11:30 a.m. www.ravenschool.org Burlington 8 p.m. Free. Info 863-4792

encorement

2008 CIO CLIMATE PICNIC Vermonters strategize the climate crisis with positive stories and solutions. 10 a.m.-4 p.m. www.ciovt.org Burlington 8 p.m. Free. Info 863-4792

arts

PHOTO INTRODUCTION TO CANON 500D Guiding photographers learn about manual production in this lighting workshop. Chittenden IT Studios, Burlington 10-11:30 a.m. Free. Info 863-3668. ext. 10. www.vsc.org

TRADITIONAL CRAFT SATURDAYS See SAT 84-10 a.m.-8 p.m.

faire & festivale

VERMONT STATE FAIR See FRI 83-9 10 a.m.-5 p.m.

food & drink

CHERRY HARNES MARKET See SAT 84 10 a.m.-3 p.m.

JOHNSON FARMERS MARKET A small group of farmers with local agro-ecological practices bring their goods to Fresh Market. Main Street, Johnson 3:30-6:30 p.m. Free. Info 863-4872

GLO NORTH END FARMERS MARKET Local farmers sell the fruits of their labor, and the like. 11 a.m.-4 p.m. Wheeler Elementary School, Burlington 3:30-6:30 p.m. Free. Info 863-3030

PUTTAWOOD FARMERS MARKET See SAT 84 3-6 p.m.

THE GREAT VERMONT CORN HOLE See WEB 80-10 a.m.-9 p.m.

THETFORD HILL COMMUNITY MARKET

Seasonal supply, local honey, meat and eggs, seasonal fruits, honey, maple syrup and more. www.vsc.org 10 a.m.-4 p.m. Info 863-3700

Health & fitness

HEALTH & HOME FOR A BETTER LIFESTYLE Felicia and keys introduce methods on 30 to 40 minutes of reenergizing your health introduced by www.vsc.org Student, before knowing what needs to keep your body with stress. www.vsc.org City Market, Burlington 3:30 p.m. Free. Info 863-3700

yoga

STICKLER STICKLEBACK Refresh like a side in temples mind and bring along the meditation path. Community Park, Middlebury 8:30 a.m.-9:30 p.m. Info 863-3700

chillout

CORN HOLE See WEB 80-10 a.m.-7 p.m. **THE GREAT VERMONT CORN HOLE** See WEB 80-10 a.m.-9 p.m.

arts

VISITING ARTIST & WRITER SERIES The Vermont Studio Center hosts 10-14 days of shows and performances by visiting artists. www.vsc.org 10 a.m.-11 p.m. 863-3700

theater

DEATH OF A SALESMAN See WEB 80-10 a.m.-8 p.m.

FLOWER DANCE Green Earth Theatre Company presents to play tonight. Moon Gate gives its new play about human relationships. www.vsc.org 7 p.m. www.vsc.org Burlington 8 p.m. Free. Info 863-3700

theatres

CORN HOLE See WEB 80-10 a.m.-7 p.m.

THE GREAT VERMONT CORN HOLE See WEB 80-10 a.m.-9 p.m.

WADSON FIRE WORKS SAT See WEB 80-10 a.m.-9 p.m.

theatres

LAUREN REINHOLD The Champlain College 20-year-old singing prodigy Weston Dennis' star impresses the ring of "American Idol." www.vsc.org 10 a.m.-11 p.m. 863-3700. www.vsc.org **Verde** www.vsc.org Burlington 10-11 p.m. Free. Info 863-3700

chillout

DEATH OF A SALESMAN See WEB 80-10 a.m.-8 p.m.

FLOWER DANCE See TUE 84 8 p.m.

opera/arts

HAN-SUH-HEE & JAMES BISHOP ELLIOTSON The authors of the *One Flew Over the Cuckoo's Nest*, *Spacey* limited production. New England Center, Union St. 8:30 p.m. www.vsc.org Burlington 7:30 p.m. Free. Info 863-3700

HEIL MARCH www.vsc.org The New York Times columnist and author of the *March* www.vsc.org *Department of Education* *March* 10. www.vsc.org Burlington 7:30 p.m. Free. Info 863-3700

PROPHETIC DEFENSE See WEB 80-10 a.m.-9 p.m.

faire & festivale

VERMONT STATE FAIR See FRI 83-9 10 a.m.-9 p.m.

JULY

THE ANATOMY OF HATE: A CHALGONE TO HOME www.vsc.org 10 a.m.-11 p.m. 863-3700

ARTIST MARKET See WEB 80-10 a.m.-11 p.m. www.vsc.org 10 a.m.-11 p.m. 863-3700

food & drink

THETFORD HILLS FARMERS MARKET See WEB 80-10 a.m.-11 p.m.

LAMERILLE VALLEY FARMERS MARKET See WEB 80-10 a.m.-11 p.m.

PROSPECTURE FARMERS MARKET See WEB 80-10 a.m.-11 p.m.

99TH HILL FARMERS MARKET See WEB 80-10 a.m.-11 p.m.

SUN TO DUSSE TUES Refresh like a friend, the taxes take at every turn and cheese making as they take care of their barns turn into *cheese* www.vsc.org Burlington 8 p.m. Free. Info 863-3700

THE GREAT CORN HOLE See WEB 80-10 a.m.-9 p.m.

Health & fitness

BONE MARROW See WEB 80-10 a.m.-11 p.m.

Julie

LAUGHING PLAYGROUP Games, songs and stories improve literacy and social skills for children ages 0-5. www.vsc.org Burlington 10 a.m.-11 p.m. www.vsc.org **Verde** www.vsc.org Burlington 10 a.m.-11 p.m. www.vsc.org

PERF THE MUSIC MAN

See WEB 80-10 a.m.-11 p.m.

theatres

CORN HOLE See WEB 80-10 a.m.-7 p.m.

THE GREAT VERMONT CORN HOLE See WEB 80-10 a.m.-9 p.m.

WADSON FIRE WORKS SAT See WEB 80-10 a.m.-9 p.m.

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PROPHETIC DEFENSE See WEB 80-10 a.m.-9 p.m.



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Pop Life

Dan Schwartz and Good Old War are living the dream

BY MATT BUSHLOW

At the dawn of the night, guitarist-singer Dan Schwartz was working at Starbuck's Magic Hat brewery and playing in a handful of local bands (sound familiar?) like a lot of local players, in between shifts and gigs Schwartz landed with his own solo project, dubbed Gukley Gooly.

A move to Philadelphia and a chance meeting with drummer Tim Arnold changed everything. Schwartz wanted to record some honky-tonky demos, and Keith Gordon — the singer in Arnold's band, Boys Away — offered to lend a hand. The three started playing together acoustically at first, but when Days Away dissolved, Good Old War was a natural next step.

For the past two and a half years, Good Old War have been touring the US. Their upbeat folk-pop has garnered praise from glossy rigs such as Rolling Stone and Spin. Their sound blends classic '60s elements — think Simon & Garfunkel, the Beatles, or Crosby, Stills & Nash — in a way that resembles an acoustic version of how '70s pop bands sound. —Dr Dog

In advance of Good Old War's upcoming Higher Ground FallFrolic show — they're opening for Xavier Rudd & LilaLila on Monday, September 15 —

Seven Days caught up with Schwartz by phone. The Queen City crooner was happy to reminisce about his time in Gukley Gooly, and to discuss Top 40 hip-hop from the band's van as it traveled from Los Angeles to New York to begin touring with Rudd.

SEVEN DAYS It's funny how a personal project from 10 years ago can turn into the way you make your living.

DAN SCHWARTZ Oh, exactly. I think the most thing. I've realized the most in your path changes suddenly. This is definitely not the end of our path. Who knows what happens next? I remember there for a while I was just, "I'm going to be a guitar teacher" but you never know what path you're going to end up doing.

SD Sends like Good Old War and Dr. Dog are bringing back elements of classic '60s pop songwriting — and we're talking about really popular influences, like Simon & Garfunkel and Crosby, Stills & Nash. I took a look at Dr. Dog's last week and thought about how different pop music is today. It kind of surprised me that these great elements of songwriting seem to be missing from the pop charts. It feels like Black Eyed Peas are a million miles away from Crosby, Stills & Nash.

SD I think what's interesting is that what you can do now is combine

these things. There is certainly something about those hip-hop songs — the production, the sound quality of them — that is extremely expensive and something band now. That's something that we are interested in — making the songs work in that same way while still having good songs. To me, those are definitely things to be taken from that and I think that we're interested in the idea of, "What is everything that works?" Or, "What is everything that makes us feel certain way?" Because there really are elements of you about everything that you can take and turn into your own thing, and nobody will ever notice.

SD Yeah, that's a great point. It's like that old adage, "Steal from everyone, but don't get caught, right?"

DR. DOG I'm actually stealing from more like song what we all these things that just automatically make people do certain things. There is something about hip-hop that automatically makes people dance or move or shake their head. That can be applied to folk music, too. Or any music.

SD What do you find the experience is like opening up for different acts? I can imagine some nights and some acts work better for you guys than others.

DR. DOG The lesson, it's really interesting. We're really lucky. We've got a lot to move live show, and we're able to manipulate the show a little bit to suit the audience. For Xavier Rudd, we're able to do a little more of a jazzy thing — that we feel his fans would be a little more into, a little more improvisational than we currently do.

Whereas if we play with a lead rock band, we'll do a more upbeat set. When we play with the Dog, we'll make that about the songs — the basic harmonies and stuff like that.

But at the same time, that stuff is in all of our songs, so it doesn't take a whole lot of changing. We just have a lot of free-



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Three's Company Playing slightly round, banjo-crusted pop songs through the same prism of a bluegrass lens, the music of **JAMES JUSTIN & CO.** reflects a dusty brilliance that evokes the four qualities of their albums. Touring in support of their sparkling debut album, *South of Sun*, the South Carolina-based band makes new Burlington appearances this week: Friday at Radio 889 and Saturday at Northside, in support of Queen City rock-stop rockers **MAPLE SPEER**.



WED.01

Breakfast at the Emporium

BREAKFAST CAFE 1000 Main Street, Suite 1000, **Asheville**
828.253.1000, breakfastcafe.com

GRANDE B. & KARADE 5:30 p.m., **Fri.**
828.253.1000, breakfastcafe.com

GRIT 12 p.m. **8/30** **8/31** **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
828.253.1000, breakfastcafe.com

WAKING STAG FESTIVAL 4 p.m. Open mic with Andy Logue, **9/7** **9/8** **9/9** **9/10**
wakingsstagfestival.com

THE WEE WEE THE LEE, *infant*, **Animal Hospital**, **1000 Main Street, Suite 1000, Asheville**, **828.253.1000**, animalhospital.com

NOCTURNALS Events at **Blowfish** **[work]**, **8/30** **9/1**, **9/2** **9/3**, **9/4** **9/5**, **9/6**
blowfishasheville.com

DRINKS, DADS & DADLI **8/30** **8/31** **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
drinksdadsladli.com

WHERE BEAR *the bear* **9/1** **9/2** **9/3** **9/4** **9/5**, **9/6**
wherebear.com

REB SAVAGE *Londonderry* **[work]**, **7 p.m.**, **Free**
reb-savage.com

evening! **BLACK CATS & BISTRO** *exterior*, **Upper Marytowne** **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
blackcatsandbistro.com

GREENHOUSE *in TUNNEL* **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
greenhouseasheville.com

LE LOUVRE **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
lelouvre.com

champsInn **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
champsinn.com

81 MARK *Local Change* **[work]**, **8 p.m.**, **Free**
81mark.com

DEFUNCTS *various* **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
defuncts.com

THE BEEHIVE HABITAT **Open mic** **7 p.m.** **8/30** **8/31** **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
thebeehivehabitat.com

THE BROTHERS TURNER **Green Mountain** **8 p.m.** **Free**

northernTH **8/30** **8/31** **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
northernth.com

THE BROWN SUGAR *Concerts with acoustic blues*, **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
brown-sugar.com

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progo's **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
progo.com

THE BURG **Open mic** **8 p.m.** **Free**
theburg.com

BLUES IN LEVYS *Alternatives*, **Levy's**, **9/1** **9/2** **9/3** **9/4** **9/5** **9/6**
bluesinlevys.com

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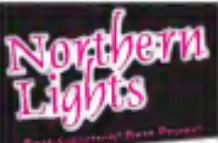
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L.Dora, L.Dora

by Mark Scott Curr

Describing the members as the best and rawest child of 1990s punk outfit the Offering and classic rockers Mean, indie legends L.Dora recently released their self-titled debut EP. While raw, the five song teaser suggests going band on the road and offers a glimpse of raw potential.

The EP gets off to a suspenseful start with “Sexxy,” a lead rocker. Daniele Doby is an energetic front woman. Party and ferocious, she is certainly a cog in, if not particularly engaging. That being said, it has more to do with the raw, a bolder, predictable arrangement than the singer's performance, which is mostly spastic.

“Cath and Safire” is raw, and makes us think most standard rock songwriting is the best way. While it certainly can't lack for emotional intensity, the song suffers under the weight of overly straightforward and often clashing wordplay. In “Meeting our Rightful Queen,” Doby is sick and tired of seeing your face. “Well, you can look where you want, and I know you won't stop, until you screw everyone,” sings a jaded Doby. In related news, it sounds like she is set to exceed Lathorne and the house in the Queen City Mother, rocking your daughter.

Content aside, Doby's heavy handshakes, scuffles in her hair and otherwise compelling raw. The singer's melody is strong, her vocal performance among the best of the 100% raw songs, as she does a passable job of channeling Grace's Nancy Wilson. She took a risk of sounding too much like her, but it paid off with a polished over-the-song.

But failing to all the more fascinating in light of the following song, EP closer “Sexxy” (Sexxy) Dora's sexier lead guitar and ferocious, riotous, rocking arrangement, Doby's indomitable word force. The singer's wordplay is again straightforward, but, in this case, simplicity is the variable in rock, and here Doby explores a light, conversational “instead of laying out her pen in print by numbers, she, the singer, leaves it to the imagination, which allows listeners to be a commentator and connect to their own ways. A well-crafted and executed rock song, it confirms the bands musical worth.



“Afternoon Bathhouse” creates lighter, more playful rock highlights, but Doby again falls victim to her Party tendencies. Where her voice chose songs that helped a belligerent, raucous rockie “Sexxy” and “Meeting our Rightful Queen,” here she switches with a delivery marred by droogues and painful pitch bobbages.

Appearing nearly a song, “Sad” puts the focus firmly on the EP and, like “Sexxy,” “Sexxy,” suggests the band's incapable of much more. This is a talented local rock band with room to grow. If they can make the transition to capacious rock archetypes, L.Dora could grow into one of the region's more solid acts. Here's hoping they do just that.

L.Dora play the monthly Punk Friday showcase at the Higher Ground Ballroom this week, with 20s Precision and Lila.

EDDIE ROLLES

Art Edelstein and Mike Fullerton, Borealis Guitar Duo

by Mark Scott Curr

In addition to being a music columnist for the Times Argus, local Vermont musician Art Edelstein is also an acoustic guitar master, and well sought out by the music media and music fans of the Triangle/Catskill/Thru the Woods region. From his larger repertoire, he has selected pieces of music that have become folkie standards. Edelstein's second CD, *Borealis*, is his first project with his son Mike, his younger brother. The second offering is a collection of

REVIEW this

17 loosely played Irish and Scottish folk pieces, ballads and country dance music, arranged the two steel-string guitars.

It's always interesting to hear “unseen” harp music played on steel because the harpist and the artist of years ago in medieval Europe, more often than not, used a wooden harp, more often than not, because the wood strings make such a ring, and they last longer. So when a harp is ingeniously plucked those strings still have a normal finger-pick feel to them.

Edelstein and Fullerton are masterful performers and have chosen to record their many arrangements with a maximum of reveals and no additional accompaniment, so the glorious sound of the guitars can fill the room.

None of the playing seems a bit trite, but an precious such a inspiring



such “Mollissa,” a Schubert not everything comes together and the duo just so. Some of the more popular and common songs in the panoply have been included — such as “Orange Blossom” and “Shepherds’ Hymn.” But there's enough variety in the material menu that that is not just a collection of pretty, familiar pieces.

Art Edelstein and Mike Fullerton perform selections from *Borealis* Friday, Sept. 4, 8p, at the Washington Irish Festival on Saturday, Sept. 5, 2004, as part of a special program about Ireland.

ROBERT KESLER

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NO. 2044, NOV. 14, 2003 \$6.00/CONCERT

Undone Again

Following years of miserably frustrating and a string of increasingly lackluster releases, **WEEDER** have reportedly returned to the charming, angry pop of their alt rock glory days on their forthcoming album, *Barley*. That record, a follow up to last year's surprisingly strong *Rashida*, is the band's first for legendary imprint R.Eaphil Records. And the early consensus seems to be that the album truly reflects the label's indie spirit. In advance of the new album, which drops on September 16, Weeder make a stop at the Champs Valley Bar this Thursday. **CELESTE AND CAMERIA** open.



THU 09/11 WEEDER (ROCK)

THU 09/11 8 PM

HECTARE (Burgess, Beaubien with Stone, Laramore) 8 p.m. Free. 551 18th**MONKEYCLAWERS** (Kangaroo with Sheep) 8 p.m. Free**CELESTE & CAMERIA** 8 p.m. (Open: *Barley*)

\$10. 95 p.m. Free

EN-DEPP-ER-ER (Kazmier, Kipen, Fries)**ON-TAP BAR & BILL** (Rocky Road Project) 9 p.m.

\$10. 95 p.m. Free

PARKS ACROSS THE LAKESIDE (Burgundy, Beaubien, Laramore, West, Haggard, Cymbaline)

\$10. 95 p.m. Free. 551 18th

\$10. 95 p.m. Free

KARIN REIN (Ajae Stevens) 9 p.m. Free. 551 18th

\$10. 95 p.m. Free. 551 18th

KASPER BART 101 (Burgess with Paul Ballew) 9 p.m. Free. 551 18th

\$10. 95 p.m. Free. 551 18th

RED SAILOR (Gordon Galtier, Braggadocio, Kell, Dog, Parsons) 9 p.m. \$10. 95 p.m. Free**RED SAILOR BLUES ROOM** 101 (Cord) 9 p.m. Free. 551 18th

\$10. 95 p.m. Free

THE SCORCH SYSTEM & ALL WEEDER (PJ, Champs Valley, Beauchamp, Laramore) 9 p.m. Free**THE SABIRY PANDA** (Ramon Gago) 9 p.m. \$10**central****GREEN MOUNTAIN DYSRHYTHM** (Thirdy Marquetti) 8 p.m. 510 18th**LANDGROVE STREET GAFE** (The Aspasiares) (Celtic folk) 8 p.m. Beauchamp and Poverty Lane (Laramore) \$10. 95 p.m. Free. 551 18th**champs valley****STRIKE** (Vince Gennarino, Joseph, Ruck, Fries)**southern****BACKBONE** (Group) 7:30 p.m. Beauchamp, Beauchamp**BUCKWHEAT BROTHERS** (John, Peter, Jim, Jim, Jim)

\$10. 95 p.m. Beauchamp

THE BROWNS (Burgess, Beauchamp) 9 p.m. Free.**ONE FEDERAL** (The Rambusters) 9 p.m. Free.**replant****WEIRD PILE OF CRUMBS** (Gary Preuss) (Villages) 8 p.m. Free. 551 18th**OLIVE BUDGET** (Karrin, Adrienne, Brigitte and Justine Kell) 8 p.m. Free. 707 (Burgess) with GLI NYPS (Tape) 10:30 p.m. Free.**THRU 09/12 RED-HOT CURE** (Krisuke, Night Watch, Sally) 8 p.m. \$10. 95 p.m. Free.**FRI. 03****breakfast in jordan's kitchen****BACKSTAGE PUB** (A band with Steve, Iglesias, Fries, Beauchamp, Laramore) 8 p.m. Free. 551 18th**MONKEYCLAWERS** (Kangaroo with Sheep) 9 p.m. Free**GLASS MARY'S KITCHEN** (Heidi, pony, Reuben) for the title (GLS) (dinner) 6 p.m. \$10. 95 p.m. Free**WIGGINS GARDEN INN/CAFE LOUNGE** (Patti, Andray with L. Kell, Zell, Beauchamp, Laramore) 8 p.m. Free**JP'S PUB** (Krisuke, Night Watch, Sally) 9 p.m. Free**WIGGINS GARDEN INN/CAFE LOUNGE** (Patti, Andray with L. Kell, Zell, Beauchamp, Laramore) 8 p.m. Free**WIGGINS GARDEN INN/CAFE LOUNGE** (Patti, Andray with L. 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SUN 03 / TORTOISE (INDIE-ROCK)

Turtle Power Our heads here had as profound an influence on underground artrock and indie music as **THE BEATLES**. Reimagining trends of rock-incomplete with the far-reaching sonic expanse of vibrant avant-garde jazz masters, the Chicago band **TURTLE POWER** shattered the boundaries of what was deemed possible in American rock music and inspired a new generation of indie-rock artists. This Sunday, they'll be at the Higher Ground Showcase Lounge with Burlington's own **KATE AND THE VIBES**.

MON 04 05:00

TUE.07**BUCKINGHAM REPORT**

CLARK IN THE HOUSE *It's a Culture with Clark Johnson* 8-10 p.m. **WEDNESDAY** 8 p.m. Free.

HIGHER GROUNDS RECORDING The White Man (Miles Davis) (1965) 8 p.m. \$10.

MON 07 08:00 **SHAWN CASE LOUNGE** *Shawn Case* (Shawn Case) 8 p.m. \$10. **TUES 08 08:00** *The Brights* (Brights) 8 p.m. \$10. **EDGAR ARAGON 08:00** **EDGAR ARAGON** (Cesar Roselli) 8 p.m. \$10.

LEFT *Kontor* with a DJ 8 p.m. Free.

THE HAMMIE HAMMIE *Hammie Hammie* 8 p.m. with DJ 8:30 p.m. \$10.

MON 08 08:30 **THE TAP TAP TAPERS** *Open Mic Night* 8 p.m. Free.

RAVEN FARM *Family Farm Freshness* (Family Farm) 10 p.m. \$10.

RED SILENT *Rock & Instrumental with Red Silence* 10 p.m. \$10.

Wednesday

CLARK IN THE HOUSE *It's a Culture with Clark Johnson* 8 p.m. Free.

LANDMARK OFFICE CAFE *Young Alexander* (Alexander) 7:30 p.m. **Wednesday** (Guitar) 8 p.m. \$10. **THURSDAY** 8 p.m. Free.

MAINE STREET 08:30 **SHAWN CASE** *Shawn Case* (Shawn Case) 8 p.m. Free.

SUN 09 08:30 **LOBBY & TAPERS** *Open Mic Night* with **Anton** (Anton) 8 p.m. Free.

CHAMPION VALLEY

MON 10 08:30 *Rock & Roll* 7 p.m. Free.

TUES 11 08:30 **THE VIBES** *Master Hit Karaoke* 8 p.m. Free.

Wednesday

PAUL'S BAKES *Paul's Cakes* (Paul's Cakes) 7 p.m. \$10. **THURSDAY**

THE BROWNS *Leaving Home* (Leaving Home) 8 p.m. Free.

FRIDAY 09 08:30 *It's You Versus Electric Red* 8 p.m. Free.

WED.08**BUCKINGHAM REPORT**

CLARK IN THE HOUSE *It's a Culture with Clark Johnson* 8 p.m. **WEDNESDAY** 8 p.m. Free.

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MON 08 08:00 **SHAWN CASE LOUNGE** *Shawn Case* (Shawn Case) 8 p.m. \$10. **TUES 08 08:00** *The Brights* (Brights) 8 p.m. \$10. **EDGAR ARAGON 08:00** **EDGAR ARAGON** (Cesar Roselli) 8 p.m. \$10.

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FRIDAY 09 08:30 *It's You Versus Electric Red* 8 p.m. Free.

reopened!

MON-FRIDAY *Chez MHC* 8 p.m. **PEW-ANTRICH** (Pewabic) 8 p.m. Free.

SATURDAY *Reopened* (Reopened) 8 p.m. Free.

SUN 09 08:30 *Reopened* (Reopened) 8 p.m. Free.

Grand Opening Special!

20% OFF

Any Full Size or
Deluxe Hand
Painted Combs*
With Purchase \$15/100

Joanne Nail-Salon
24-Hr. Sat. Open 10 a.m. Sun. 10 a.m. Sat. 10 a.m. 4 p.m. No. 1 Wrenella Ave., Burlington, 802-860-4844

We had a burglar last night!
Anyone see anything suspicious?



FrontPorchForum.com

2010-2011 SEASON GUIDE

2010/2011 GOLD SPONSORS

RUTLAND HERALD
Citizens Bank

AMERICAN IDOL WINNER TAYLOR HICKS



**AN EVENING WITH
JOHN HIATT**

SATURDAY,
SEPT 18
@ 8 O'CLOCK



TUESDAY,
SEPT 21
@ 8 O'CLOCK



SATURDAY,
OCT 15
@ 8 O'CLOCK



FRIDAY,
NOV 12
@ 8 O'CLOCK



VICTOR WOOTEN **ANI DIFRANCO**

**FRIDAY, OCT 15
@ 8 O'CLOCK**



**FRIDAY, NOV 12
@ 8 O'CLOCK**



PARAMOUNT

TICKETS ARE AVAILABLE AT WWW.PARAMOUNTLIVE.COM OR AT THE
PARAMOUNT BOX OFFICE, 30 CENTER STREET, RUTLAND, VT

CHARGE BY PHONE 802.772.9144



STEAL THE MOON

Joseph Lumbert, produced in 2008. From the Center for Cartoon Studies in White River Junction, VT. He continues to live in White River with his wife and dog.



PRINT AND ADVERTISING STYLING & DESIGN: GREGORY SCHAFFER, GREGORY SCHAFFER STUDIO. NOVEL GRAPHICS FROM THE CENTER FOR CARTOON STUDIES IN WHITE RIVER JUNCTION, FEATURING WORKS BY PAST AND PRESENT STUDENTS. THESE IMAGES ARE ARCHIVED AT NEVERENDINGCONVENTION.COM FOR CARTOON STUDENTS. FOR MORE INFO VISIT CCS.EDU AT WWW.CARTOONSTUDIOS.EDU

BURLINGTON AREA ART SHOWS '05

STUDIES OBJECTS: THREE DIVERSE LINES IN EXHIBITS A show for researchers, presented in collaboration with the art and social sciences of Vermont, women artists from Vermont, Franklin Center, and UVM's Visual Arts Center offer a glimmer of the past in the present. Through October 22. The High Line, 211 St. Champlain, Montpelier, Vt. Info: 802-860-0338.

THE EXILE "The Exile" is an exhibition of artwork on display featuring art on the exodus of Native Americans, Vikings, Celts, Celts, through September 5 at 210 College Gallery in Burlington. Info: 802-860-2881.

THE ART OF BIRDS SINGING An exhibit and sale of fine art prints and limited edition prints of birds and their songs. Prints are available for approximately \$100-\$150. Through September 12 at 51 Main Street (Symphony Hall) in Burlington. Info: 201-862-1920.

THE CEDAR CONVERSATION IN BURLINGTON More than 200 cedar boughs have been hand-painted by Vermont artists to create an installation of painted and decorated boughs. Painters include fine artists, local students, and amateurs. The exhibit is free and open to the public. At the end of the exhibition, the boughs will be auctioned to benefit the nonprofit Energy Action Fund (Chittenden County). Info: 802-860-2881.

centerfold

DAY 2: ANNUAL BLAISE EXHIBIT The Addison County Art Association presents a juried exhibition of fine art and crafts. Local artists have created a variety of artwork, through Sept. 25 at 51 Main Street in Middlebury. Info: 802-365-2555.

ALL FOR ONE A group exhibit of local artists in a variety of media by artists from Vermont, New Hampshire and beyond. Through September 18. Reservoir Gallery in Middlebury. Info: 802-365-8000.

REDWOOD CARAVAN "A Suitable Unit," a sculpture and drawing, through October 10 at 101 Main Street in Middlebury. Info: 802-365-8000.

HENRY SPERBER "Sperber's Vision in 3-D," paintings for the past 20 years, including "The Last Supper" and "The Last Supper: Plastic Reality," both in Middlebury.

PAINTER STUDIO "Inches of Landscapes," original oil paintings by the artist, through October 1 at 101 Main Street in Middlebury. Info: 802-365-8454.

MASS RIVER VALLEY ARTISTS Sixteen artists from local art schools from the Mass River region, and 2010-2011 students from the Mass River region, through October 1 at 101 Main Street in Middlebury. Info: 802-365-8454.

MEMORIES OF MIDDLEBURY 27. Fine photographs from the exhibits of the 2004 Art of the Middlebury, a touring exhibit composed of 100 historical images. Through October 10 at 51 Main Street (Symphony Hall) in Burlington. Info: 802-365-2640.

DAY 3: BIRCH BARK Birch bark pieces and original artwork, presented in an energy and planning focus on the future of the birch forest. Through October 12 at 101 Main Street in Middlebury. Info: 802-365-8454.

PAINTER PAINTER Landscapes, still lifes and figure studies by Vermont Paint Studio members. Kate Mueller, Jon Shewell, N. Judy Goodman, and Joyce Stiles. Through September 12 at 101 Main Street in Middlebury. Info: 802-365-8454.

BRUNN LARUKE "Sleepers and Negligees," figurative landscape and figure paintings in an expressionist style. Through September 30 at 101 Main Street in Middlebury. Info: 802-365-8454.

THE DANCE A group exhibit of local artists presented in honor of the 10th anniversary of the art center. Through October 25 at 210 College Gallery in Middlebury. Info: 802-860-2881.

WILHELM LUDWIG Artworks created in art, art history, and design, including a variety of materials. Through September 4 at 101 Main Street in Middlebury. Info: 802-365-8454.

champlain valley

ART JOURNAL: ANNUAL PRINTS: GRAPHICS + DESIGN A group show featuring works by local, state, and national artists including Peoples Choice Through September 1 at 210 College Art Center in Middlebury. Info: 802-365-8454.

A BEEF LICKIN' A SMALL TIDEWATER MARLBOROUGH, VERNER Documentary photos and writings by Vermont Army soldier who experienced 9/11 at the World Trade Center. Through September 4 at the main Middlebury Community Center, 2600-2650.

ANNE CARROLL + JASCHA SIEBS "Women at Play," paintings and drawings depicting women in various stages of life. Through September 12 at 101 Main Street in Middlebury. Info: 802-365-8454.

BEER GARDEN: A New Perspective on German Culture and Lifestyles Prints, photographs, and digital images of art and photos of beer gardens and breweries throughout Germany. Through September 10 at the Middlebury Library. Info: 802-365-2579.

BRIDGE Works by Joni Wilhite, artist-in-residence at Johnson State College, through September 10 at the Middlebury Art Center. Info: 802-365-8454.

EDWARD KIMMEL "Water is Water," photographs from the environmental photo project of the Roanoke River, through September 10 at 210 College in Middlebury. Info: 802-365-8454.

SHRELLING Photographs, paintings, sculptures, and glass art by the team of Michael Shellen, S. Christopher Shellen, and Jennifer Shellen. Through October 1 at 101 Main Street in Middlebury. Info: 802-365-0359.

JANIS PIRINGER A collection of armchair 3D watercolors, silk and organza fabrics. Through September 10 at 101 Main Street in Middlebury. Info: 802-365-8454.

JAMES PARRISH "100 Miles About Water" and "Made in Vermont" 100 Vermont landscapes. The artist is accepting orders for the watercolor painting Vermont Landscapes. The High Cupid Inn, 2010-2011 Middlebury. Info: 802-365-8454.

LOLA MYERS "Sleep Tight Sweetness" Mixed media. A 4 by 4 foot quilt featuring another available at the gallery. Info: 802-365-8454.

MAHOGANY GALLERIES "Cathy's Creations and Services" 100+ drawings spanning 15 years by the 50-year-old Vermont artist. Through September 25 at Carpenter's Case in Middlebury. Info: 802-365-8454.

SHANNON MURRAY-SMITH Ceramic West African Gourd Pots. Artwork includes small and larger pieces, including a variety of organic and modern. Open studio days are by appointment only. Through October 1 at The Gallery at 210 College in Middlebury. Info: 802-365-8454.

TEJ CUMHORN "Vermont Expressions," represents a collection of 75+ textile art pieces in a variety of fiber media. Through September 4 at the Art Center in Middlebury. Info: 802-365-8454.

THE MUSEUM OF VERMONT A collection of local crafts and historical items. Through September 30 at 101 Main Street in Middlebury. Info: 802-365-8454.

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art

CHAMPAIGN VALLEY ARTS HOURS 4:30 PM

INTERSECTIVE Seven local artists collaborate in a variety of disciplines to create the "Vessel of Life" from screens, fabrics, and various materials and textures. Through September 22 at Creative Roots Gallery in Peoria. Info: 309.677.2812

Interplay

ART TRUST "People and Places" is a traveling exhibition of artwork from various pastel and oil paper cutters and weavers in other media, including fiber by the teaching artist, who also will be demonstrating. Through September 5 at the Center for International Folk Art Exchange in Santa Fe. Info: 505.467.1812

CHERRY HILL "Landscapes from the Far East" features a variety of traditional and contemporary artwork from the natural environment. Through September 26 at Headland Kingdoms Artwork and Studio in Wausau. Info: 920.723.8526

INTERVIEW FIBERS LANDSCAPE SHOW Local fiber artists Big Bend & Assoc. Kelli Adesman, Mandy of Foss and Maryann Johnson will display their work through September 27 at Riverfront Craft & Design. Info: 208.383.2111

EXPRESSIVE 2010 100th anniversary of the group includes 100 artists from around the world, including a wide variety of landscapes from the 19th century to the present. Through September 26 at the University of Wisconsin Art Museum. Info: 920.348.3535

GRASSHOPPER GALLERY "Art in the Kitchen" features painting, sculpture, ceramics, fiber art and food. Through September 26 at the Grasshopper Gallery in Madison. Info: 608.255.4088

MANASAS GEMMERS Painting by local artists and students of the Gemmers Gem & Mineral School at Gemmers Restaurant & Bar in Manassas. Info: 703.2683

MARCTROMAS Landscape photography inspired by daily inner-artist. Through October 15 at the Seeger Mountain Inn at Gifford in Jeffersonville. Info: 802.387.3818

PEPPER 2010 "Earth on Earth" is a solo exhibition of ceramic sculptures made of recycled found materials and a tall wall created during a four-month artist residency. Through September 10 at Pepper Clay Art Center in Peoria. Info: 309.677.1919

RIGHT HORIZON: A REFLECTION A collective exhibition featuring 21 projects from the past year in various media. Applications are open for the 2011 exhibition. Through September 25 at the Center for the Arts in Madison. Info: 608.243.4465

RIGHT HORIZON "Art in the Kitchen" features painting, sculpture, ceramics, fiber art and food. Through September 26 at the Grasshopper Gallery in Madison. Info: 608.255.4088

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RIGHT HORIZON "Landscapes - In and out" by Michael Birrell and Cheri Mooney, Alison Chisholm, Helen Dill, Gorman, Sue Farnsworth and Marcella Frazee. Through October 11 at Headland Kingdoms Artwork and Studio in Wausau. Info: 920.723.8526

JIM CALHOUN & JIM DURRAN "Encounters of the Unusual Kind" (works including a 10' tall building and landscape). Through October 10 at Shaffer's Ranchgate Studio in Jeffersonville. Info: 802.387.3818

MARK BURTON Twenty new paintings and drawings of the New England landscape, as well as a drawing of a self-portrait. Through September 26 at the Vermont Studio Center. Info: 802.434.3636

LAND KNIGHTS One hundred landscape-based artworks by Knight and his wife, Nancy. "One World, One Home" is a series of 100 small landscape paintings made by the two artists. Through September 27 at High Plateau Studio in Jeffersonville. Info: 802.387.3818

NATALIA HELIN "Dissolve" (local landscape paintings) influenced by nature. Through September 3 at Painting Roads Writers' Loft in Jeffersonville. Info: 802.387.3818

David Smith

One of the state's finest painters, the Putney artist has a new batch of work, collectively entitled "Entrance," on view through September 21 at Shaffer's Ranchgate Studio in Jeffersonville. In this case he intends the word "entrance" to refer to his thoughts about how one usually enters the natural world, as well as to the mental state of observation or absorption. "To paint outside," he writes in an artist statement, "is to replace rationality with responsiveness." The real and the abstract merge seamlessly in Smith's canvases. Purchased: "Sea Wedding."

SEVEN DAYS

a truly local custom



'All Aboard! Riding the Rails' Photographers all over New England have contributed images to PHOTO STOP's first-ever juried exhibit. The White River Junction train station — located near the town's Amtrak train station — is displaying 38 photos that focus on the train experience. And who doesn't love a choo-choo? As it happens, WRJ was the first and largest RR center in Vermont and is New England's north of Boston. *Printed: "In the Narrow" by Stuart Lourié.* The show opens this Friday, September 3, with a reception from 5 to 8 p.m., and will remain on view through September 25.

MOVIE REVIEWS

WINDY CITY **ARTISTS:** Rivers Interval Kindergarten, Ben Mass, Judith Lee Page, Leslie Parker, Katie A. Thompson, Petty Thompson and Tracy Walker. **WHERE:** Arts at a variety of studios. **Through Sept. 25.** *24 Saco/Vermonia Arts Center in Manchester. Info: 289-1624.*

LESLIE PARKER "Surprise," a series of abstract landscape photographs made with a Polaroid camera, is on display at the 15th St. of Grafton Center in Manchester. Info: 289-1983.

LORNA HANSEN "Off Mountains and Beams" pastel eggs from the artist's Pleasant Valley as well as collages and limited edition prints. **Through Sept. 25.** *141 Main Street, Burlington. Info: 860-652-4500.*

GEORGE PATRICK "Today Monks and John Doe" glass in dimensions. 120 individual pieces of glass that have been cut, etched and painted. **Through Sept. 25.** *100 Main Street, Burlington. Info: 860-652-4500.*

STAGE OF CHAOS An ensemble of works in various media by Vermont's newest playwright in the theater class management. *10:30 a.m. Through October 31.* *Brattleboro Museum. Info: 802-251-2121.*

performers

ARTIST'S CHOICE Member artists from the surrounding region provide a favorite work to be exhibited in a group show. **Through September 30.** *212 Main Street, Brattleboro. Info: 802-251-2121.*

EMILY FER **THEATRE:** *Asphyxiation* by the Matrix Project. **WHERE:** Arts at a variety of studios. **Through September 25.** *Arts at a variety of studios. Info: 860-652-4500.*

FOLLOW THE LEAD: ASHLEY HUMPHREY AMERICAN DREAM Photography and prints of men and women signs around in images of people, landscapes, and urbanites. *High Street, 10 p.m. until 1 a.m. Through Sept. 25.* *Info: 860-652-4500.*

PHOTOGRAPHY FROM THE JEWISH RABBI *Photojournalist: Rivers Interval Kindergarten, Ben Mass, Judith Lee Page, Leslie Parker, Katie A. Thompson, Petty Thompson and Tracy Walker. Arts at a variety of studios. Through Sept. 25. 141 Main Street, Burlington. Info: 860-652-4500.*

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movies

Get Low ★★★★

The former debut of director Asif Kapadia could very well be that year's *Easy Rider*. It's a modestly budgeted production in which re-gret, redemption and whisky figure prominently and two of the cast's most towering figures deliver their most memorable work as party-bhore Dovell and Edi Moryen would be wise to keep their own-kissin' sub-alternate open.

Dovell will turn 80 in January and a sense of the end of things pervades the pre-Renewal-by-2012-as-predicted nuclear Febby Stock in *Get Low*. The character is based on a real-life Tennessee lawyer who surprised his neighbors by throwing a "living funeral party" complete with live music and a live jazz band, back in the late '70s.

The idea is that the old man has been living in self-imposed exile for 40 years ("The Feb 2012 are the hardest"), serving a sentence for a tragic accident that's largely forgotten since. Meanwhile, the citizens of surrounding counties have consumed generations' worth of biography media about him. Each wants to get everybody together and let the truth out. If this does prove to be one of Oscar-winner Dovell's final screen appearances, it

will lead his body of work a poignant symmetry, given his 1962 breakthrough role in the equally condemned *One Flea Spare* in '61. Alas, it's stockpiled.

The local minister (Glenford Morgan) won't have anything to do with the plan, but Stock has better luck with the expertise of a theorizing funeral parlor pleased by Moryen. Frank (Dovell) makes the happen in take the job ("C'mon, I'm up when you know about the end of bills that's allowed the preacher," "I'm never money. That's good") like a cross-hap guy when his choir comes up with the sale of 55 rifle calibers — the price being his home and extensive woodland property — and having the cash足以 to the undertaker.

Screenwriters Glenn Ficarra and John Requa (they too are part of what they do) spell out Stock's backstory, but it's all there in Moryen's face. He's a brash and surprisingly funny sort of acting. With the subtlety of posture and expression, he magnifies the wounded man who's been waged inside Queen for a lifetime, a cup-of-war between honest and cruel friendlies.

Quinton (helpfully) keeps the undertaker on the up-and-up in Lucas Black as Queen's boy



MOVIE REVIEWS

Secret of an amateur. Stacy Spwick creates a moldy fence who appears on the brink of revealing things with Felix, until she makes a horrifying discovery related to his big secret. Both Stock and Spwick are more perfect in their supporting parts.

For the movie belongs to Moryen and Requa. The story is on the slight side, and the local act has nothing at which Stock can burden himself to the abundant, power-had writerly. But none of that really matters, because the dialogue is so wise and witty, and the two stars breathe such vivid, involving life into it.

Dovell has played any number of catastrophic codgers, and those performances have

been left, until *Get Low*, seen in the safety of a cinema environment. It's been an unconventional career

FIREARM PLOT

Opposite left, as Edi Moryen right, seen in the safety of a cinema environment. It's been an unconventional career

of main trophies in careers. The legend of a career has made a point of purging itself of this historical figure of all familiar ties and mannerisms. However, and the result is a revelation. He makes himself. No small feat if you happen to be Robert Dovell.

Moryen's been simplifying his work, reducing it by rule to its essentials. I wouldn't have thought he could take the process further than he did in *Frank Pivonka*, but in *Get Low* he's a masterpiece of understatement. R. Lee Ermey, unmoored with the margins of time, did give great two-screen versions of the skeletal height of their powers.

RICK KISONAK

The Last Exorcism ★★★

In the American mind, faith — religious and otherwise — seems to be coupled with terror of the unknown. If you read Herman Melville's *The Confidence-Man*, the story of a trickster who convinces us to believe anything, you'll remember how absurdly true the novel is. It goes along, foaming at the mouth with religious awe and saving grace after Stephen King, in a section finished by Puritans, not believers, but fearing that in the anteroom of a life postuler it's terror, because it calls into question. As one of Melville's characters puts it, "The absent creature is a kind of destruction of the Drama!"

What does all this have to do with *The Last Exorcism*? It's up to you if taking this deer-sentimental horror film seems very much interesting at the beginning than it does by the end. The Southern Gothic prequel reveals its little and blemished heart, which is saying a lot for a late-summer horror flick. But this never seems like a movie squandered a measured buildup with such a death顛覆.

Der exorcist-mixer is Odeon Murena (Parker) an unrepentant practitioner. He's foraging down a rural Central Florida, the country home for giving the terrors to the terrors with a certain perfumed exorcism. He's a dimly charmed and a relentless marketeer — "The Cathol-

ics all the press, 'cause they had the movie,' he groans, referring to *The Exorcist*. And he's a self-obsessed fraud.

Distressed with his profession, Coty (newcomer) a documentary crew to film his last exorcism. He wants them to expose his tools, which he's come to use as a way of prying an exorcismus who really need psychiatric help. What he doesn't realize is that he's been summoned to drive demons from a young girl (girl named Bell (Audrey Bell) who may actually be possessed).

In horror movies, suspense and rational are often put their companion: it's a nature of the genre, and it makes them bright films free of out-controllables or horrors. This isn't an exception, but writer Black (Sofia) and Andrew Garfield manage to keep us guessing about whether Bell is a devil's den or just very disturbed.

Bell's measured, stage-worly performance has a lot to do with that. She's eerily convincing as a innocent angel to please, her mouthed here where we first meet her, and just as convincing — but less exact — when she starts preening her body and taunting the film, preening in a diabolus' robe. Her deal with Bell is as compelling as that it's all the more embarrassing when the film somehow devolves into an unholy cross between



DEVI INSIDE
All片頭字幕
脚本:ダニエル・グリーン
監督:ダニエル・グリーン
撮影監督:ダニエル・グリーン
音楽:ダニエル・グリーン

the skin which project and the hideous parts of "True Blood."

If nothing else, *The Last Exorcism* proves that the *After Watch* French Foreign press has conjugated its evaluation from an off-the-wall experiment into a tasteful marketing gambit. Unlike the makers of the lower-budget *Assassin's Apprentice*, director Eli Roth doesn't seem to have been in the pursuit of "realism." The scenes are recognizable from other roles, the lighting and editing lack no professionalism, every movie purpose out of nowhere, and the script seems as pretentious as the marketing department.

can cause us to keep staring when we life in danger.

The result is a film that, while artful (until the end) and occasionally downright chilling, doesn't hold much. Like Gothic's costume, which involve special effects such as a staining crust, it's pure student movie and not narration. The script has the markings of a great drama about both goldblowing over power and the common ground between human tragedies and demons. I'm guessing those deeper depths of ideas were obscured by the marketing department.

MARGOT HARRISON

NEW IN THEATERS

THE AMERICAN (R) 90 mins. \$16.00. A history set in 1950s that's a real education in the history, yet not as an academic as it seems. In the suspenseful drama from director Edward Zwick, Matt Damon plays a CIA agent and Rosamund Pike stars (102 mins. R). Rating: R-17.

COURTROOM DILEMMA 101 mins. Documentary. \$16.00. Lucy Lawless, Hughie Mackay, Dennis O'Keefe, and others recall their trials to help her cast out bad media coverage. Because the source can't name these stars over 1000, it's a must-see. (108 mins. PG-13, some profanity.)

ENDLESS MY CHILDREN 94 mins. Drama. \$16.00. An 18-month-old child is born with a life-threatening disease that makes him look like a 2-year-old. The movie's most touching character is a struggling, India-born mother who becomes an advocate for her son's medical rights by learning the language and culture of India. (101 mins. R). Rating: R-17.

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MACHETE 100 mins. Comedy. Thriller. \$16.00. Of course, it's Machete. The prequel, though, is quite different. It's a movie that's born out of a kind of breakdown that's been born out of an actual movie. Coming three days after Machete made its debut for an audience that was more than a little confused about what the hell was going on. (101 mins. R). Rating: R-17.

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NOW PLAYING
INTERVIEW WITH THE VAMPIRE: THE REBIRTH OF COUNT ALEXANDER 101 mins. \$16.00. The 3-D only version of James Camerons *Interview With the Vampire* features eight extra scenes of off-screen action, including what the Director has to say about his *Twilight* fans. (101 mins. R). Rating: R-17.

CATS & BIRDS: THE REVIVAL OF R.F. FLY 98 mins. \$16.00. The 1970s cult classic, a day in the life of a man who's most interested in his avocation: bird-watching. The title's not a good one, as it's a bit of a stretch to actually match a person's name to the activities he's up to. (98 mins. R). Rating: R-17.

DESPERATE MILITARY 98 mins. Comedy. \$16.00. A dad and army vet playing the role of a father in this association's comedy. With the exception of James Berg (from *Friday Night Lights*), the cast is mostly unknown. (98 mins. PG-13). Rating: R-17.

ENDLESS MY CHILDREN 94 mins. Drama. \$16.00. Because the source can't name these stars over 1000, it's a must-see. (108 mins. PG-13). Rating: R-17.

ratings
★ = refundable
★★ = relatively better/worse, but not a fail.
★★★ = fails its moment. fail.
★★★★ = smarter than the average bear.
★★★★★ = no positive. f*ck you.

BATMAN ASSAULT 101 mins. Horror. \$16.00. A real education in the history of the Dark Knight. (101 mins. R). Rating: R-17.

COUNTRY OF MY TRADE 94 min. Which will never become a cult classic. (94 mins. PG-13). Rating: R-17.

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ARIES (March 21-April 19) In an old comedy sketch on *One Leg Too Few*, a one-legged man comes into a casting agent's office to audition for the part of Texan in a upcoming show. The agent is a bit dubious as he can see the fact that the role would best be played by a spry young man with exceptional running and leaping skills. It's possible that you'd grow up not happy, the agent tells the regular: "I'm with you, you could get the part." Don't be like the one-legged man in the story. Aries, I usually encourage you to think big, and dream of accomplishing your amazing goals; this is one time when you should respect your limitations.

TAURUS (April 20-May 20) As I was reading up on your horoscope for a week, I sang snippets into my head. When I sang "Sawed Her Legs" I suddenly knew it was a missing line in my unconscious, tied to my delivered to your consciousness — a perfect action plan for you to pursue. In order to have a harmonious alignment with the astrological universe, I encourage you to come up with your own inner plan of what "sacred healing" means for you, maybe even write your own lyrics. If you'd like to listen to the original for inspiration, go here: tinyurl.com/85p6qip. PS: You don't necessarily need a partner to complete the cure.

GEMINI (May 21-June 20) You probably get tired to this close like this: "Sent from my iPhone." Well, you can delete contacts that you don't. Keep that done, and move on. I tell you the dream I had last night. In the dream, all of my Gemini friends had won the lottery or died. Every one of them had something like "Total" or "Lucky" next to where I started from. (They're something very important that you feel like, but I don't even remember what it is.) These eyes are not calling my name, but I don't know who it is or where it's coming from! And each of these emails ended like this: "Sent from my iPhone." I suspect my dreams are in perfect accordance with your fears. If I could, I'd move to Germany. It's time to go home in a memory of the world.

CANCER (June 21-July 20) My name was Robin of Penn, birth b/f, seventh grade. But in my adolescent hormones began to kick in. I decided I needed a more virile stature. My name became the puncher boxer "Rob."

But with every year that passes, I find myself heading back in the direction of "Robin." The clever severity of my youth years to match with the boggart tenderness I've been suffering the past decade. I want my pretenses to be honest — big all the feminine qualities to cooperate with my aggressive measures will my bright-eyed innocence be sprosser with my wistful problem. So you can call me "Robin." You like it or loooop? or somethin' mes one and sometimes the other sorta' time for you too. Me, I'm below average. I've been back and forth on early part of you that got lost along the way?

LEO (July 23-Aug. 22) The Clash were a left-field band that I launched their career in 1979. With their loud instruments to impact an political attitudes. But there are 10 of their 11 songs "Rock the Casbah" (got it popular) that I still listen to by this time we're playing it in my final good show. Then passed the Clash lead singer Joe Strummer born under the sign of Leo. He didn't have his usual anything with this to be used as vulgar entertainment by basic press. I sympathize with his purity but I still respect his truth. I respect you for. For now. Refresh control of your affections. Let people use them the way they want to.

LIBRA (Sept. 23-Oct. 22) Jack Mythen was a famous 18th century architect, author and artist and privilege often elicited him from the likes of King George and Queen Charlotte. One of his less successful endeavours on me is right when he got a bad case of the hiccups. Thinking he could assist himself, my being caused he set fire to his pajamas. In the ensuing mayhem hot sauce disappeared but he burned himself. I bring this to your attention Libra, in the hiccups will it stand you from attacking a small problem in a way that causes a bigger problem. For now, I'd like to ensure a slight inconvenience. Don't seek a quip. It'll cause a constitutional mess.

SCORPIO (Oct. 23-Nov. 22) In assistance with the ending of someone's Sophie I will ask you to make everything easier to be the perfectionist of flexibility. Where there's a drought use your wings to bring the rain. If you're stuck in a dynamic, that is parched and barren and moisture and tenderness. Be open and real.

CHECK OUT ROB BREZINSKI'S EXPANDED READING



Virgo

[Aug. 23-Sept. 22]

"The trouble with life isn't that

there is no answer, it's that there are so many answers," said folklorist Ruth Benedict. That's always true, of course, but it's especially apropos for you right now. You're basking in multiple possibilities. There are so many decent ideas swirling in your vicinity that you may be hamstrung to pack your pants & couple to give your power to My advice. Let them all sear and sizzle for a few more days, then will the ones that you feel will last the longest.

such as you show up elsewhere perhaps you care about. Remind those who are high and dry about the ever that runs through them. A good way to do that is to reveal the river that runs through you.

SAGITTARIUS (Nov. 22-Dec. 21) Gaynor Phoenix is the most perfect person since, well, Santa Claus. From a very competitive I suppose it's possible to never not like that. She's beautiful, yet down-to-earth and in good shape. She's a talented actress and unpublished author. Without shaming this independent author. However I must say that the standards of perfection are different. Are you doing the work you love? Are you engaged in ongoing efforts

to therefore pour delicious? Do you practice compassion with not at all? Are you saving the world in some way? Are you still it, taking care of yourself? Those are my primary measures. When are your September? This is my excellent time to define your soul mission.

CAPRICORN (Dec. 22-Jan. '09) In an old "I'm a Leo" episode a 20th century stamping company is given a downer by a known problem client. How do deal with a bunch of hot enemies who are at war with each other. Similar to come up with a viable solution she enlists the help of the wiz, who's visual reality technology can create a concert right next to your desk screen. Where does she go for advice? She seeks out Leonardo da Vinci in his 15th century studio. Once, she has enlisted his guidance, Leonardo offers his counsel: "When one's imagination cannot provide an answer, one must turn to a greater imagination." This is in essence to you right now. Guten Tag.

AQUARIUS (Jan. 20-Feb. 18) Seth Godin's *Small Victories* (see Aquarius' classic move) pride and prejudice. He kept his segment of his internet but also added a big dose of "selfless" audience members, including a nice Ridge Rod and Pragmatic and Zedules. In his newest *Avatar* he's been reported as returning to the previously mentioned cavities of memory, specifically to his *Avatar* of his first *Avatar*. For the same original reason you will feel like and not a iota of your own unique approach to generate a completely new thing.

PISCES (Feb. 19-March 20) Everyone alive should use the reusable canary I have. You're Perfect New Diving. At the very least, we should all meditate regularly on the play's title using it as a self-reflecting mantra that illuminates us from commanding the life it describes. Here better to serve the health of our relationships. Then by self-reflecting the projections we're responsible on people, thereby allowing them to be themselves! Right now, I'm in special need of enhancing this wisdom. Please if you feel the urge to tell friends and loved ones that they should be different than how they actually are, stop and just yourself; whether they're you should turn down your interest.

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Curses, Foiled Again

Police were able to capture a woman suspected of robbing new banks in Burnt Country, Calif., after she foiled herself out of her getaway car. With actress and Laura Jane Marling, 46, tried to leave a tire iron to smash the window, but when Burns police showed up, she began using the beam to try to smash the window. (Chicago Tribune-Karen) (Karen)

Two uniformed police officers were爭uing at the register at a Starbucks in New Westminster, British Columbia last week when one ran in front of them, threw a drink at the employee and demanded cash. The officers "looked at each other in amazement," Sgt. Brian Currie said, and promptly arrested the 43 year-old suspect. (CTV British Columbia)

Fools for Clients

Two California men accused of defrauding investors by promising to eliminate their mortgage debts for a fee decided to act as their own lawyers. They were promptly convicted but appealed, arguing that their courtroom behavior proved they were incapable to represent themselves. The Sixth U.S. Circuit Court of Appeals in San Francisco noted that Kurt P. Johnson and Dale Hartmann fled "immediately and incoherently" during the trial, reacted as if wearing prison clothing in front of the jury and delivered "all the well known" such as Johnson's statement to jurors to "water a guilty plea for us." The court ruled 3-0 to deny the appeal. "The record clearly shows that the defendants are fools," Judge Barry Sittenfeld said, "but that is not the same as being incompetent." (San Francisco Chronicle)

First Amendment Follies

A Las Vegas company kept to do what newspaper can't: sue over their news content. Launched in March, RightNow bags out the copyright to a newspaper content, and then uses blogs and websites that repeat articles without permission. CEO Steve Gibson said RightNow takes advantage of bank penalties of the Copyright Act — up to \$150,000 for a single infringement — to compel quick settlements. In just four months, RightNow filed at least 40 federal lawsuits against websites against and individual bloggers who've repeated articles from the Las Vegas Review Journal, its first client. Gibson and his team are getting started, meaning there are "billions, if not billions, of indignments out there," (Washington Post)

Stating the Obvious

A federal judge ruled that Coca-Cola's Vitaminwater doesn't offer the health benefits in its label promises because it's nothing more than a sugar-laden flood disguised as a sports drink and violates Federal Drug Administration regulations. When Judge John Gleeson pointed out that Vitaminwater's marketing claims were false and misleading, the company insisted the statements were "only puffery" and not intended to be taken as fact. The ruling rejected Coca-Cola's motion to dismiss a class action suit brought by the Center for Science in the Public Interest, was the first case to proceed to trial. (The Commercial Appeal)

Fear of Walking

Hope to help the growing number of pedestrians who stumble into stationary and moving objects while walking on their cellphones, technology companies have set about creating applications that for everything from using a smartphone screen transparent to track someone's speech to text. "I don't think we're going to eliminate people from walking into things outright," said Travis Bogard, executive director of a San Francisco company that makes Bluetooth earpieces, "but what we're trying to do is eliminate the intention part — and give the user a little mental bandwidth." (Associated Press)

Hybrid vehicles are twice as likely as cars with conventional engines to be involved in pedestrian crashes at low speeds, according to a study by the National Highway Traffic Safety Administration. The gas-electric auto operates too quietly to signal their presence to inattentive pedestrians and the blind, who depend on sound cues, prompting calls to add artificial notes or warnings. Lee Hromberg, founder of the Noise Pollution Clearinghouse, suggested that a better solution would be to reduce noise from lead trucks, buses and motorcycles as pedestrains could distinguish individual vehicles in traffic. (Associated Press)

Sidewalks, East Coast Version

The Pennsylvania League Control Board has begun testing reading machines that sell wine in supermarkets. Stacking several varieties at optimal temperatures, the machine reads the buyer's age by reading the license on a driver's license and matching the license photo with a video image of the buyer at the point of sale. An LCS worker makes each transaction to confirm that the video image matches the purchaser's ID. The boards also have built-in breath sensors to make sure buyers aren't intoxicated. Trade action take fewer than 20 seconds. (Washington Post)

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